



**AAI 5,000m Championships
+ McKinnon Shield
Mt Smart Stadium
22 January 2020**

Results

Women

5000m Championships

Name	Year Team	Finals
Women Under 20		
-- Clark, Krystal	01 Bays	DNF
Senior Women		
1 Mackenzie, Aimee	99 ACA	20:00.28
Masters Women 60		
1 Adamson, Christine	56 Bays	21:53.13

60m

Name	Year Team	Finals	Wind	H#	Points
Women Under 16					
1 Goldsmith, Charlotte	06 Eastern	8.17	0.9	1	10
2 Millen, Mackenzie	05 Papakura	8.48	2.8	2	8
3 Allen, Eve	06 Waitakere	8.80	2.8	2	7
4 Wackrow, Caroline	05 Lynndale	9.78	2.8	2	6
Women Under 18					
1 Evans, Nadia	04 Bays	7.74	0.9	1	10
2 Allen, Isabel	03 ACA	8.37	0.9	1	8
3 Solomon, Arwen	04 Pakuranga	8.55	2.8	2	7
4 Richardson, Caitlin	04 Waitakere	9.67	2.8	2	6
Women Under 20					
1 Taylor, Zoe	01 Waitakere	7.96	0.9	10	
2 Hailes, Maddie	01 Bays	8.58	0.9	8	
Senior Women					
1 Edgar-Nemec, Elena	00 Bays	8.42	0.9	1	10
2 Hill, Geena F00;T36	00 Bays	15.39	2.8	2	8

300m

Name	Year	Team	Finals	H#	Points
Women Under 16					
1 Parsons, Jayde	05	Papatoetoe	43.92	1	10
2 Goldsmith, Charlotte	06	Eastern	44.37	2	8
3 Pengelly, Ruby	05	Roskill South	45.86	2	7
4 Whitcombe, Ella	05	Lynndale	48.01	2	6
Women Under 18					
1 Allen, Isabel	03	ACA	41.34	1	10
2 Korck, Samantha	04	Bays	45.94	2	8
Women Under 20					
1 Taylor, Zoe	01	Waitakere	41.14	10	
2 Hailes, Maddie	01	Bays	45.19	8	
Senior Women					
1 Edgar-Nemec, Elena	00	Bays	43.27	10	

1500m

Name	Year	Team	Finals	Points
Women Under 18				
1 Poland, Joanna	03	ACA	5:02.37	10
Women Under 20				
1 Hackett Pain, Emily	01	Bays	5:08.77	10
Senior Women				
1 Christensen, Naomi	94	ACA	5:25.08	10

300m Hurdles 762mm

Name	Year	Team	Finals	Points
Women Under 16				
1 Millen, Mackenzie	05	Papakura	52.10	10
2 Fanelli, Katherine	05	Pakuranga	53.31	8

400m Hurdles 762mm

Name	Year	Team	Finals	Points
Women Under 18				
1 Fariz, Samadiana	03	Pakuranga	1:06.08	10
Senior Women				
1 Pearn, Celine	97	Waitakere	1:03.66	10

High Jump

Name	Year	Team	Finals	Points
Women Under 16				
1 Nomani, Jade	06	Papakura	1.50m	10
1.35 1.40 1.45 1.50 1.55				
0 0 0 0 XXX				
2 Whitcombe, Ella	05	Lynndale	1.40m	8
1.25 1.30 1.35 1.40 1.45				
0 0 0 XO XXX				
3 Allen, Eve	06	Waitakere	1.35m	7
1.25 1.30 1.35 1.40				
0 0 0 XXX				
Women Under 18				
1 Kake, Samara	04	ACA	1.55m	10
1.45 1.50 1.55 1.60				
0 XO XXO X				
2 Solomon, Arwen	04	Pakuranga	1.45m	8
1.30 1.35 1.40 1.45 1.50				
0 0 0 XO XXX				

