

Athletics Auckland Track & Field Championships 2021 Technical Regulations

The Athletics Auckland Track & Field Championships 2021 (The Championships) will be conducted under the rules of World Athletics (WA), World Para Athletics (WPA), World Masters Athletics (WMA), Athletics New Zealand (ANZ) Supplementary Rules and the Athletics Auckland Regulations listed below.

Requirements to Compete

- Age groups
 - U14, U16, U18, U20, Senior and Para; age as at 31st December 2021
 - Athletes shall be 12 years or older (as at 31st December 2021) to compete at the Championships
 - Masters: athlete must be 30 years old and up, where they will be divided by category according the age group, in five (5) year increments; based on age at first day of The Championships
 - Athletes can only compete in **one (1)** grade for the duration of The Championships

Eligibility to Compete

- Athletes must be registered with a club
 - Any International athletes must obtain clearance from their Member Federation (MF) to compete at these Championships
 - A letter from the MF must be sent to competitions@athleticsauckland.co.nz and addressed to the Technical Delegate by the 31st December 2020

Entries

- Entries for all grades will only be taken online, using the approved Athletics Auckland system
- Entries close at 11:59pm Wednesday 27th January 2021
- Entry Fees
 - \$20 (covers all events) – If you have already competed in the 3000m, 5000m or Combined Events you do not have to pay again
- No refunds will be issued under any circumstances
- No late entries will be accepted under any circumstances
- There is no restriction on the number of events you can enter
 - U14 athletes – There are two restrictions on the following events
 - If you are entering in the Sprint Hurdles, 200m Hurdles, Race Walk, Hammer, Javelin, Triple Jump and Pole Vault you must be training in these events (your coach will need to supply a letter to prove this and this will need to be addressed to the Technical Delegate and sent to competitions@athleticsauckland.co.nz by the 31st December 2020)
- Please check the programme before you enter to ensure you are not going to be in a clash of events
- A draft timetable for The Championships is listed on the Athletics Auckland website
- The final timetable is dependent on entries received and may change
- A final timed programme will be available on the website by Monday 1st February 5.00pm
- The Organising Committee (OC) will prepare the Final Timetable after entries have closed and the requirements for heats and qualifying rounds have been determined
- The Final Timetable will be published on the weekend prior to the first day of the Championship

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- Seedings, draws, qualifications and competition order shall be in accordance with WA TR20
- The Technical Delegate may reject entries if not all information is submitted correctly WA TR4
- Daily check in is required to enable the confirmation of fields for each event
- All athletes must confirm their entry 60 minutes (except pole vaulters – 70 minutes) prior to the first event they are competing in, each day of The Championships
 - Athletes not completing this process are liable for exclusion from that event and all other events that they have entered. WA TR4 “Failure to participate” will apply
 - Athletes wanting to scratch for any event should notify the Administration Delegate at least 60 minutes before the advertised time of starting
 - These should be submitted on the appropriate form signed by the athlete to the TIC
 - TIC will be open to receive scratchings 75 minutes before the start of each day of competition during The Championships
 - Electronic scratchings will be permitted if necessary
 - These should state the following:
 - Athletes name, club, grade and event/s
 - These may be sent to the Administration Delegate via text message to 021 0894 1243 at least 60 minutes before the event start time
 - If an athlete fails to scratch from an event after confirmation, or does not compete in all rounds of an event for which they have qualified, they may not be permitted to compete further
 - No athlete who has retired from competition due to ill health will be able to re-enter competition, relay teams included, unless the athlete supplies a medical certificate and clearance has been obtained from the Technical Delegate
 - This applies irrespective of whether the athlete retires on Day 1 or Day 2 of The Championships
 - Only those athletes confirmed as starters will be drawn in the fields for each event

Athlete Bibs

- Athlete Bibs will be available to all athletes from 9.00am on Saturday 6th February and 6.30am on Sunday 7th February from the TIC
- It is the responsibility of athletes to collect the bibs

Call Room – Subject to Covid-19 Government Restrictions

- All athletes must report to the Call Room(s) by the detailed final call report time
- An athlete shall be excluded from participation in any event in which they are not present in the Call Room(s) at the relevant time (TR4.5)
- Officials will check all athletes against the required call room(s) checks in accordance with WA and ANZ Supplementary Rules
- The Call Room Judges will ensure that athletes are wearing the correct Club uniform, that the bibs are worn correctly and correspond with start lists, that shoes, number and dimension of spikes, advertising on clothing and athletes’ bags comply with the Rules and applicable

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Regulations and that unauthorised material is not taken into the Competition Area, check competition chairs and throwing frames for Para Athletes

- Mobile phones are allowed in the Competition Area, but must be turned off and kept in the athlete's bag
- Any athlete found using or looking at their phone on the Competition Area will be issued with a Yellow card, or a Red card, depending on the circumstance
- The call room judges will **NOT** retain any personal material that contravenes the rules. Athletes should not bring these into the call room. Leave them with a parent or friend. If you have to the same rules apply as the mobile phone above
- The call rooms are located (and sign posted) as per the map for all athletes and all events including wheelchair athletes
- Athletes will be directed by the officials in their call room when they are to be escorted to the competition arena
- If an athlete is likely to be competing in another event at the designated call time for that event, they must advise the call room official at the time of checking in for the first event
- The Call Room(s) will allow sports drinks/water through to the Competition Area
 - No glass containers will be allowed inside the Competition Area

