

# Auckland Cross Country Champs 2010

Pukekohe A&P Showgrounds 17 Jul 2010

## Results

### Female - 2,000m

Place	Race No	Name	Team	Time
<b>G10</b>				
1	MS002	Natalia Lunny	Massey	8:38
2	PK094	Jessica Croy	Pakuranga	8:51
3	AC257	Mollie KROON	Auckland City Athletics	9:03
4	PP056	Brooke VARNEY	Papakura	9:15
5	WC015	Ashleigh Rowan	Waitakere	9:22
6	PU019	Caitlin Ward	Pukekohe	9:48
7	LY026	Rebekah McPhatter	Lynndale	9:52
8	PK114	Lucy Cossar	Pakuranga	9:59
9	PK136	Ellery Martin	Pakuranga	10:06
10	AC252	Shani GIMBLETT	Auckland City Athletics	10:11
11	PU021	Hayley Marx	Pukekohe	10:28
12	PK016	Ashleigh Bradbury	Pakuranga	10:36
13	PP057	Lucienne VELGHE	Papakura	10:49
14	PU032	Simone Moxon	Pukekohe	10:54
15	GE001	Isabella Reid	Glen Eden	11:03
16	LY006	Abby Baptist	Lynndale	11:04
17	AC201	Lee-Anne GRIFFITHS	Auckland City Athletics	11:09
18	PK190	Alexa Latham	Pakuranga	12:02
19	AC066	Katherine HORNER	Auckland City Athletics	12:05
20	PK191	Georgia Latham	Pakuranga	12:58
21	BC029	Jessica Nobilo	North Harbour Bays	14:56

### Male - 2,000m

Place	Race No	Name	Team	Time
<b>B10</b>				
1	PK158	Mitchell Pallister	Pakuranga	8:04
2	PK157	Ben Pallister	Pakuranga	8:27
3	WS035	William Morrison	Wesley	8:48
4	AC068	Joshua OLIVER	Auckland City Athletics	8:57
5	AC067	Liam THOMPSON	Auckland City Athletics	9:09
6	PP027	Matthew ROHLOFF	Papakura	9:18
7	GE017	Luke Howsam	Glen Eden	9:21
8	PP029	Dillon ATIGA	Papakura	9:41
9	GE014	Duncan Poland	Glen Eden	9:44
10	WS019	Karl Pearn	Wesley	9:47
11	PU008	Dylan Petherick	Pukekohe	9:54
12	MS014	Jake Howard	Massey	9:59
13	TP063	Aiden Innes-Jones	Takapuna	9:59
14	PK099	Cameron Church	Pakuranga	10:10
15	LY027	Matthew McCabe	Lynndale	10:14
16	AC213	Ben MANNING	Auckland City Athletics	10:37
17	VI611	Max Brooke-Cowden	Massey	10:42
18	AC242	Thomas MANNING	Auckland City Athletics	11:30
19	PK019	Matthew Creahan	Pakuranga	11:54
20	CL056	Seth Arnold	Calliope	12:05

# Results

## Female - 2,500m

Place	Race No	Name	Team	Time
<b>G12</b>				
1	PU007	Sophie Bowman	Pukekohe	10:11
2	PU014	Kaitlin Petherick	Pukekohe	10:34
3	GE015	Amy Pitout	Glen Eden	10:51
4	BC003	Katherine Badham	North Harbour Bays	11:07
5	PK037	Claire Thomson	Pakuranga	11:24
6	PK038	Ashley Thomson	Pakuranga	11:26
7	PP050	Katrina BUTLER-GALLIE	Papakura	11:28
8	AC196	Millie ANDERSON	Auckland City Athletics	11:34
9	PK164	Jacqueline Hand	Pakuranga	11:35
10	WS020	Heidi Robinson	Wesley	11:52
11	GE012	Madaline Poland	Glen Eden	11:57
12	WC021	Danielle Rowan	Waitakere	12:01
13	GE004	Bull Jasmin	Glen Eden	12:12
14	AC215	Emma HOLLAND	Auckland City Athletics	12:22
15	PK145	Brooke Wallwork	Pakuranga	12:28
16	AC235	Devon LOWYIM	Auckland City Athletics	12:30
17	AC292	Laura STEWART	Auckland City Athletics	12:32
18	VI603	Katie Sargent	Papakura	12:45
19	YM011	Patricia Paynter	YMCA	13:13
20	AC051	Sabine CLANCY	Auckland City Athletics	13:27
21	AC206	Sarah PRICE	Auckland City Athletics	13:34
22	PK107	Sarah Bracewell	Pakuranga	13:46
23	CL055	Nicola Arnold	Calliope	13:52
24	PK018	Anna Creahan	Pakuranga	14:03
25	BC016	Sophie Alexander	North Harbour Bays	14:03
26	WS049	Natalia Sussex	Wesley	14:12
27	TP076	Kaylee Roberts	Takapuna	14:18
28	BC049	Freya Currie	North Harbour Bays	16:00