Shot Put

Name	Year	Team	Finals	Points	
Women Under 16					
1 Uta'atu, Nirvana	06	Papatoetoe	9.83m	10	3kg
9.47m 9.59m 9.35m 9.83m 8.95m 9.59m					
2 Allen, Eve	06	Waitakere	9.20m	8	3kg
8.58m 9.20m 8.49m					
3 Wackrow, Caroline	05	Lynndale	5.48m	7	3kg
5.44m 5.48m 5.00m - - 5.43m					
Women Under 18					
1 Aho, Vika	03	Waitakere	11.74m	10	3kg
10.19m 10.85m 11.12m 10.43m 11.19m 11.74m					
2 Solomon, Arwen	04	Pakuranga	10.84m	8	3kg
10.39m 10.32m 10.20m - - 10.84m					
3 Richardson, Caitlin	04	Waitakere	9.03m	7	3kg
9.03m 8.76m 8.44m - - X					

Men

5000m Championships

Name	Year	Team	Finals
Senior Men			
1 Downs, Fabian	86	Bays	14:56.63
2 Lee, David	96	Pakuranga	15:15.13
3 Young, Louis	97	Bays	15:34.41
4 Harris, William	91	Wesley	15:39.22
5 Catley, Andrew	98	Pakuranga	15:50.02

6 Hendrickx, Jacob	87 Pakuranga	16:07.16
7 Early, Michael	90 Owairaka	20:43.97
Masters Men 35		
1 Luoto, Severi	84 International	17:06.90
Masters Men 60		
1 Prangnell, Alastair	58 ACA	18:38.66
2 Boyd, Greg	56 Bays	22:25.43
Masters Men 65		
7 Chamberlin, Malcolm	53 ACA	23:21.29

60m

Name	Year Team	Finals	Wind	H#	Points
Men Under 16					
1 Whitcombe, Jack	06 Lynndale	8.78	1.6	1	10
2 Kirk, William	05 Lynndale	8.98	0.4	2	8
3 Akagawa, Kanato	07 Lynndale	9.15	1.8	3	7
4 Yu, Brook	07 Lynndale	9.20	1.8	3	6
5 Maulvurfs, Maksis	06 Lynndale	9.27	0.4	2	5
6 Kovylov, Pavel	06 Lynndale	10.07	1.8	3	4
7 Kovylov, Daniil	07 Lynndale	10.37	1.8	3	3
8 Wackrow, Daniel	07 Lynndale	11.71	1.8	3	2
Men Under 18					
1 Saunders, Zachary	03 Pakuranga	7.27	1.6	1	10
2 Chambers-Steward, Jamie	03 Roskill South	7.48	0.4	2	8
3 Movold, Jaden F55;T54	04 Bays	15.06	1.8	3	7
Men Under 20					
1 Thorpe, Stephen	02 Roskill South	7.43	1.6	10	
2 Phanloet, Jirawat	02 Lynndale	7.87	1.6	8	
Senior Men					
1 Rangi, Ethan F20;T20	94 Bays	8.07	1.6	10	
Masters Men					
1 Holroyd, Wayne	76 Bays	7.65	1.6	1	10
2 Maulvurfs, Kristaps	71 Lynndale	8.75	0.4	2	8
3 Ross, Graham	60 Bays	8.83	0.4	2	7

300m

Name	Year Team	Finals	H#	Points
Men Under 16				
1 Kirk, William	05 Lynndale	53.14	2	10
2 Akagawa, Kanato	07 Lynndale	55.12	2	8
Men Under 18				
1 Movold, Jaden F55;T54	04 Bays	1:10.57	2	10
Men Under 20				
1 Thorpe, Stephen	02 Roskill South	36.92	1	10
2 Phanloet, Jirawat	02 Lynndale	45.20	2	8

Senior Men
 1 Rangī, Ethan F20;T20 94 Bays 42.20 10

Masters Men
 1 Holroyd, Wayne 76 Bays 38.80 10
 2 Ross, Graham 60 Bays 46.46 8

1500m

Name	Year Team	Finals	Points
Men Under 16			
1 Ngamotu, Wiremu	06 Lynndale	4:59.24	10
2 Whitcombe, Jack	06 Lynndale	5:04.56	8
3 Hardy, Ethan	06 Waitakere	5:08.79	7
4 Hardy, Alex	07 Waitakere	5:30.16	6
5 Maulvurfs, Maksis	06 Lynndale	5:41.29	5
6 Yu, Brook	07 Lynndale	5:46.83	4
7 Kovylov, Daniil	07 Lynndale	6:30.78	3
8 Kovylov, Pavel	06 Lynndale	6:41.14	2
Men Under 18			
1 Movold, Jaden F55;T54	04 Bays	6:30.06	10
Men Under 20			
1 Padrutt, Michael	02 Bays	4:35.31	10
Masters Men			
1 Maulvurfs, Kristaps	71 Lynndale	6:30.20	10

