I am a Chartered Professional Engineer and operate a consulting engineering business. I hold professional qualifications in Engineering and Business Management.

I have been involved with the Lynndale Athletics club since 2009 and have been on the Junior Club committee since 2011 including the last 4 years as Junior Club co-ordinator.

I am a Level C qualified athletics official and have officiated at numerous Junior and Senior events including the World Masters Games in 2017.

Outside of athletics, I am a qualified soccer coach and referee.