

ATHLETICS AUCKLAND SENIOR RECORDS as at 1st October 2019						Updated 11.03.2020						
Changes IN RED, due to new Age Grades plus amended records or new records												
Using the new Grades and principle from Jan 1st to Dec 31 as year of competition												
Note any omissions or corrections to these Auckland records let me know at Email; bearda @xtra.co.nz												
Grade	Specs	Record	Wind	Name	Meet	Venue	Date	Age	Mth	Days	DOB	Season
60m												
SM (+20)	indoors	6.59		Augustine Nketia	Barcelona Indoor	Spain	10.03.95	24	2	10	30.12.1970	1994-1995
SM (+20)		6.76	-1.2	Hamish Gill	AAI McKinnon Shield #5	Mt Smart Auckland	23.11.19	22	9	6	15.02.1997	2019-2020
MU20 (19.18)		6.78	-.1.6	Hamish Gill	Summer Series 5	Mt Smart Auckland	14.11.15	18	9	9	15.02.1997	2015-2016
MU18 (17.16.15..)		6.95	+.0.7	Hamish Gill	AAI Summer Series 3	Mt Smart Auckland	08.11.14	16	10	24	15.02.1997	2014-2015
60m												
SW (+20)		7.37	+.1.9	Rochelle Coster	Auckland Summer Series 7	Mt Smart Auckland	22.02.14	25	8	16	06.06.1988	2013-2014
WU20 (18.19)		7.62	-1.7	April Brough	Hotmeet Massey Park	Papakura	15.03.03	18	5	29	17.09.1984	2002-2003
WU18 (17.16.15..)		7.70	-0.4	Nadia Evans	AAI McKinnon Shield #3	Mt Smart Auckland	02.11.19	15	1	10	23.09.2004	2019-2020
100m												
SM (+20)		10.11	+.1.3	Augustine Nketia		Victoria Canada	20.08.94	23	7	20	30.12.1970	1994-1995
MU20 (19.18)		10.30	+.0.1	Edward Osei-Nketia	Canberra Track Classic	AIS Stadium Aust	28.01.19	17	8	28	08.05.2001	2018-2019
MU18 (17.16.15..)		10.74	+.1.6	Dalton Coppins	Waikato Centre Meeting	Porritt Hamilton	03.11.12	17	6	7	27.04.1995	2011-2012
100m												
SW (+20)		11.37	+.1.0	Zoe Hobbs	Potts Classic	Regional Sports Park Hastings	26.01.19	20	9	12	11.09.1997	2018-2019
WU20 (18.19)		11.66	+.0.6	Kim Robertson	NZSSchools	Christchurch	09.12.73	16	8	27	10.03.1957	1973-1974
WU18 (17.16.15..)		11.66	+.0.6	Kim Robertson	NZSSchools	Christchurch	09.12.73	16	8	27	10.03.1957	1973-1974
200m												
SM (+20)		20.56		James Dolphin	Sydney Track Classic	Sydney Australia	12.01.08	24	6	26	17.06.1983	2007-2008
MU20 (18.19)		20.76	-0.5	Edward Osei-Nketia	Canberra Track Classic	AIS Stadium Aust	28.01.19	17	8	28	08.05.2001	2018-2019
MU18 (17.16.15..)		21.16	+.1.6	Cameron P.Taylor		Christchurch	18.02.89	17	8	15	03.06.1971	1988-1989
200m												
SW (+20)		22.90	+.0.5	Monique Williams	12th IAAF World Champs	Berlin (GER)	20.08.09	23	10	28	23.09.1985	2009-2010
WU20 (18.19)		23.69	-0.3	Andrea Koenen	Gold Coast Winter Series	Gold Coast Australia	20.06.09	19	5	17	03.01.1990	2008-2009