3000m

Name	Year Team	Finals	Points
Men Under 16			
1 Ngamotu, Wiremu	06 Lynndale	10:54.67	10
Masters Men			
1 Halla, Jamie	75 ACA	10:59.01	10
2 Hipkins, Gavin	68 Lynndale	11:52.16	8
3 Maulvurfs, Kristaps	71 Lynndale	12:17.65	7

300m Hurdles 762mm

Name	Year Team	Finals	Points
Men Under 16			
1 Ngamotu, Wiremu	06 Lynndale	47.69	10
2 Maulvurfs, Maksis	06 Lynndale	53.66	8
3 Yu, Brook	07 Lynndale	54.67	7
4 Kirk, William	05 Lynndale	55.46	6
5 Akagawa, Kanato	07 Lynndale	1:00.19	5
Men Under 18			
1 Van Der Westhuizen, Max	04 Waitakere	43.51	10

400m Hurdles 914mm

Name	Year Team	Finals	Points
Men Under 20			
1 Phanloet, Jirawat	02 Lynndale	1:10.47	10
Senior Men			
1 Miller, Oliver	99 Pt Chevalier	55.67	10

High Jump

Name	Year Team	Finals	Points
Men Under 16			
1 Maulvurfs, Maksis	06 Lynndale	1.35m	10
1.15 1.20 1.25 1.30 1.35 1.40			
O O O O XO X			
2 Hardy, Alex	07 Waitakere	1.30m	8
1.15 1.20 1.25 1.30 1.35			
O O O XO XXX			
3 Kovylov, Daniil	07 Lynndale	1.20m	7
1.10 1.15 1.20 1.25			
O O XXO XXX			
Senior Men			
1 Cisse, Karim	97 Waitakere	2.00m	10
1.80 1.85 1.90 1.95 2.00 2.02			
O XO XO XO XXO XXX			

Shot Put

Name	Year Team	Finals	Points
Men Under 16			
1 Sefo, Blessing	05 Avondale	16.55m	10 4kg
15.69m 15.22m 15.15m 16.55m 15.98m 14.87m			
2 Hardy, Alex	07 Waitakere	7.92m	8 3kg
7.17m 7.57m 7.76m 7.44m 7.41m 7.92m			
3 Whitcombe, Jack	06 Lynndale	7.18m	7 4kg
6.64m 7.18m 6.67m			
4 Hardy, Ethan	06 Waitakere	6.88m	6 4kg
6.62m 6.77m 6.64m 6.48m 6.84m 6.88m			
5 Wackrow, Daniel	07 Lynndale	6.72m	5 3kg
6.72m 6.43m 5.73m			
6 Maulvurfs, Maksis	06 Lynndale	5.54m	4 4kg
5.44m 5.54m 5.11m			
7 Akagawa, Kanato	07 Lynndale	5.15m	3 3kg
X 4.81m 5.15m			
8 Yu, Brook	07 Lynndale	4.38m	2 3kg
X 4.38m X			
9 Kovylov, Pavel	06 Lynndale	4.17m	1 3kg
X X 4.17m 3.84m X			
Men Under 18			
1 Asiata, Fano	03 Manurewa	13.10m	10 5kg
X 13.00m 13.10m 12.80m 12.55m 12.23m			

Men Under 20

1 Phanloet, Jirawat 02 Lynndale 6.11m 10 6kg
5.78m 6.11m 5.94m

Senior Men

1 Rangī, Ethan F20;T20 94 Bays 6.11m 10 7.26kg
X 6.11m 5.90m X - X

Masters Men

1 Maulvurfs, Kristaps 71 Lynndale 7.49m 10 7.26kg
7.49m 7.44m 7.13m