Call Room Reporting Times - – Subject to any further Covid-19 Government Restrictions

- Athletes must report to the call room at the following times preceding the advertised start time for their event
 - Track events – 15 minutes
 - Hurdles (also see note below specific to hurdles) – 40 minutes
 - Field events (excluding Pole Vault) – 40 minutes
 - Pole Vault – 70 minutes
- It is the responsibility of athletes to report at these times as no calls will be made
- These times allow for marshalling and movements to the event sites
- The remainder of the time may be used to complete the warm-up at the event site under the supervision of the officials where the event site is not in use
- If an athlete is already or likely to be competing in another event at the designated Call Room marshalling time, the athlete or someone on his/her behalf must notify the Call Room of this prior to the designated marshalling time

Clothing, Shoes and Athlete Bibs

- **Uniform**
 - In all events, athletes must wear clothing which is clean, and designed and worn so as not to be objectionable
 - Athletes **MUST** wear their approved club uniform
- **Footwear**
 - Any footwear and spikes shall be in accordance with World Athletics TR5 as below
 - [Amendments-Rule 5-TechnicalRules-04.12.2020 - Final \(athleticsauckland.co.nz\)](#)
 - [World Athletics Shoe Compliance List \(athleticsauckland.co.nz\)](#)
 - The requirements of the Mt Smart track surface are:

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- Maximum length of spikes is 6mm except in High Jump and Javelin where a maximum of 9mm is allowed
- Pyramid, Cone, and Christmas Tree shapes are recommended
- Needle and Pin shapes are not allowed
- For safety, spiked shoes should be removed at the completion of the athlete's event, before leaving the arena
 - Failure to do this could result in disqualification from any further events
- **Athlete Bibs and Numbers – Subject to any further Covid-19 Government Restrictions**
 - Athletes shall be provided with two bibs which, during The Championships, shall be worn visibly on the breast and back, except in the Jumping Events, where one bib may be worn on the breast or back only
 - Athletes tampering with competition numbers may be liable for disqualification
 - Any athlete who loses their competition number should go to the TIC to obtain a replacement number as soon as possible.
 - Competition numbers will be replaced at a cost of \$20

Implement Checking – Subject to any further Covid-19 Government Restrictions

- Implements will only be accepted in the U18, U20, Senior and Para grades
- Athletes who wish to use their own throwing implements must lodge them with the Technical Manager
- For Saturday morning events, implements must be submitted to the Technical Manager no later than 8.00am
- For Saturday afternoon events, implements must be submitted by 10.30am on Saturday morning
- For Sunday morning events, implements must be submitted by 4.00pm Saturday afternoon
- For Sunday afternoon events, implements must be submitted by 9.30am on Sunday morning

Para Athletes

- Para athletes will compete under the rules of WPA
- Grades available - U17, U20 and Open
- Results will be off the percentage of the World Record
- Classifications must be confirmed to the Administration Delegate by sending an email to competitions@athleticsauckland.co.nz by the 27th January 2020 at 11.59pm-
- Athletes that require a guide or assistance are to email the Administration Delegate at competitions@athleticsauckland.co.nz by the 27th January 2020 at 11.59pm so a vest can be organised. These vests can be collected from TIC
- Wheelchairs and Throwing frames will be checked at the Call Room

Vertical Jumps

- Starting heights for the high jump and pole vault are as per the table below
- They are subject to adjustment by the Jumps Referee if warranted by conditions on the day of competition
- No Jump-offs will be held at The Championships

Vertical Jumps Start Heights and Triple Jump Boards

U14 Women	High Jump	1.25m	Pole Vault	2.00m	Triple Jump	7m/9m/11m
U14 Men	High Jump	1.25m	Pole Vault	2.00m	Triple Jump	7m/9m/11m/13m

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U16 Women	High Jump	1.35m	Pole Vault	2.00m	Triple Jump	7m/9m/11m
U16 Men	High Jump	1.40m	Pole Vault	2.00m	Triple Jump	7m/9m/11m/13m
U18 Women	High Jump	1.40m	Pole Vault	2.40m	Triple Jump	7m/9m/11m
U18 Men	High Jump	1.50m	Pole Vault	2.40m	Triple Jump	9m/11m/13m
U20 Women	High Jump	1.50m	Pole Vault	2.60m	Triple Jump	7m/ 9m/11m
U20 Men	High Jump	1.65m	Pole Vault	2.80m	Triple Jump	9m/11m/13m
Snr Women	High Jump	1.45m	Pole Vault	3.00m	Triple Jump	9m/11m
Snr Men	High Jump	1.75m	Pole Vault	3.60m	Triple Jump	11m/13m

Warming Up (Excluding Hurdles and Throws)