## Female - 3,000m

Place	Race No	Name	Team	Time
<b>G14</b>				
1	AC202	Audrey GREGAN	Auckland City Athletics	12:07
2	PK132	Maeve Power	Pakuranga	12:15
3	PK159	Kenya Kavanagh-Vincent	Pakuranga	12:24
4	PK081	Courtney Martin	Pakuranga	12:31
5	AC131	Jaime RODGER	Auckland City Athletics	12:46
6	WS050	Cherie Walpole	Wesley	13:02
7	BC040	Alana Lythe	North Harbour Bays	13:09
8	PK029	Jessica Morrison	Pakuranga	13:13
9	PP053	Courtney VARNEY	Papakura	13:15
10	AC214	Rebecca HOLLAND	Auckland City Athletics	13:16
11	PK078	Daria Paige Faulconbridge	Pakuranga	13:17
12	PU027	Grace Gill	Pukekohe	13:22
13	AC005	Daisy ARCHIBALD	Auckland City Athletics	13:26
14	PU030	Christiana Chapman	Pukekohe	13:34
15	PK085	Rosie Castle	Pakuranga	13:37
16	PK106	Amanda Bracewell	Pakuranga	13:43
17	TP030	Lucy Jacobs	Takapuna	13:44
18	PP040	Sonia HOLLANDS	Papakura	13:44
19	PK074	Sarah Hughson	Pakuranga	14:06
20	PK053	Lauren Hendricksen	Pakuranga	14:14
21	VI607	Madeline Evans	Auckland City Athletics	14:16
22	PU010	Corrina Weir-Freebairn	Pukekohe	14:29
23	TP007	Jessie Eichmann	Takapuna	14:39

# Results

## Female - 3,000m

Place	Race No	Name	Team	Time
<b>G14</b>				
24	PK091	Danielle O'Connor	Pakuranga	15:26
25	PK176	Korrin Spice	Pakuranga	15:40
26	AC055	Amy HORNER	Auckland City Athletics	16:00
27	AC283	Laura WATKINSON	Auckland City Athletics	16:05
28	WS054	Emily Robinson	Wesley	17:10

## Male - 3,000m

Place	Race No	Name	Team	Time
<b>B12</b>				
1	PK161	Andrew Catley	Pakuranga	11:36
2	AC011	Matthew MANNING	Auckland City Athletics	11:51
3	PU005	Flynn Barron	Pukekohe	11:58
4	PK168	Joshua Lee	Pakuranga	12:22
5	AC091	Daniel CHAPMAN	Auckland City Athletics	12:34
6	AC031	James UHLENBERG	Auckland City Athletics	12:36
7	AC095	Sam HESLIN	Auckland City Athletics	13:01
8	TP096	Nicolo Oporto	Takapuna	13:09
9	BC019	Fletcher O'Sullivan	North Harbour Bays	13:12
10	PK055	Cameron Low	Pakuranga	13:18
11	PU031	Dylan Moxon	Pukekohe	13:19
12	WS011	Nathan McDougall	Wesley	13:44
13	WU001	Finn Bradley	Waiuku	13:53
14	PK150	Flynn Palmer	Pakuranga	14:09
15	PK025	Richard Morrison	Pakuranga	14:41
16	AC096	Tim HESLIN	Auckland City Athletics	15:10
17	AC207	William YOUNG	Auckland City Athletics	15:36
18	PK017	Mathew Bradbury	Pakuranga	16:12
19	PK092	Joshua O'Connor	Pakuranga	16:44
20	PK175	Linden Spice	Pakuranga	16:45
21	YM048	Toby Miller-Clendon	YMCA	18:03
22	AC245	Iorah TYRELL	Auckland City Athletics	18:24

