

**Athletics Auckland Records**
**Open Men**

Event	Result	Athlete	Club	Competition	Venue	Date
60m	6.76 (-1.2)	Hamish Gill	North Harbour Bays	McKinnon Shield #5	Herb Towers Track, Auckland	23 <sup>rd</sup> November 2019
100m	10.11 (+1.3)	Augustine Nketia	North Harbour Bays		Victoria, Canada	20 <sup>th</sup> August 1994
200m	20.56	James Dolphin	North Harbour Bays	Sydney Track Classic	SOPAC, Sydney	12 <sup>th</sup> January 2008
400m	46.13	Callum Taylor	Waitakere		Cooks Gardens, Whanganui	7 <sup>th</sup> March 1998
800m	1:44.3	Peter Snell	Owairaka		Lancaster Park, Christchurch	3 <sup>rd</sup> February 1962
1500m	3:32.4	John Walker	Manurewa		Olso, Norway	30 <sup>th</sup> July 1975
1 mile	3:49.08	John Walker	Manurewa		Olso, Norway	7 <sup>th</sup> July 1982
3000m	7:37.49	John Walker	Manurewa		London	17 <sup>th</sup> July 1982
3000m Steeplechase	8:38.0	Bryan Bothwell			Walnut	4 <sup>th</sup> April 1998
5000m	13:10:19	Adrian Blincoe	North Harbour Bays	Heusden	Belgium	20 <sup>th</sup> July 2008
10000m	27:41.95	Dick Quax			London	9 <sup>th</sup> September 1977
110m Hurdles	13.69 (+1.7)	Joshua Hawkins	Ellerslie	Sydney Track Classic	SOPAC, Sydney	23 <sup>rd</sup> February 2019
	13.69 (+1.5)	Joshua Hawkins	Ellerslie	Australian Championships	QSAC, Brisbane	29 <sup>th</sup> March 2015
400m Hurdles	49.90	Nic O'Brien		NCAA Championships	Connecticut, USA	4 <sup>th</sup> May 2003
High Jump	2.24m	Roger Te Puni			Mt Smart Stadium, Auckland	24 <sup>th</sup> February 1990
Pole Vault	5.51m	Paul Gibbons	North Harbour Bays		North Shore, Auckland	25 <sup>th</sup> January 1992
	5.51m	Paul Gibbons	North Harbour Bays		Blackburn, England	7 <sup>th</sup> July 1997
Long Jump	7.99m (+1.7)	Aaron Langdon		Robin Tait Classic	North Shore, Auckland	2 <sup>nd</sup> February 1998
Triple Jump	16.22m	Phil Wood			Edmonton, Canada	2 <sup>nd</sup> July 1978
Shot Put	21.47m	Jacko Gill	Takapuna	GP Usti nad Labem	Czech Republic	
Discus	65.05m	Ian Winchester	Counties Manukau		California, USA	21 <sup>st</sup> May 2002
Hammer	73.10m	Angus Cooper			Porritt Stadium, Hamilton	23 <sup>rd</sup> January 1994
Javelin	88.20m	Gavin Lovegrove	North Harbour Bays		Oslo, Norway	5 <sup>th</sup> July 1996
Pentathlon	3400	Matthew Acucamp	Pakuranga	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 <sup>th</sup> October 2020
Decathlon	8366	Simon Poleman	North Harbour Bays		Christchurch	22 <sup>nd</sup> March 1987
4x100m	39.46	Van der Sepck, Bearda, Mortimer, Dolphin	Auckland Team	Sydney Track Classic	SOPAC, Sydney	28 <sup>th</sup> February 2009
4x400m	3:10.59	Semiti, Armstrong, Pirini, Wilson	Auckland Team	NZ Championships	Ericsson Stadium, Auckland	3 <sup>rd</sup> March 1996
3000m RW	11:35.76	Scott Nelson	Waitakere			1995
5000m RW	19:21.26	Scott Nelson	Waitakere		Christchurch	8 <sup>th</sup> March 1997
10000m RW	43:43.58	Tony Sargisson	North Harbour Bays		North Shore, Auckland	11 <sup>th</sup> February 1995
20000m RW						



