



Interested in Coaching?

Why Coach?

Coaches play an important role in New Zealand's sporting life. Coaching is a good way to express your passion for the sport of Athletics and enrich the lives of New Zealand youth.

It is exciting and satisfying, and will assist you in staying actively involved in sport.

How do I get started?

1: Talk to a club or school:

Perhaps the best way to get started is to work with another coach who is keen for an assistant. Another option would be to contact your local club or school.

2: What do I need to know to become a Coach?

A: Complete introductory modules by the Greater Auckland Coaching unit (GACU). They provide modules on the following:

Getting started in Coaching

Safety net

B: Complete generic (not sport code specific) coach development opportunities through your Regional Sport trusts: Sport Auckland, Sport Waitakere, Harbour Sport and CLM Community sport.

C: Contact Athletics Auckland or Athletics NZ for opportunities to learn the fundamental programmes which lead into the specific Athletic events.

Athletics Auckland provides a Coaching pathway which you can strive to reach a level you desire. Refer to the Athletics Auckland coaching calendar page for opportunities to learn more.

For any questions, please contact Neil Bartlett – Coach Development manager on development@athleticsauckland.co.nz