## Female - 4,000m

Place	Race No	Name	Team	Time
<b>W16</b>				
1	AC012	Ashleigh WILLIAMS	Auckland City Athletics	16:40
2	AC030	Sally WILKINS	Auckland City Athletics	16:45
3	AC172	Stephanie BURSTALL	Auckland City Athletics	16:49
4	PK077	Hayley Faulconbridge	Pakuranga	16:57
5	PU015	Laura Cowling	Pukekohe	17:08
6	BC048	Natasha Bowyer	North Harbour Bays	17:43
7	BC050	Amy Shaw	North Harbour Bays	17:51
8	BC045	Danielle McKenzie	North Harbour Bays	17:57
9	WC003	Renee Wootton	Waitakere	18:08
10	AC034	Rosalie CHANG	Auckland City Athletics	18:25
11	AC237	Courtney EVANS	Auckland City Athletics	18:29
12	AC229	Julia KERR	Auckland City Athletics	18:35
13	BC015	Brydhi Stark	North Harbour Bays	18:42
14	PK162	Sarah Catley	Pakuranga	19:13
15	AC020	Anna DE HEER	Auckland City Athletics	19:16
16	VI613	Sarah Bradley	Auckland City Athletics	20:14
17	BC043	Lara De Wet	North Harbour Bays	20:49
18	BC042	Karmen De Wet	North Harbour Bays	21:15

# Results

## Female - 4,000m

Place	Race No	Name	Team	Time
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## Male - 4,000m

Place	Race No	Name	Team	Time
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### B14

1	PK169	David Lee	Pakuranga	14:26
2	PK054	Leo Roper	Pakuranga	15:19
3	AC046	Jonty MORREAU	Auckland City Athletics	15:43
4	AC132	Hayden RODGER	Auckland City Athletics	15:51
5	WS010	Michael Dawson	Wesley	16:04
6	PK093	Cameron Gleed	Pakuranga	16:11
7	BC033	John Blomfield	North Harbour Bays	16:18
8	PK130	Hunter Curran	Pakuranga	16:21
9	VI614	Morgan Cadell	Wesley	16:38
10	AC194	Dale PITOUT	Auckland City Athletics	16:52
11	PK144	Quinn Wallwork	Pakuranga	16:55
12	AC129	George WATT	Auckland City Athletics	17:07
13	AC023	Liam WARD	Auckland City Athletics	17:17
14	PK072	Ryan Killeen	Pakuranga	17:41
15	AC125	Joshkun JOHNSON	Auckland City Athletics	18:20
16	TP022	Jonathan Randford	Takapuna	18:54
17	TP040	Matthew Roets	Takapuna	19:15
18	AC032	Shasa GIMBLETT	Auckland City Athletics	19:25
19	WS006	Conal Wilson	Wesley	19:55
20	AC061	Daniel ROSS	Auckland City Athletics	20:37
21	PP006	Scott HORSEFIELD	Papakura	21:59
22	GE008	Robert Gore	Glen Eden	22:20

## Female - 6,000m

Place	Race No	Name	Team	Time
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### W19

1	BC010	Annika Pfitzinger	North Harbour Bays	24:16
2	AC251	Amelia WATKINSON	Auckland City Athletics	24:18
3	AC106	Georgie GRGEC	Auckland City Athletics	24:38
4	VI612	Maddie Brunton	Visitor	24:40
5	BC001	Tara La Grange	North Harbour Bays	24:46
6	AC284	Ella MANGAN-WALKER	Auckland City Athletics	25:52
7	BC004	Maddie Dillon	North Harbour Bays	26:05
8	AC198	Courtney HENDRICKSEN	Auckland City Athletics	27:26
9	CM001	Greta Fieldes	Counties Manukau	28:56
10	PK090	Sarah Blyde	Pakuranga	30:23
11	PU013	Alex Cowling	Pukekohe	32:46
12	TP042	Kimberlee Roets	Takapuna	36:27