20km RW	1:22:21	Scott Nelson	Waitakere		Melbourne	31st March 1996
50km RW	3:58.05	Tony Sargisson	North Harbour Bays	Commonwealth Games	Melbourne	26 <sup>th</sup> March 2006

<b>Athletics Auckland Records</b>	<b>Open Women</b>
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Event	Result	Athlete	Club	Competition	Venue	Date
60m	7.37 (+1.9)	Rochelle Coster	Pakuranga	Auckland Summer Series 7	Herb Towers Track, Auckland	22 <sup>nd</sup> February 2014
100m	11.37 (+1.0)	Zoe Hobbs	North Harbour Bays	Potts Classic	Mitre 10 Sports Park, Hastings	26 <sup>th</sup> January 2019
200m	22.90 (+0.5)	Monique Williams	North Harbour Bays	IAAF World Championships	Berlin, Germany	20 <sup>th</sup> August 2009
400m	51.60	Kim Robertson	Waitakere		QE II Stadium, Christchurch	19 <sup>th</sup> January 1980
800m	1:58.25	Toni Hodgkinson	North Harbour Bays	Olympic Games	Atlanta, USA	27 <sup>th</sup> July 1996
1500m	4:04.82	Nikki Hamblin	North Harbour Bays	European Premium Meeting	Barcelona, Spain	22 <sup>nd</sup> July 2011
1 mile	4:30.50	Christine Pfitzinger	North Harbour Bays		Oregon, USA	6 <sup>th</sup> July 1987
3000m	8:29.52	Kimberley Smith	Counties Manukau	Herculis	Monaco	25 <sup>th</sup> July 2007
3000m Steeplechase	9:57.74	Rebecca Forlong		Australian Championships	Olympic Park, Melbourne	20 <sup>th</sup> January 2006
5000m	14:45.93	Kimberley Smith	Counties Manukau	Golden Gala	Rome, Italy	11 <sup>th</sup> July 2008
10000m	30:35.54	Kimberley Smith	Counties Manukau	Cardinal Invitational	California, USA	5 <sup>th</sup> April 2008
100m Hurdles	13.10 (+0.8)	Rochelle Coster	Pakuranga	Australian Championships	SOPAC, Sydney	3 <sup>rd</sup> April 2016
400m Hurdles	55.49	Portia Bing	North Harbour Bays	WA World Championships	Khalifa Stadium, Doha	1 <sup>st</sup> October 2019
High Jump	1.91m	Sarah Cowley	North Harbour Bays	IAAF Combined Events	Gotzis, Austria	26 <sup>th</sup> May 2012
Pole Vault	4.94m	Eliza McCartney	North Harbour Bays	Jockgrim	Germany	18 <sup>th</sup> July 2018
Long Jump	6.68m (+1.0)	Chantel Brunner	Counties Manukau	Australian Championships	Olympic Park, Melbourne	1 <sup>st</sup> March 1997
	6.68m (-0.7)	Chantel Brunner	Counties Manukau	Australian Championships	ANZ Stadium, Brisbane	20 <sup>th</sup> March 2001
Triple Jump	13.91m (+0.0)	Nneka Okpala	Pakuranga	Australian Championships	SOPAC, Sydney	2 <sup>nd</sup> April 2016
Shot Put	21.24m	Valerie Adams	Pakuranga	IAAF World Championships	Deagu, South Korea	29 <sup>th</sup> August 2011
Discus	68.52m	Beatrice Faumuina	Waitakere	IAAF Golden League	Oslo, Norway	4 <sup>th</sup> July 1997



