

Athletics Auckland Coach Education Courses: Information and Registration details- Oct 2020

Date: Saturday 10 October: Junior Festival clinic

Time: 9.00am to 12.00pm

Venue: Mt. Smart stadium, Athletics Auckland, 51 O’rorke road, Penrose

Sign in: Register at the Officials lounge at Mt. Smart from 8.30am

Course content: All ages catered for from Under 7’s, Under 12’s and Under 15’s.

Details: 9.00am to 10.20am: Introduction to Get Set Go for Under 7’s. Introduction to Run Jump Throw for Under 12’s. Introduction to Athletics “skill based” warm-up for Under 15 athletes.

10.30am to 12.00pm: For 7-14 year olds, Relay baton change theory plus introduction to Hurdling, Triple Jump and Track/Distance running.

Date: Saturday 10 October: Officials Pre C grade course

Time: 9.00am to 12.00pm

Venue: Mt. Smart stadium, Athletics Auckland Officials Lounge, 51 O’rorke road, Penrose

Course content: Jumps, Throws, Health and Safety

Details: For Coaches, Club volunteers and Parents to gain an understanding of the requirements to officiate in a Junior club.

Registration: To register, email Neil at: development@athleticsauckland.co.nz with your name and club.

Date: Saturday 10 October: Coaches Forum

Time: 12.00pm to 12.30pm

Venue: Mt. Smart stadium, Athletics Auckland Officials Lounge, 51 O’rorke road, Penrose

Course content: Open discussion on any topic of interest.

Details: Open to all coaches. Tea and coffee provided.

Date: Saturday 17 October: Junior Festival clinic

Time: 9.00am to 12.00pm

Venue: Mt. Smart stadium, Athletics Auckland, 51 O'rorke road, Penrose

Sign in: Register at the Officials lounge at Mt. Smart from 8.30am

Course content: Event coaching for 7-14 year old athletes plus Athletics NZ presentation on Get Set Go for Coaches, Club Volunteers and Parents (NO UNDER 7 ATHLETES).

Details: 9.00am to 10.30am: Athletics NZ Get Set Go in your club setting.

9.00am to 10.30am: 7-9 year olds. Track, Long Jump and Shot coaching

10.30am to 12.00pm: 10-14 year olds. Track, Long Jump and Shot coaching

Date: Saturday 17 October: Officials Pre C grade course

Time: 9.00am to 12.00pm

Venue: Mt. Smart stadium, Athletics Auckland Officials Lounge, 51 O'rorke road, Penrose

Course content: Jumps, Throws, Health and Safety

Details: For Coaches, Club volunteers and Parents to gain an understanding of the requirements to officiate in a Junior club.

Registration: To register, email Neil at: development@athleticsauckland.co.nz with your name and club.

Date: Saturday 17 October: Coaches Forum

Time: 12.00pm to 12.30pm

Venue: Mt Smart stadium, Athletics Auckland Officials Lounge, 51 O'rorke road, Penrose

Course content: Open discussion on any topic of interest.

Details: Open to all coaches. Tea and coffee provided.

Date: Saturday 24 October: Coaches Forum

Time: 12.00pm to 12.30pm

Venue: Mt Smart stadium, Athletics Auckland Officials Lounge, 51 O'rorke road, Penrose

Course content: Open discussion on any topic of interest.

Details: Open to all coaches. Tea and coffee provided.

Date: Saturday 31 October: Junior Festival clinic

Time: 9.00am to 12.00pm

Venue: Mt Smart stadium, Athletics Auckland, 51 O'rorke road, Penrose

Sign in: Register at the Officials lounge at Mt Smart from 8.30am

Course content: Event coaching for 7-14 year old athletes plus Athletics NZ Run Jump Throw presentation for Coaches, Club Volunteers and Parents (NO UNDER 12 ATHLETES)

Details: 9.00am to 10.30am: Athletics NZ Run Jump Throw in your club setting.

9.00am to 10.30am: 7-9 year olds. Track, Long Jump and Discus coaching

10.30am to 12.00pm: 10-14 year olds. Track (Sprint/Distance), High Jump and Discus coaching

Date: Saturday 31 October: Officials Pre C grade course

Time: 9.00am to 12.00pm

Venue: Mt Smart stadium, Athletics Auckland Officials Lounge, 51 O'rorke road, Penrose

Course content: Health and Safety + Track (Sprints, Relays, Walks & Hurdles (if time permits))

Details: For Coaches, Club Volunteers and Parents to gain an understanding of the requirements to officiate in a Junior club.

Registration: To register, email Neil at: development@athleticsauckland.co.nz with your name and club.

Date: Saturday 31 October: Coaches Forum

Time: 12.00pm to 12.30pm

Venue: Mt Smart stadium, Athletics Auckland Officials Lounge, 51 O'rorke road, Penrose

Course content: Open discussion on any topic of interest.

Details: Open to all coaches. Tea and coffee provided.

