

Auckland Junior Athletics

Relay Champs Rules (draft)

Auckland Athletics (Juniors) applies rules in this order eg: 1 overrides 5

1. Special Meet Rules (this document)
2. NZCAA
3. AA
4. ANZ
5. IAAF

Entries:

General:

Athletes must be in correct club uniform and have their Colgate patch securely fastened.

(*) Athletes aged 7-13 may run up one age group. The athlete stays in that higher age group for the day and cannot also compete in their age group. There must be at least one athlete of the correct age in the team.

Track Relay:

The track team must consist of four (4) athletes of the same age (*) and gender.

Each club may enter only one boys team and only one girls team per age group per track relay (excluding medley).

No mixed gender teams will be allowed.

Field Relay:

The field team must consist of three (3) athletes of the same age and gender with each athlete competing at only one field event (Shot Put, Discus or Long Jump).

Each club may enter one boys team and one girls team per age group.

No mixed gender teams will be allowed.

Marshalling:

When called to marshal all team members shall report. If a full team does not report then they will be unable to continue to their event and their entry will be recorded as a DNS.

Competing:

Field Relay:

There will be no practice trial and each athlete may have only two trials at their event. All valid trials shall be measured.

Determining Winners:*Track:*

Winners are determined by their heat time. There are no finals.

Field:

At the completion of each field event, the athletes best trials shall be used to rank the entire field from first to last.

All rankings are accumulated and the lowest score wins. Should this result in any draws then a countback on the placings will be used.

Example:

1st + 3rd + 6th = 10 points (winner by countback)

1st + 4th + 5th = 10 points