Hammer	67.11m	Nicole Bradley	North Harbour Bays	Athletics WBOP Meet	Porritt Stadium, Hamilton	11 <sup>th</sup> January 2020
Javelin	55.26m	Stephanie Wrathall	North Harbour Bays	Athletics NZ Championships	Nga Puna Wai, Christchurch	9 <sup>th</sup> March 2019
Heptathlon	6216	Joanne Henry	Counties Manukau	Commonwealth Games	Kuala Lumpa	13 <sup>th</sup> & 14 <sup>th</sup> July 1998
Pentathlon	3244	Alexandra Hyland	ACA	McKinnon Shield 2	Herb Towers Track, Auckland	26 <sup>th</sup> October 2019
4x100m	45.34	Auckland Team		Athletics NZ Championships	Hastings	4 <sup>th</sup> March 1984
4x400m	3:34.62	Portia Bing, Brooke Cull, Zoe Ballantyne, Louise Jones	NZ Team	Commonwealth Games	Glasgow, Scotland	1 <sup>st</sup> August 2014
3000m RW	12:37.82	Alana Barber	Racewalking Auckland	Auckland Championships	Herb Towers Track, Mt Smart	6 <sup>th</sup> February 2017
	12:25.4	Anne Judkins			Sweden	1 <sup>st</sup> June 1992
5000m RW	20:59.7	Anne Judkins			Brunсло, Sweden	1 <sup>st</sup> July 1992
10000m RW	43:01.0	Anne Judkins			Ornskoldsvik, Sweden	4 <sup>th</sup> July 1992
20km RW	1:31:32	Alana Barber	Racewalking Auckland	IAAF Race Walking Team Championships	Taicang, China	5 <sup>th</sup> May 2018

### Athletics Auckland Indoor Records *Open Men*

Event	Result	Athlete	Club	Competition	Venue	Date
60m	6.59	Augustine Nketia	North Harbour Bays	Barcelona Indoor	Spain	10 <sup>th</sup> March 1995
400m	47.62	Bailey Stewart	Pakuranga		Birmingham, USA	28 <sup>th</sup> February 2016
1000m	2:20.86	John Walker	Manurewa		East Rutherford, USA	8 <sup>th</sup> March 1986
Pole Vault	5.25m	Nicholas Southgate	North Harbour Bays		Jamor, POR	21 <sup>st</sup> May 2016
Triple Jump	15.28m	John Delamere			Pocatello, USA	5 <sup>th</sup> December 1970
Heptathlon	5819	Aaron Booth	Waitakere		Fayetteville, USA	26 <sup>th</sup> January 2019

### Athletics Auckland Indoor Records *Open Women*

Event	Result	Athlete	Club	Competition	Venue	Date
60m	7.43	Kim Robertson	Waitakere		Paris, France	19 <sup>th</sup> January 1985
60m Hurdles	8.61	Carmel Corbett	Waitakere		Ann Arbour, USA	25 <sup>th</sup> February 1995
200m	23.69	Kim Robertson	Waitakere		Paris, France	15 <sup>th</sup> January 1985



400m	55.32	Kim Robertson	Waitakere		Osaka, Japan	15 <sup>th</sup> January 1986
800m	2:00.36	Toni Hodgkinson	North Harbour Bays		Paris, France	9 <sup>th</sup> March 1997
1000m	2:36.96	Toni Hodgkinson	North Harbour Bays		Boston, USA	6 <sup>th</sup> February 2000
1 Mile	4:24.14	Kimberley Smith	Counties Manukau		Boston, USA	8 <sup>th</sup> February 2008
3000m	8:38.14	Kimberley Smith	Counties Manukau		Boston, USA	27 <sup>th</sup> January 2007
5000m	14:39.89	Kimberley Smith	Counties Manukau	NYU Fasttrack	Armoy, New York	27 <sup>th</sup> February 2009
Pole Vault	4.75m	Eliza McCartney	North Harbour Bays	World Athletics Indoor Championships	Birmingham, GBR	3 <sup>rd</sup> March 2018
Long Jump	6.34m	Chantel Brunner	Counties Manukau		Paris, France	8 <sup>th</sup> March 1997
Shot Put	20.98m	Valerie Adams	Pakuranga		Zurich, SUI	28 <sup>th</sup> August 2013
Pentathlon	4148	Carmel Corbett	Waitakere		West Lafayette, USA	25 <sup>th</sup> February 1994