### MW35

1	PK057	Rachel Penney	Pakuranga	25:13
2	WS030	Rachel Bowie	Wesley	26:26
3	TP045	Rebecca Innes-Jones	Takapuna	30:04
4	PK002	Kathleen Payne	Pakuranga	32:18

### MW40

1	PK122	Kristine Reid	Pakuranga	26:37
2	BC044	Sue Parcell	North Harbour Bays	29:24
3	YM006	Ingrid Frost	YMCA	30:05
4	YM045	Kiri Price	YMCA	30:27

# Results

## Female - 6,000m

Place	Race No	Name	Team	Time
<b>MW40</b>				
5	CL025	Sara Arnold	Calliope	34:27
<b>MW45</b>				
1	PK116	Melanie Cossar	Pakuranga	26:31
2	TP020	Lesley Ryan	Takapuna	27:31
3	AC049	Mandy BIRD	Auckland City Athletics	30:40
4	YM014	Terri Jones	YMCA	31:13
5	CL002	Sandra Haynes	Calliope	32:30
6	YM050	Karen Crossley	YMCA	32:53
7	CL031	Shona Myers	Calliope	38:57
8	LY025	Jeannine Wardley	Lynndale	41:26
<b>MW50</b>				
1	BC006	Caroline Smith	North Harbour Bays	27:44
2	AC092	Margie PEAT	Auckland City Athletics	28:21
3	YM021	Karen Espin	YMCA	30:48
<b>MW55+</b>				
1	AC086	Judith STEWART	Auckland City Athletics	30:14
2	YM001	Isla Nixon	YMCA	31:11
3	YM019	Barbara Scarfe	YMCA	33:48
4	YM012	Colleen Falloon	YMCA	34:41
5	CL020	Raewyn Legge	Calliope	40:09

## Male - 6,000m

Place	Race No	Name	Team	Time
<b>M16</b>				
1	AC026	Ben MOYNIHAN	Auckland City Athletics	21:41
2	BC014	Thomas Currie	North Harbour Bays	21:52
3	AC259	Magnus WHYTE	Auckland City Athletics	21:59
4	AC025	Sam WARD	Auckland City Athletics	22:12
5	WC013	Matthew Vercoe-Curtis	Waitakere	22:15
6	WS005	Finn Wilson	Wesley	22:16
7	GE010	Matthew Battley	Glen Eden	23:15
8	WS052	Toby Robinson	Wesley	23:28
9	PK139	Peter Wheeler	Pakuranga	23:39
10	AC052	Joachim NOBLE	Auckland City Athletics	23:45
11	AC128	Henry WATT	Auckland City Athletics	24:01
12	PK137	Rory Martin	Pakuranga	24:06
13	WS028	Jordan Sussex	Wesley	24:35
14	WS015	Teklay Zinaw	Wesley	24:43
15	AC017	Asher MELTZER	Auckland City Athletics	25:21
16	PK089	Samir Brown	Pakuranga	28:33
17	AC028	Max JEFFS	Auckland City Athletics	28:59
18	AC280	Fletcher BOSWELL	Auckland City Athletics	30:32
19	AC060	Callum ROSS	Auckland City Athletics	31:56

## Female - 8,000m

Place	Race No	Name	Team	Time
<b>SW</b>				
1	PK124	Penny Peskett	Pakuranga	31:19
2	AC250	Annie KEOWN	Auckland City Athletics	31:41
3	PK127	Lisa Robertson	Pakuranga	31:56

