



## **TOP TEN 2019**

### **Saturday 16<sup>th</sup> March, Massey Park**

Please find enclosed the information and entry forms for Top Ten 2019.

Please forward your entry by the closing date (Thursday 7<sup>th</sup> March 2019).

Clubs will be assigned to each event as per other Auckland Championship events.

Please ensure your nominated officials are aware they have been nominated to assist on the day. Tea, coffee, juice, morning and afternoon tea will be provided for the officials.

Some clubs may be uncertain of their participation if they do not have a full team. If your club cannot enter teams in all age groups we encourage you to enter those pairs in their individual age groups who wish to compete (eg 10 yr boys)

Clubs are responsible for ensuring their athletes are aware of the programme which will be available on the Athletics Auckland website. Copies will not be available on the day.

Please advise competitors to bring food, drink, sun hat, sun block and cover up t-shirts.

Clubs are responsible for having their own first aid kit.

Athletes will wear wrist bands to identify Odds & Evens, wrist bands are not to be removed during the competition, removal could involve disqualification.

Grade 7-8 Odd 60m, 200m shotput  
Grade 7-8 Even 100m, long jump, discus

Grade 9 Odd 60m, 200m high jump, shot put  
Grade 9 Even 100m, 400m, long jump, discus

Grade 10-14 Odd 100m, 800m, high jump, shot put  
Grade 10-14 Even 200m, 1500m, long jump, discus

Managers meeting 9.15am, athletes to arrive and be checked in by 9.30am to receive their wrist bands (and to allow for warm up)

Competition starts at 10am