



The Don Macfarquhar Middle Distance Series 2020-21

Trophies for Open Men and Open Women.

The Don Macfarquhar Middle Distance Series comprises four events being held at the Herb Towers Track, Mt Smart, Auckland.

3000m Saturday November 14, 2020 (Auckland 3000m Championships), Mt Smart
Entries close Thursday, November 12th 11.59pm

400m Saturday November 21st, 2020, Mt Smart
Entries close Thursday, November 19th 11.59pm

1500m February 6th, 2021 (Auckland 1500m Championships), Mt Smart
Entries close Wednesday, January 27th 11.59pm

800m February 7th, 2021 (Auckland 800m Championships), Mt Smart
Entries close Wednesday, January 27th 11.59pm

- **Eligibility:** Athletes must compete in at least three of the four designated races. Athletes must be registered with an Auckland Club for the entire duration of the Series. The 800m, 1500m and 3000m are also Auckland Championships events.
- **Entries:** Athletes enter each race individually, using the Athletics Auckland on-line entry-system. When the entry link for each event is open on the Athletics Auckland website, enter the events in the usual way for McKinnon Shield and/or Auckland Championship events, and you will be automatically enrolled in the Don Macfarquhar Series at no extra cost.
- **Scoring:** Scoring will be calculated on the athletes' best performances in three out of the four races, based on the IAAF points for each event. (i.e. an athlete's lowest-scoring performance in the four-race series will be dropped).
- **Grades:** Open Men and Open Women. Minimum age 12 years as at Dec 31st, 2021

This series is named for renowned Auckland Middle-distance coach and mentor **Don Macfarquhar** (1931-2011). Don coached athletes over all the distances to be raced in the 2020-21 Series. He was an Auckland selector for more than 40 years and was a national selector for 8 years, selecting teams for the 1988 and 1992 Olympic Games and the 1990 and 1994 Commonwealth Games. He also helped Sir Peter Snell during some of his training sessions in the early 1960s. Don was a life member of Athletics Auckland and coached for more than 50 years, producing a number of New Zealand champions and national representatives, as well as giving freely of his time to coach and inspire many junior Auckland athletes.