# Results

## Female - 8,000m

Place	Race No	Name	Team	Time
<b>SW</b>				
4	AC082	Rachael KINGSTONE	Auckland City Athletics	32:38
5	AC035	Elizabeth ORCHARD	Auckland City Athletics	33:01
6	AC170	Lydia O'DONNELL	Auckland City Athletics	33:24
7	AC278	Mel BURKE	Auckland City Athletics	34:13
8	VI616	Gracie Keown	Auckland City Athletics	36:14
9	TP028	Tracey Futter	Takapuna	36:55
10	TP079	Pip Meo	Takapuna	36:55
11	AC160	Anna FISCHER	Auckland City Athletics	37:19
12	AC190	Ewa Wysteppek	Auckland City Athletics	37:54
13	AC039	Bridget LENTING	Auckland City Athletics	39:48
14	AC268	Sarah STEWART	Auckland City Athletics	40:55
15	AC254	Helen KAY	Auckland City Athletics	41:03
16	AC089	Elizabeth GOER	Auckland City Athletics	42:15

## Male - 8,000m

Place	Race No	Name	Team	Time
<b>M19</b>				
1	BC017	Cameron Graves	North Harbour Bays	27:09
2	AC042	Jonathan JACKSON	Auckland City Athletics	28:09
3	WS004	Declan Wilson	Wesley	28:23
4	WC001	Luke Longdill	Waitakere	28:41
5	AC076	Tadele TEKLE-HAIMANOT	Auckland City Athletics	28:53
6	WC012	Michael Vercoe-Curtis	Waitakere	29:13
7	AC048	Mathew MORREAU	Auckland City Athletics	29:26
8	WS026	William Harris	Wesley	29:37
9	AC231	Cameron BURSTALL	Auckland City Athletics	29:44
10	BC028	Andrew Ranford	North Harbour Bays	29:47
11	AC232	Seton HILL	Auckland City Athletics	30:00
12	VI615	Max Biggs	North Harbour Bays	30:16
13	PK086	Fabian Castle	Pakuranga	30:31
14	AC047	Sam MORREAU	Auckland City Athletics	31:07
15	WS058	Jamie Small	Wesley	31:26
16	VI608	Jack Moody	Auckland City Athletics	31:28
17	PK195	Lachlan McNie	Pakuranga	32:14
18	AC127	James WATT	Auckland City Athletics	32:20
19	WS060	Michael Poole	Wesley	32:49
20	AC107	Josh MAISEY	Auckland City Athletics	33:45
<b>MM35</b>				
1	AC191	Simon YARROW	Auckland City Athletics	29:47
2	AC123	Chris ROBB	Auckland City Athletics	30:41
3	TP034	Joel Martin	Takapuna	31:01
4	TP014	Jon Healey	Takapuna	31:49
5	AC273	Sasha DANIELS	Auckland City Athletics	32:37
6	PU034	Duncan Moxon	Pukekohe	32:42
7	LY003	Micheal Macmillan	Lynndale	32:55
8	TP092	Scott Richdale	Takapuna	35:16
<b>MM40</b>				
1	AU016	Robbie Johnston	University	29:20
2	AU009	Bruce Duncan	University	31:25
3	AC156	Guy ROBSON	Auckland City Athletics	31:29
4	WS027	Brent Foster	Wesley	31:57
5	AC090	Tony O'HAGAN	Auckland City Athletics	32:24
6	AC176	Rodney HELLYER	Auckland City Athletics	32:28
7	AC197	Keith LAURIE	Auckland City Athletics	33:20