WU18 (17.16.15..)		24.03	+.1.8	April Brough	North League	Massey Park Papakura	16.12.00	16	2	30	17.09.1984	1999-2000
400m												
SM (+20)		46.14		Callum Taylor		Wanganui	07.03.98	25	4	12	25.10.1972	1997-1998
MU20(19.18)		46.67		Bailey Stewart	NZSSchools	Cooks Gardens Wanganui	07..12.14	18	0	25	12.11.1996	2014-2015
MU18 (17.16.15..)		47.36		Fraser Wickes	ANZ T & F Championships	Newtown Wellington	28.03.09	17	1	18	10.02.1992	2008-2009
400m												
SW (+20)		51.60		Kim Robertson		Christchurch	19.01.80	22	10	9	10.03.1957	1979-1980
WU20 (18.19)		54.95		Olivia Haddon		Wellington	07.03.93	17	6	22	16.08.1975	1992-1993
WU18 (17.16.15..)		55.60		Louise Jones	NZ Track&Field Champs	Christchurch	12.03.00	14	9	29	04.08.1985	1999-2000

800m													
SM (+20)	1.44.3	Peter Snell		Christchurch	03.02.62	23	1	16	17.12.1938	1961-1962			
MU20	1.49.61	Tom Osbrone		Wellington	11.03.03	19	5	24	25.09.1983	2002-2003			
MU18	1.51.19	James Harding	Porritt Classic	Porritt Hamiton	15.02.20	16	3	9	06.11.2003	2019-2020			
800m													
SW (+20)	1.58.25	Toni Hodgkinson	Olympics	Atlanta USA	27.07.96	24	7	15	12.12.1971	1996-1997			
WU20 (18.19)	2.04.63	Helen Hawley		Wellington	06.03.87	18	4	10	26.10.1968	1986-1987			
WU18 (17.16.15)	2.08.74	Olivia Burdon	Winter Series 6	QSAC, Brisbane Aust	28.06.15	17	5	0	26.01.1998	2015-2016			
1500m													
SM (+20)	3.32.4	John Walker		Oslo Norway	30.07.75	24	7	15	12.01.1952	1981-1982			
MU20 (18.19)	3.44.1	Geoffrey Shaw		Mt Smart Auckland	14.02.76	18	6	19	25.07.1957	1975-1976			
MU18 (17.16.15..)	3.48.66	Matthew Mildenhall	Aussie U23 Champs	Adelaide Australia	04.04.06	17	6	1	03.10.1988	2005-2006			
1500m													
SW (+20)	4.04.82	Nikki Hamblin	European Premium Meeting	Barcelona, Spain	22.07.11	23	2	2	20.05.1988	2011-2012			
WU20 18.19	4.11.19	Olivia Burdon	Sumpton Twilight	Prtland USA	16.06.17	19	4	20	26.01.1998	2017-2018			
WU18	4.17.19	Anne Lardner		Auckland	27.02.88	17	7	25	02.07.1970	1987-1988			
1 Mile													
SM (+20)	3.49.08	John Walker		Oslo Norway	07.07.82	30	5	26	12.01.1952	1982-1983			
MU20 (18.19)	4.03.32	Mathew Mildenhall	Mayoral Mile	Wanganui	16.02.08	19	4	13	03.10.1988	2007-2008			
MU18 (17.16.15..)	4.14.13	Mathew Mildenhall	JW Night of Miles	Ericsson Auckland	23.02.05	16	4	20	03.10.1988	2004-2005			
1 Mile													
SW (+20)	4.30.50	Christine Pfitzinger		Oregon USA	06.07.87	28	5	13	24.01.1959	1986-1987			
WU20 (18.19)	4.36.6	Linden Wilde		Auckland	26.01.80	18	8	15	11.05.1961	1979-1980			
WU18 (17.16.15..)	4.43.31	Olivia Burdon	Brisbane 1500m Classic	UN Athletics Centre	06.11.14	16	9	10	26.01.1998	2014-2015			