### Athletics Auckland Archived Records

Event	Result	Athlete	Club	Competition	Venue	Date
Javelin (old style)	90.58m	Mike O'Rourke			Mt Smart Stadium, Auckland	22 <sup>nd</sup> January 1988
Javelin (old style)	55.44m	Kirsten Hellier	Manurewa		Cooks Gardens, Wanganui	17 <sup>th</sup> January 1989

### Athletics Auckland Records U20 Men

Event	Result	Athlete	Club	Competition	Venue	Date
60m	6.78 (+1.6)	Hamish Gill	North Harbour Bays	Auckland Summer Series 5	Herb Towers Track, Auckland	14 <sup>th</sup> November 2015
100m	10.30 (+0.1)	Edward Osei-Nketia	North Harbour Bays	Canberra Track Classic	AIS Canberra	28 <sup>th</sup> January 2019
200m	20.76 (-0.5)	Edward Osei-Nketia	North Harbour Bays	Canberra Track Classic	AIS Canberra	28 <sup>th</sup> January 2019
400m	46.67	Bailey Stewart	Pakuranga	NZ Schools Championships	Cooks Gardens, Wanganui	7 <sup>th</sup> December 2014
800m	1:49.61	Tom Osborne			Newtown Park, Wellington	11 <sup>th</sup> March 2003
1500m	3:39.84	Theo Quax	Pakuranga	Bryan Clay Invitational	AZUSA, USA	19 <sup>th</sup> April 2019
1 mile	4:03.32	Matthew Mildenhall	ACA	Mayoral Mile	Cooks Gardens, Wanganui	16 <sup>th</sup> February 2008
3000m	8:05.80	Geoffrey Shaw	Calliope	Tauranga Twilight	Tauranga	1 <sup>st</sup> January 1977
3000m Steeplechase	9:00.41	Bryan Bothwall		Australian Championships	SOPAC, Sydney	8 <sup>th</sup> March 1996
5000m	13:48.4	Geoffrey Shaw	Calliope		Mt Smart, Auckland	31 <sup>st</sup> January 1976



10000m	30:53.31	Jono Jackson	ACA	Athletics NZ Championships	Tauranga Domain, Tauranga	5 <sup>th</sup> January 2010
110m Hurdles (0.991m)	13.80 (+0.9)	Joshua Hawkins	Ellerslie	Auckland Championships	Herb Towers Track, Mt Smart	23 <sup>rd</sup> March 2013
400m Hurdles (0.914m)	53.37	Nic O'Brien			QEII Stadium, Christchurch	9 <sup>th</sup> March 1997
High Jump	2.16m	Kirk McNeely			QEII Stadium, Christchurch	7 <sup>th</sup> March 1986
Pole Vault	5.40m	Paul Gibbons	North Harbour Bays		QEII Stadium, Christchurch	31 <sup>st</sup> January 1991
Long Jump	7.55m (+0.3)	Jonathan Moyle			QEII Stadium, Christchurch	7 <sup>th</sup> March 1986
Triple Jump	15.86m (+1.9)	David Norris		Athletics NZ Championships	Palmerston North	7 <sup>th</sup> March 1959
Shot Put (6.00kg)	23.00m	Jacko Gill	Takapuna	Bays Winter Meet	AUT Millennium, Auckland	18 <sup>th</sup> August 2013
Discus (1.75kg)	67.40m	Connor Bell	North Harbour Bays	Athletics NZ Championships	Nga Puna Wai, Christchurch	6 <sup>th</sup> March 2020
Hammer (6.00kg)	73.41m	Matthew Bloxham	North Harbour Bays	NZ Hammer Festival	Caledonian Stadium, Dunedin	8 <sup>th</sup> December 2015
Javelin (800g)	62.42m	Simon Bryan				9 <sup>th</sup> April 1988
Decathlon	7807	Jordan Vandermade		IAAF World U20 Championships	Beijing, China	15 <sup>th</sup> August 2006
Octathlon	6379	Jordan Vandermade		Combined Events Festival	Ericsson Stadium, Auckland	23 <sup>rd</sup> April 2005
Pentathlon	3303	Matthew Aucamp	Pakuranga	McKinnon Shield 2	Herb Towers Track, Auckland	26 <sup>th</sup> October 2019
4x100m	41.75	Carter, Verryt, Potter, Cunningham	Auckland Team	Athletics NZ Championships	Cooks Gardens, Wanganui	7 <sup>th</sup> March 1998
4x400m	3:14.60		Auckland Team	Athletics NZ Championships	Newtown Park, Wellington	8 <sup>th</sup> March 1987
3000m RW	12:31.80	Gregory Cross				24 <sup>th</sup> November 1990
5000m RW	21:45.01	Nelson McCutchen	Race Walking Auckland	Queensland Championships	QSAC, Brisbane	22 <sup>nd</sup> March 2018
10000m RW	43:52.58	Tony Sargisson	North Harbour Bays		Sovereign Stadium, North Harbour	11 <sup>th</sup> February 1995
20000m RW	-					