# Results

## Male - 8,000m

Place	Race No	Name	Team	Time
<b>MM40</b>				
8	MN003	John Thompson	Manurewa	33:50
9	GE009	Mark Battley	Glen Eden	35:36
10	CL024	Greg Arnold	Calliope	36:59
11	YM026	Simon Clendon	YMCA	39:58
12	AC277	Grant ERSKINE	Auckland City Athletics	40:34
13	CL051	Philip Whale	Calliope	41:14
14	AU020	Tony Harrison	University	44:50
<b>MM45</b>				
1	YM010	Tony Warren	YMCA	32:33
2	LY008	Rudy Baptist	Lynndale	33:26
3	WS002	Ian Sussex	Wesley	34:15
4	BC039	Michael Craig	North Harbour Bays	34:17
5	AC289	Ken WALKER	Auckland City Athletics	34:48
6	AC108	Malcolm MAISEY	Auckland City Athletics	36:20
7	WS021	Terry Robinson	Wesley	40:12
8	CL013	Alan Moore	Calliope	42:51
9	AU023	Andy Cable	University	43:30
10	PP043	Dene DUTHIE	Papakura	44:11
<b>MM50</b>				
1	AC002	Greg BANKS	Auckland City Athletics	31:55
2	AU008	Gavin Stevens	University	32:14
3	AC041	Brett LAURENT	Auckland City Athletics	35:54
4	AC111	Richard ADAMS	Auckland City Athletics	36:11
5	AC269	Charles STEWART	Auckland City Athletics	36:16
6	AU005	Dave Harkness	University	36:30
7	CL021	Steve Fairley	Calliope	36:45
8	MN002	Martin White	Manurewa	37:05
9	AC118	Bernard HANLEY	Auckland City Athletics	37:31
10	PP047	Ross GARNER	Papakura	38:17
11	PK063	Neil Cheyne	Pakuranga	39:05
12	YM052	John Paynter	YMCA	40:14
13	GE016	Alan Gore	Glen Eden	54:34
<b>MM55</b>				
1	AU012	Graham Macky	University	34:46
2	PK177	David Harper	Pakuranga	34:58
3	VI600	Bjorn Dubdahl	Visitor	35:01
4	AU014	Brett Katterns	University	35:30
5	AC043	Malcolm CHAMBERLIN	Auckland City Athletics	36:49
6	YM003	Andy Harper	YMCA	38:35
7	YM028	Jim Knappstein	YMCA	39:12
8	AC079	Gerald DUNCAN	Auckland City Athletics	41:12
9	TP005	Vic Dundas	Takapuna	42:03
10	MN004	Gareth Jess	Manurewa	44:25
11	PK004	Richard Thomson	Pakuranga	48:43
12	PP016	Rex ALLEN	Papakura	52:08
13	AU019	Michael Collins	University	55:46
14	AU007	Lee Whiley	University	1:08:23
<b>MM60</b>				
1	AC116	Richard BRIGHT	Auckland City Athletics	37:42
2	PK148	John Robinson	Pakuranga	37:57
3	PK001	Brian Payne	Pakuranga	40:42
4	PP028	Bob MARTIN	Papakura	41:33
5	PP032	Ross MATHESON	Papakura	44:26

# Results

## Male - 8,000m

Place	Race No	Name	Team	Time
<b>MM65+</b>				
1	AU001	Clive Henderson	University	37:09
2	PP033	Kelvin FITNESS	Papakura	44:39
3	CL016	Tyrell Jaggard	Calliope	45:46
4	TE002	Len Wilson	Technical	49:11
5	CL001	Bruce McLean	Calliope	56:49
6	AU013	Robin Shaw	University	58:05

## Male - 12,000m

Place	Race No	Name	Team	Time
<b>SM</b>				
1	PK011	Alex Parlane	Pakuranga	41:18
2	TP047	Steven Lett	Takapuna	42:28
3	PK101	Jonny McKee	Pakuranga	43:00
4	VI617	Malcolm Hicks	Wesley	43:44
5	VI604	Daniel Nixon	Visitor	43:52
6	WS045	Liam Scopes	Wesley	44:22
7	AC001	Michael BANKS	Auckland City Athletics	44:28
8	PK153	Johan van Hoovels	Pakuranga	44:49
9	AC266	Steven MCKINSTRY	Auckland City Athletics	45:06
10	AC275	Aaron JACKSON	Auckland City Athletics	45:25
11	WS043	Andrew Haigh	Wesley	45:52
12	BC030	Paul Hamblyn	North Harbour Bays	46:04
13	AU024	Matthew O'Donoghue	University	46:06
14	BC081	Andrew Mackay	North Harbour Bays	46:27
15	AC059	Tom STEWART	Auckland City Athletics	46:38
16	AC255	Tony EDMONDS	Auckland City Athletics	46:45
17	PK165	James Hand	Pakuranga	46:49
18	BC008	Ryan Smith	North Harbour Bays	47:15