

Athletics Auckland Coaching Course Calendar: April 2018

Thursday 12 April: Developing a High School Cross Country programme

(Basic to Intermediate level DVD. Presented by Tim Ives Dowling Catholic High)

A repeat course designed for club coaches at Junior/College level to enhance their knowledge in preparation for the up-coming Cross Country season. Full seasonal schedules provided covering a 3 month period.

This will be held at Mt. Smart stadium on Thursday evening from 7.30pm to 9.00pm.

Monday Tuesday 23/24 April: Distance Aspire Development academy

Distance athletes will be the sole focus of this academy. Learn how to develop your endurance fitness for the upcoming cross country season and beyond.

Expert coaches will present information for a great learning experience. Athlete coaches are welcome to attend.

Registrations will be open until the 13 April 2018.

To enrol for any course or to request further information on any coaching course, please email Neil Bartlett at development@athleticsauckland.co.nz