



Auckland Cross Country Championships (incorporating the Selection Trials for the National Championships)

Saturday 8th August 2020

Venue: Barry Curtis Park, East Tamaki

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| Race 1: | Senior Men and Senior Women | 1.00pm | 10km | Start 1 |
| Race 2: | U20 Men and MM 35 -64 | 1.30pm | 8km | Start 1 |
| Race 3: | U18Men, U20Women, MM65+ & MW | 2.00pm | 6km | Start 1 |
| Race 4: | Boys/Girls U8 and Boys/Girls U10 | 2.30pm | 2km | Start 1 |
| Race 5: | Boys U12 | 2.40pm | 2km | Start 1 |
| Race 6: | Girls U12 | 2.45pm | 2km | Start 1 |
| Race 7: | U18 Women | 2.50pm | 4km | Start 1 |
| Race 8: | Boys U14 | 3.10pm | 3km | Start 2 |
| Race 9: | Girls U14 | 3.20pm | 3km | Start 2 |
| Race 10: | U16 Men | 3.35pm | 4km | Start 1 |
| Race 11: | U16 Women | 3.50pm | 4km | Start 1 |

Enquiries to:

Athletics Auckland

Email: office@athleticsauckland.co.nz **Web:** www.athleticsauckland.co.nz

Individual Entries close Thursday 6 August, Midnight. There will be no Late entries available on the day – There will be a new Timing System in place this year so please make sure you arrive with sufficient time to collect your number (which will include your transponder on the back).

***This programme is subject to change depending on entries received**