3000m													
SM (+20)	7.37.49	John Walker		London	17.07.82	30	6	5	12.01.1952	1982-1981			
MU20	08.05.80	Geoffrey Shaw	Tauranga Twilight Meeting	??	01.01.77	19	5	6	25.07.1957	1977-1978			
MU18	08.20.01	James Uhlenberg	NZ Secondary Schools Championships	Trust Stadium Waitakere	03.12.16	17	6	18	16.05..1999	2016-2017			
3000m													
SW (+20)	8.29.52	Kimberley Smith	Herculis	Monaco	25.07.07	25	8	6	19.11.1981	2007-2008			
WU20 WU18	09.03.84	Katrina Robinson	Sydney Grand Prix	SOPAC Sydney Australia	17.03.18	17	7	10	08.08.2000	2017-2018			
WU18	09.03.84	Katrina Robinson	Sydney Grand Prix	SOPAC Sydney Australia	17.03.18	17	7	10	08.08.2000	2017-2018			

5000m												
SM (+20)		13.10.19	Adrian Blincoe	Heusden	Belgium	20.07.08	28	8	16	04.11.1979	2008-2009	
MU20 (18.19)		13.48.4	Geoffrey Shaw		Auckland Mt Smart Cinder	31.01.76	18	6	6	25.07.1957	1975-1976	
MU18		14.04.4	Geoffrey Shaw	Auckland Championships	??	10.02.75	17	??	??	25.07.1957	1974-1975	
5000m												
SW (+20)	Indoors	14.39.89	Kimberley Smith	NYU Fasttrack	Armory Track New York	27.02.09	27	3	8	19.11.1981	2008-2009	
SW (+20)		14.45.93	Kimberley Smith	Golden Gala Roma	Italy	11.07.08	26	7	23	19.11.1981	2008-2009	
WU20 (18.19)		15.50.15	Olivia Burdon	NCAA Div.1 Championships	Eugene USA	10.06.17	19	4	15	26.01.1998	2017-2018	
WU18 (17.16.15)		16.06.01	Katrina Robinson	Queensland Athletics 5000m champs	QSAC, Brisbane	18.11.17	17	3	0	08.08.2000	2017-2018	
10000m												
SM (+20)		27.41.95	Dick Quax		London	09.09.77	29	8	8	01.01.1948	1977-1978	
MU20 (18.19)		30.53.31	Jono Jackson	ANZ 10000m Championships	Tauranga	05.01.10	18	11	27	09.01.1991	2009-2010	
MU18 (17.16.15..)		31.13.63	Murdoch McIntyre	ACA Clubnight	Mt Smart Auckland	12.12.18	17	2	0	28.10.2001	2018-2019	
10000m												
SW (+20)		30.35.54	Kimberley Smith	Cardinal Invitational	California USA	05.04.08	26	4	17	19.11.1981	2008-2009	
WU20 (18.19)		33.18.36	Danielle Travis	ANZ 10000m Championships	Tauranga	04.01.11	19	11	16	19.01.1991	2010-2011	
WU18 (17.16.15..)		38.51.77	Casey Mitchell	Auckland 10000m Champs	Mt Smart	24.01.07	15	3	6	18.10.1991	2006-2007	
Steeplechase												
SM (+20)	3K	8.38.0	Bryan Bothwell		Walnut	04.04.98	21	9	10	25.06.1976	1997-1998	
MU20 (18.19)	3K	9.00.41	Bryan Bothwell	Aussie Junior Champs	Sydney Australia	08.03.96	19	8	14	25.06.1976	1995-1996	
MU18	2k	5.55.07	Murdoch McIntyre	Youth Olympic Games	Buenos Aires, ARGENTINA	12.10.18	17	0	2	10.10.2001	2018-2019	
Steeplechase												