<b>Athletics Auckland Records</b>	<b>U20 Women</b>
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Event	Result	Athlete	Club	Competition	Venue	Date
60m	7.62 (-1.7)	April Brough	North Harbour Bays	Auckland Senior Hotmeet	Massey Park, Papakura	15 <sup>th</sup> March 2003
100m	11.66 (+0.6)	Kim Robertson	Waitakere	NZ Schools Championships	QEII Stadium, Christchurch	9 <sup>th</sup> December 1973

200m	23.69 (-0.3)	Andrea Koenen	Waitakere	Gold Coast Winter Series	Griffith University, Gold Coast	20 <sup>th</sup> June 2009
400m	54.95	Olivia Haddon			Newtown Park, Wellington	7 <sup>th</sup> March 1993
800m	2:04.63	Helen Hawley			Newtown Park, Wellington	6 <sup>th</sup> March 1987
1500m	4:11.19	Olivia Burdon	ACA	Sumpton Twilight	Portland, USA	16 <sup>th</sup> June 2017
1 mile	4:36.6	Linden Wilde			Auckland	26 <sup>th</sup> January 1980
3000m	9:03.84	Katrina Robinson	ACA	Sydney Track Classic	SOPAC, Sydney	17 <sup>th</sup> March 2018
3000m Steeplechase	9:57.74	Rebecca Forlong		Australian Championships	Olympic Park, Melbourne	20 <sup>th</sup> January 2006
5000m	15:50.15	Olivia Burden	ACA	NCAA Division 1 Championships	Eugene, USA	10 <sup>th</sup> June 2017
10000m	33:18.36	Danielle Trevis	North Harbour Bays	Athletics NZ Championships	Tauranga Domain, Tauranga	4 <sup>th</sup> January 2011
100m Hurdles (0.838m)	13.77 (-0.2)	Andrea Miller	Pakuranga		Santiago	17 <sup>th</sup> October 2000
400m Hurdles (0.762m)	58.95	Janine Robson		Commonwealth Games	QEII Stadium, Brisbane	21 <sup>st</sup> March 1982
High Jump	1.86m	Elizabeth Lamb	Waitakere	Auckland Championships	Herb Towers Track, Auckland	26 <sup>th</sup> February 2011
Pole Vault	4.64m	Eliza McCartney	North Harbour Bays	Auckland Summer Series 7	Herb Towers Track, Auckland	19 <sup>th</sup> December 2015
Long Jump	6.23m	Bev Weigel			Sarawai Park, Auckland	9 <sup>th</sup> February 1957
Triple Jump	12.77m (+1.5)	Nneka Okpala	Pakuranga	Athletics NZ Championships	Herb Towers Track, Auckland	30 <sup>th</sup> March 2008
Shot Put (4.00kg)	18.96m	Valerie Adams			SOPAC, Sydney	29 <sup>th</sup> February 2004
Discus (1.00kg)	57.94m	Beatrice Faumuina	Waitakere		Ericsson Stadium, Auckland	22 <sup>nd</sup> January 1994
Hammer (4.00kg)	61.70m	Ayla Gill	Takapuna	TCU Invitational	Fort Worth, Texas	19 <sup>th</sup> March 2011
Javelin (600g)	49.50m	Andrea McBride		Australian Championships	SOPAC, Sydney	27 <sup>th</sup> February 2000
Heptathlon	5653	Portia Bing	North Harbour Bays	IAAF World U20 Championships	Barcelona, Spain	11 <sup>th</sup> & 12 <sup>th</sup> July 2012
45 minute Heptathlon	4037	Alexandra Hyland	ACA	Auckland Senior Meet	Herb Towers Track, Auckland	14 <sup>th</sup> October 2017
Pentathlon	3072	Brianna Cadwallader	North Harbour Bays	McKinnon Shield 2	Herb Towers Track, Auckland	26 <sup>th</sup> October 2019
4x100m	47.23	Fleming, Robson, Gimblett, Wade	Auckland Team	Athletics NZ U20 Championships	Porritt Stadium, Hamilton	9 <sup>th</sup> March 1979



