

Auckland Junior Athletics Festival 17 October 2020

Saturday 17 October 2020	Coaches	Officials
9-10.30	<b>Athletics NZ: Get Set Go presentation:</b> (inner field)  Theory & Practical session to Coaches/Club Volunteers/Parents <b>NO ATHLETES</b>	9-10  Throws
12-12.30	<b>Athletics Auckland</b> Open forum for Senior coaches (Tea provided)	
9-10.30	Athletes	10-11  Jumps
	Track, LJ & Shot-Put W/Up - 3 x 20 minutes 7-9-year olds	
10.30-12	Track, LJ & Shot Put 3 x 30 minutes 10-14-year olds	11-12  Health & Safety
2 - 5	Pre-season Open Senior Meet #2	