SW (+20)	3K	9.57.74	Rebecca Forlong	Australian Champs	Melbourne Australia	20.01.06	19	6	7	13.07.1986	2005-2006	
WU20 (18.19)	3K	9.57.74	Rebecca Forlong	Australian Champs	Melbourne Australia	20.01.06	19	6	7	13.07.1986	2005-2006	
WU18 (17.16.15..)	2k	06.48.04	Caitlin McQuilkin-Bell	Adelaide Australian All Schools Ch	Athletics SA Stadium	05.12.14	17	3	24	12.08.1997	2015-2015	

Sprint Hurdles												
SM = (+20)	110m (1067)	13.69	+.1.7	Joshua Hawkins	Sydney Classic	Sydney Olympic Park Australia	23.02.19	25	0	14	09.02.1994	2018-2019
SM (+20)	110m (1067)	13.69	+.1.5	Joshua Hawkins	Aust Championships	QSAC, Brisbane	29.03.15	21	1	20	09.02.1994	2014-2015
M20 (.18.19.)	110m (990)	13.80	+.0.9	Joshua Hawkins	Auckland Championships	Mt Smart Auckland	23.03.13	19	1	14	09.02.1994	2012-2013
MU18 (17.16.15..)	110m (910)	13.44	+.0.1	Joshua Hawkins	World Youths	Lille France	08.07.11	16	10	6	09.02.1994	2011-2012
Sprint Hurdles												
SW (+20)	100m (840)	13.10	+.0.8	Rochelle Coster	Australia Track and Field Championships	SOPAC Sydney Aust	03.04.16	27	9	27	06.06.1988	2015-2016
WU20 (18.19)	100m (840)	13.77	-0.2	Andrea Miller		Santiago	17.10.00	18	7	4	13.03.1982	2000-2001
WU18 (17.16.15..)	100m (762)	13.61	+.0.9	Madison Gipson	Australia Junior Champs	Sydney Australia	16.03.12	16	11	2	14.04.1995	2011-2012
Long Hurdles												
SM (+20)	400m (914)	49.90		Nic O'Brien	NCAA Champs	Connecticut USA	04.05.03	23	4	11	03.01.1980	2002-2003
MU20 (18.19)	400m (914)	53.37		Nic O'Brien		Christchurch	09.03.97	17	2	6	03.01.1980	1996-1997
MU18 (17.16.15..)	300m (840)	37.27		Oliver Miller	NZ Secondary Schools Championships	Trust Stadium Waitakere	04.12.16	17	5	30	05.06.1999	2016-2017
Long Hurdles												
SW (+20)	400m (762)	55.49		Portia Bing	IAAF World Champs	Khalifa Stadium Doha	01.10.19				17.04.1993	2019-2020
WU20 (18.19)	400m (762)	58.95		Janine Robson	CWGames	Brisbane	21.03.82	19	2	20	01.01.1963	1981-1982
WU18 (17.16.15..)	300m (762)	42.51		Veronika van Dijk		Hamilton	28.02.99	17	2	4	24.12.1981	1998-1999
High Jump												
SM (+20)		2.24		Roger Te Puni		Auckland	24.02.90	26	3	10	14.11.1963	1989-1990
MU20 (18.19)		2.16		Kirk McNeely		Christchurch	07.03.86	19	6	16	22.08.1966	1987-1986
MU18		2.06		Jayden Williamson	AAI McKinnon Shield #4	Mt Smart Auckland	17.11.19	17	0	16	30.01.2003	2019-2020
High Jump												
SW (+20)		1.91		Sarah Cowley	IAAF Combined Events	Gotzis Austria	26.05.12	28	3	23	03.02.1984	2012-2013
WU20 (18.19)		1.86		Elizabeth Lamb	Auckland Championships	Mt Smart Auckland	26.02.11	19	9	14	12.05.1991	2010-2011