4x400m	3:49.95	Blincoe, Robson, Wilde, Braybrooke	Auckland Team	Athletics NZ U20 Championships	Porritt Stadium, Hamilton	9 <sup>th</sup> March 1979
3000m RW	14:56.33	Carma Watson	Bays			14 <sup>th</sup> February 1998
5000m RW	27:19.03	Carma Watson	Bays	Athletics NZ Championships	Cooks Gardens, Wanganui	8 <sup>th</sup> March 1998
10km RW	64:55.54	Antonia Martin	Bays	McKinnon Shield 2	Herb Towers Track, Auckland	26 <sup>th</sup> October 2019

<b>Athletics Auckland Records</b>	<b>U18 Men</b>
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Event	Result	Athlete	Club	Competition	Venue	Date
60m	6.95 (+0.7)	Hamish Gill	North Harbour Bays	Auckland Summer Series 3	Herb Towers Track, Auckland	8 <sup>th</sup> November 2014
100m	10.74 (1.6)	Dalton Coppins	ACA	AWBOP Centre Meet	Porritt Stadium, Hamilton	3 <sup>rd</sup> November 2012
200m	21.16 (+1.6)	Cameron Taylor	Waitakere		QEII Stadium, Christchurch	18 <sup>th</sup> February 1989
400m	47.36	Fraser Wicks	North Harbour Bays	Athletics NZ Championships	Newtown Park, Wellington	28 <sup>th</sup> March 2009
800m	1:51.19	James Harding	Papakura	Porritt Classic	Porritt Stadium, Hamilton	15 <sup>th</sup> February 2020
1500m	3:48.66	Mathew Mildenhall	ACA	Australian U23 Championships	Adelaide	4 <sup>th</sup> April 2006
1 mile	4:14.13	Mathew Mildenhall	ACA	John Walker Night of Miles	Ericsson Stadium, Auckland	23 <sup>rd</sup> February 2005
3000m	8:20.01	James Uhlenberg	ACA	NZ Schools Championships	Douglas Track & Field, Waitakere	3 <sup>rd</sup> December 2016
2000m Steeplechase (0.838m)	6:19.79	Luke Clements	Papakura	McKinnon Shield 1	Herb Towers Track, Auckland	31 <sup>st</sup> October 2020
2000m Steeplechase (0.914m)	5:55.05	Murdoch McIntyre	North Harbour Bays	Youth Olympics Games	Buenos Aires, Argentina	12 <sup>th</sup> October 2018
5000m	14:04.4	Geoffrey Shaw	Calliope	Auckland Championships		10 <sup>th</sup> February 1975
10000m	31:13.63	Murdoch McIntyre	North Harbour Bays	ACA Interclub meet	Herb Towers Track, Auckland	12 <sup>th</sup> December 2018
110m Hurdles (0.914m)	13.44 (+0.1)	Joshua Hawkins	Ellerslie	IAAF World U18 Championships	Lille, France	8 <sup>th</sup> July 2011
300m Hurdles (0.838m)	37.27	Oliver Miller	Pt Chevalier	NZ Schools Championships	Douglas Track & Field, Waitakere	4 <sup>th</sup> December 2016
High Jump	2.06m	Jayden Williamson	North Harbour Bays	McKinnon Shield 4	Herb Towers Track, Auckland	17 <sup>th</sup> November 2019
Pole Vault	5.00m	Nick Southgate	North Harbour Bays	Athletics NZ Championships	Douglas Track & Field, Waitakere	25 <sup>th</sup> March 2012