- Warming up is not permitted in the Competition Area, except as provided for in the earlier Call Room Information
 - Athletes warming up in the Competition Area will be issued with a Yellow card, or a Red card, depending on the circumstance
- Track and non-implementation warm up is on the Number 3 field behind the John Walker Lounge
 - Note – no throwing implements will be permitted in this area
 - Anyone using throwing implements on this field will be issued with a Yellow card, or a Red card, depending on the circumstance
- Athletes will have warm up throws at the event site under supervision of officials dependent on allowable time

Hurdles Warm Up

- Call Room time is 40 minutes before event start
- The grassed warm up area will have a limited number of hurdles available for grass based drills on field Number 3
- Athletes will leave the Call Room 35 minutes prior to event start time, with an aim to arrive in the back straight at least 30 minutes before the event start time
 - This will require all athletes to report promptly
- Athletes only will be admitted to the warm up area, based on the back straight
 - Coaches can communicate easily with the athletes at the fence
- For most Hurdle event warm ups all 8 lanes should be available, however, when the 10000m Race Walk is on only lanes 5 to 8 will be able to be used and this will be at 200m end of the back straight. Hurdlers should be also aware of the Pole Vault runway
- When 300m hurdles are being held, other hurdlers warming up will do so on the first bend
- When the 400m hurdles are being held, other hurdlers warming up will do so on the back straight toward the 200m start,
 - They will need to vacate the track before each race
 - Please do not move the hurdles from their marks or adjust the hurdle heights during this time
- Athletes will be taken to start at least 5 to 8 minutes before their start time to allow them the opportunities to have run outs from the blocks as soon as previous race is completed

Progression to Finals

- Track Events

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- The rounds/timed finals for events are listed in the timetable
- For all events, should entry numbers not reach the required number for heats to take place, the event will proceed direct to final and be held at finals time
- The seeding for finals (as per WA rules) will be as per below:
 - Ranking 1 to 4 – Lanes 3, 4, 5, and 6; by random draw
 - Ranking 5 and 6 – Lanes 7 and 8; by random draw
 - Ranking 7 and 8 – Lanes 1 and 2; by random draw
- Seeding for heats and timed finals will be based on athlete's best performance from 1 October 2020 to 23rd January 2021
- Should numbers dictate, a minimum of five Athletics Auckland registered athletes will progress through to the final

● Field Events

- All athletes will receive a minimum of three throws or jumps (excluding High Jump and Pole Vault)
 - In the U14 and 16 grades the top six athletes will receive one further trial, in reverse order
 - For all other grades, the top eight in each grade will receive three further trials, in reverse order
- Should numbers dictate, a minimum of five Athletics Auckland registered athletes will progress through to the top eight

Starting and Starting Blocks

- The use of starting blocks is compulsory. Para classifications that must use blocks include T11-13 and T20. All other Para Classifications and Masters athletes do not have to use blocks
 - In all sprint events the athlete must use a crouch start, unless the crouch start stance and starting blocks are not required for specific para athlete classifications
 - Separate races will be held for Para Athletes and Masters Athletes
 - Starts for Masters events will be conducted under WMA Rules

Race Walking

- A penalty zone will be in operation for the Championships

Post Event Procedure

- All athletes are to leave the Competition Area via post event control
- Warm downs must be done outside the stadium arena

Medal Ceremonies – Subject to any further Covid-19 Government Restrictions

- For all events, medal ceremonies will take place as soon as possible following the event, and confirmation of the results
- For medal ceremonies athletes must wear their correct competition uniform singlet
- Medals will only be awarded to the top three athletes in each grade. Out of Auckland athletes will be recognised at the medal ceremony
- Para Athlete results will be based on a percentage of world record for U17, U20, and Open Grades

Doping Control

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- Athletes are reminded that Drug Free Sport New Zealand (DFSNZ), may be in attendance
- Please ensure you are aware of your obligations as an athlete

Protests and Appeals

- All protests must be lodged initially with the Referee as per WA Rules
- The jury will be chaired by a Senior Technical Official
- Appeals to the Jury are to be made in writing on the appropriate Appeal Form and lodged with the \$50.00 fee
- Appeals can be made by either the athlete, or the Team Manager, and should be lodged in the Administration Room where forms will be available
- At these Championships an approved team official may be present to assist an athlete whenever an athlete is being addressed or questioned by a Referee, or the Jury of Appeal

Health and Safety

- In the interests of safety to athletes, coaches, officials, volunteers and spectators the following should be adhered to at all times:
 - Entry to the Competition Area is to be made by athletes under control of officials.
 - Athletes are not to cross the infield of the Competition Area
 - Athletes caught doing this are liable to be excluded from the Championship
 - Warm-ups must be supervised by a coach, or parent, and within the relevant warm-up area
 - Throwing implements should only be picked up when directed by officials
 - Athletes should take care crossing the track at all times and adhere to directions from officials regarding the crossing of the track
 - Read the Safety notice that follows and abide by the Health and Safety plan

Stadium Entry

- Athletes will be able to enter the stadium through either the O'Rorke Road or Maurice Road entrances
- No unauthorised person(s) shall be allowed in the Competition Area. This includes Parents, Coaches and anyone else not acting as an appointed Technical Official