WU18 (17.16.15..)		1.85		Elizabeth Lamb	ANZ T & F Championships	Newtown Wellington	28.03.09	17	10	16	12.05.1991	2008-2009
Pole Vault												
SM (+20)		5.51		Paul Gibbons		North Shore	25.01.92	20	7	0	25.06.1971	1991-1992
SM (+20)		5.51		Paul Gibbons		Blackburn England	07.07.97	26	0	13	25.06.1971	1996-1997
MU20 (18.19)		5.40		Paul Gibbons		Christchurch	31.01.91	19	7	6	25.06.1971	1990-1991
MU18 (17.16.15..)		5.00		Nicholas Southgate	ANZ Championships	Waitakere Stadium Auckland	25.03.12	17	11	16	09.04.1994	2011-2012

Pole Vault												
SW (+20)		4.94		Eliza McCartney	Jockgrim	Germany	18.07.18	21	6	20	11.12.1996	2018-2019
WU20 (19.18)		4.64		Eliza McCartney	Summer Series 7	Mt Smart Auckland	19.12.15	19	0	8	11.12.1996	2015-2016
WU18 (17.16.15..)		4.45		Eliza McCartney	IAAF World Junior Championships	Eugene Oregon USA	25.07.14	17	7	14	11.12.1996	2014-2015
Long Jump												
SM (+20)		7.99	+.1.7	Aaron Langdon	Robin Taite Classic	Soveriegn NHB	20.02.98	26	7	1	19.07.1971	1997-1998
MU20 (18.19)		7.55	+.0.3	Jonathan Moyle		Christchurch	07.03.86	18	4	25	12.10.1967	1985-1986
MU18(17.16.15)		7.25	+.0.0	Hamish Gill	Australia Junior Champs	Sydney Olympic Park Athletics Centre	13.03.14	17	0	29	15.02.1997	2013-2014
Long Jump												
SW (+20)		6.68	+.1.0	Chantal Brunner		Melbourne Australia	01.03.97	26	3	27	05.11.1970	1996-1997
SW (+20)		6.68	+.0.7	Chantal Brunner	Australian Champs	Brisbane Australia	20.03.01	30	4	15	05.11.1970	2000-2001
WU20 (18.19)		6.23		Bev Weigel		Sarawai Park(Newmarket Park)	09.02.57	16	6	3	16.08.1940	1956-1957
WU18 (17.16.15..)		6.23		Bev Weigel		Sarawai Park(Newmarket Park)	09.02.57	16	6	3	16.08.1940	1956-1957
Triple Jump												
SM (+20)		16.22		Phil Wood		Edmonton Canada	02.07.78	24	6	3	29.12.1953	1978-1979
MU20 (18.19)		15.86	+.1.9	David Norris	NZ Track&Field Champs	Palmerston North	07.03.59	19	2	23	14.12.1939	1958-1959
MU18 (17.16.15..)		15.16		Nigel Avery		Auckland	30.03.85	17	6	30	31.08.1967	1984-1985
Triple Jump												
SW (+20)		13.91	+.0.0	Nneka Okpala	Australia Track and Field Championships	SOPAC Sydney Aust	02.04.16	27	11	5	27.04.1988	2015-2016
WU20 (18.19)		12.77	+.1.5	Nneka Okpala	NZ Track &Fields Champs	Mt Smart Auckland	30.03.08	19	11	3	27.04.1988	2007-2008
WU18 (17.16.15..)		12.43	+.1.3	Nneka Okpala	World Youth Champs	Mararakesh Morocco	13.07.05	17	2	17	27.04.1988	2005-2006
Shot Put												
SM (+20)	7.26kg	21.47		Jacko Gill	GP Usti nad Laben	Czech Republic					20.12.1994	2014-2015
M20 18.19	6kg	23.00		Jacko Gill	Winter Shot Put Competition	AUT Millennium Stadium Auckland	18.08.13	18	7	28	20.12.1994	2013-2014
MU18 (17.16.15..)	5kg	24.45		Jacko Gill		Soveriegn NHB	19.12.11	16	11	29	20.12.1994	2011-2012
Shot Put												
SW (+20)	4kg NZ/A rec	21.24		Valerie Vili (Adams)	World Athletic Final	Daegu Korea	29.08.11	26	10	23	06.10.1984	2009-2010
WU20 (18.19)	4kg	18.96		Valerie Adams		Sydney	29.02.04	19	4	23	06.10.1984	2003-2004
WU18 (17.16.15..)	(4kg) 3kg	18.40		Valerie Adams		Madrid Spain	21.09.02	17	11	15	06.10.1984	2002-2003

Discus												
SM (+20)	2kg	65.05	Ian Winchester		California USA	21.05.02	28	11	26	25.05.1973	2001-2005	
M19 (17.18.19)	1.75kg	67.40	Connor Bell	2020 NZ Championships	Christchurch	6-8.03.20	18	8	18	21.06.2001	2019-2020	
MU18	1.5kg	69.23	Connor Bell	Sam Johnson Throws Meet	Porritt Stadium Hamilton	18.11.18	17	4	7	21.06.2001	2018-2019	
Discus												
SW (+20)	1kg	68.52	Beatrice Faumuina	IAAF Golden League	Oslo Norway	04.07.97	22	8	11	23.10.1974	2001-2002	
WU20 (18.19)	1kg	57.94	Beatrice Faumuina		Ericsson Auckland	22.01.94	19	2	29	23.10.1974	1993-1994	
WU18 (17.16.15..)	1kg	54.34	Valerie Adams		Auckland	02.02.02	17	3	26	06.10.1984	2001-2002	
Javelin												
SM (+20)	800gm	90.58	Mike O'Rouke	Old Style Javelin	Auckland	22.01.88	32	4	28	25.08.1955	1987-1988	
SM (+20)	800gm	88.20	Gavin Lovegrove		Oslo Norway	05.07.96	28	8	14	21.10.1967	1996-1997	
MU20 (18.19)	800gm	62.42	Simon Bryan			09.04.88	?	?	?	??	1987-1988	
MU18 (17.16.15..)	700gm	63.31	Taylor Matthews	NZ Secondary Schools Champs	Caledonian Ground, Dunedin	09.12.12	16	7	1	08.05.1996	2012-2013	
Javelin												
SW (+20)	600gm	55.26	Stephanie Wrathall	New Zealand Track & Field Championship	Nga Puna Wai Christchurch	09.03.19	29	2	9	25.12.1989	2017-2018	
WU20 (18.19)	600gm	55.44	Kirstan Hellier	Old Style Javelin	Wanganui	17.01.89	19	3	11	06.10.1969	1988-1989	
WU20 (18.19)	600gm	49.50	Andrea McBride	Aussie T&F Champs	Sydney 1999 model Jav	27.02.00	17	9	6	21.05.1982	1999-2000	
WU18 (17.16.15..)	600gm	49.50	Andrea McBride	Aussie T&F Champs	Sydney 1999 model Jav	27.02.00	17	9	6	21.05.1982	1999-2000	
Hammer												
SM (+20)	7.26kg	73.10	Angus Cooper		Hamilton	23.01.94	29	8	16	07.05.1964	1989-1990	
MU20 (19.18)	6kg	73.41	Matthew Bloxham	NZ Hammer Festival	Caledonian Ground, Dunedin	08.12.15	19	0	23	16.11.1996	2015-2016	
MU18 (15.16.17)	5kg	79.74	Matthew Bloxham	Auckland Summer Series 5	AUT Millennium Stadium, North Shore	30.11.13	17	0	14	16.11.1996	2013-2014	
Hammer												
SW (+20)	4kg	67.11	Nicole Bradley	Waikato Centre Meet	Porritt Hamiton	11.01.20	27	9	9	23.04.1992	2019-2020	
WU20 (18.19)	4kg	61.70	Ayla Gill	TCU Invitational	Fort Worth, Texas	19.03.11	20	2	14	05.01.1991	2010-2011	
WU18 (14.15.16.17)	3kg	58.66	Mellata Tatola	Throws Spring Series	AUT Millennium Auckland	08.10.16	16	8	6	19.02.2000	2016-2017	
Decathlon												
SM (+20)		8366	Simon Poelman		Christchurch	22.03.87	23	9	25	27.05.1963	1986-1987	
MU20 (18.19)		7807	Jordan Vandermade	World Juniors Decathlon	Beijing China	15.08.06	19	3	8	07.05.1987	2006-2007	
Octathlon												
MU20 (18.19)		6379	Jordan Vandermade	Combined Events Festival	Ericsson Auckland	23.04.05	18	2	5	07.05.1987	2004-2005	
MU18 (17.16.15..)		6234	Jordan Vandermade	World Youth Champs	Sherbrooke Canada	13.06.03	16	3	26	07.05.1987	2003-2004	

Walks											
SM (+20)	3k	11.35.76	Scott Nelson			???.???.95	25			10.10.1969	1994-1995
	5k	19.21.26	Scott Nelson		Christchurch	08.03.97	27	4	28	10.10.1969	1996-1997
	10k	43.52.58	Tony Sargisson		Soveriegn NHB	11.02.95	19	6	17	24.07.1975	1994-1995
	20k	1H 22.21	Scott Nelson		Melbourne	31.03.96	26	5	21	10.10.1969	1995-1996
MU20 (18.19)	3k	12.31.80	Gregory Cross			24.11.90	17	7	2	22.04.1973	1990-1991
MU20 (18.19)	5K	21.45.01	Nelson McCutcheon	Queensland Junior Champs	Brisbane Australia	22.03.18	15	3	3	16.12.2002	2017-2018
	10k	43.52.58	Tony Sargisson		Soveriegn NHB	11.02.95	19	6	17	24.07.1975	1994-1995
	20k	XXX									
MU18.(17.16.15)	10K	0.46.16.01	Nelson McCutcheon	New Zealand Track & Field Championship	Nga Puna Wai Christchurch	10.03.19	16	2	25	16.12.2002	2018-2019
MU18 (15.16.17)	5K	21.45.01	Nelson McCutcheon	Queensland Junior Champs	Brisbane Australia	22.03.18	15	3	3	16.12.2002	2017-2018
MU18 (15.16.17)	3kg	12.51.55	Nelson McCutcheon	New Zealand Track & Field Championship	Nga Puna Wai Christchurch	08.03.19	16	2	23	16.12.2002	2018-2019
Walks											
SW (+20)	3k	12.37.82	Alana Barber	Auckland Championships	Mt Smart Auckland	06.03.17	29	7	29	08.07.1987	2016-2017
	5k	20.59.70	Anna Judkins		Brunflo. Sweden	01.07.95	30	10	28	04.08.1964	1995-1996
	10k	43.01.06	Anna Judkins		Örnsköldsvik Sweden	04.07.92	27	11	0	04.08.1964	1992-1993
SW (+20)	20k	1H.31.32.00	Alana Barber	IAAF World Race Walking Team Champion	Taicang, PR OF CHINA	05.05.18	30	8	28	08.07.1987	2017-2018
WU20 (18.19)	3k	14.56.33	Carma Watson			14.02.98	18	8	19	25.05.1979	1997-1998
	5k	27.19.03	Carma Watson	NZ Track&Field Champs	Wanganui	08.03.98	18	9	13	25.05.1979	1997-1998
	10k	58.40	Miriam Findlay	NZ Track&Field Champs	Christchurch	12.03.00	19	0	14	01.01.1981	1999-2000
WU18 (17.16.15..)	3k	15.06.25	Michelle Lynch		Hamilton	05.03.94	15			???	1993-1994
Walks											