Long Jump	7.25m (0.0)	Hamish Gill	North Harbour Bays	Australian Championships	SOPAC, Sydney	13 <sup>th</sup> March 2014
Triple Jump	15.16m	Nigel Avery	Bays		Mt Smart Stadium, Auckland	30 <sup>th</sup> March 1985
Shot Put (5.00kg)	24.45m	Jacko Gill	Takapuna		Sovereign Stadium, North Harbour	19 <sup>th</sup> December 2011
Discus (1.50kg)	69.23m	Connor Bell	North Harbour Bays	Sam Johnston Throws Meet	Porritt Stadium, Hamilton	18 <sup>th</sup> November 2018
Hammer (5.00kg)	79.74m	Matthew Bloxham	North Harbour Bays	Auckland Summer Series 5	AUT Millennium Stadium, Auckland	30 <sup>th</sup> November 2011
Javelin (700g)	63.31m	Taylor Matthews	Waitakere	NZ Schools Championships	Caledonian Stadium, Dunedin	9 <sup>th</sup> December 2012
Decathlon	5079	Matthew Aucamp	Pakuranga	Auckland Senior Meet	Herb Towers Track, Auckland	14 <sup>th</sup> October 2017
1hr Decathlon	5079	Matthew Aucamp	Pakuranga	Auckland Senior Meet	Herb Towers Track, Auckland	14 <sup>th</sup> October 2017
Octathlon	6234	Jordan Vandermade		IAAF World U18 Championships	Sherbrooke, Canada	12 <sup>th</sup> & 13 <sup>th</sup> June 2003
Pentathlon	2910	Tom Moloney	ACA	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 <sup>th</sup> October 2020
4x100m	42.23	Dominic Overend, George Kozlov, TJ Paea, James Guthrie-Croft	Auckland Team	Athletics NZ Championships	Porritt Stadium, Hamilton	18 <sup>th</sup> March 2017
4x100m	46.15	Max Van Der Westhuizen, Lex Revell-Lewis, Troy Middleton, Daymon Shute	Waitakere	Auckland Championships	Herb Towers Track, Auckland	30 <sup>th</sup> November 2019
4x400m	3:23.37	Bailey Stewart, Michael Dawson, Vaughan, Boyhan	Auckland Team	Athletics NZ Championships	Herb Towers Track, Auckland	24 <sup>th</sup> March 2013
3000m RW	12:51.55	Nelson McCutcheon	Race Walking Auckland	Athletics NZ Championships	Nga Puna Wai, Christchurch	8 <sup>th</sup> March 2019
5000m RW	21:45.01	Nelson McCutcheon	Race Walking Auckland	Queensland Championships	QSAC, Brisbane	22 <sup>nd</sup> March 2018
10000m RW	46:16.01	Nelson McCutcheon	Race Walking Auckland	Athletics NZ Championships	Nga Puna Wai, Christchurch	10 <sup>th</sup> March 2019



**Athletics Auckland Records**
**U18 Women**

Event	Result	Athlete	Club	Competition	Venue	Date
60m	7.70 (-0.4)	Nadia Evans	North Harbour Bays	McKinnon Shield 3	Herb Towers Track, Auckland	2 <sup>nd</sup> November 2019
100m	11.66 (+0.6)	Kim Robertson	Waitakere	NZ Schools Championships	QEII Stadium, Christchurch	9 <sup>th</sup> December 1973
200m	24.03 (+1.8)	April Brough	North Harbour Bays	Northern League	Massey Park, Papakura	16 <sup>th</sup> December 2000
400m	55.60	Louise Jones	Counties Manukau	Athletics NZ Championships	QEII Stadium, Christchurch	12 <sup>th</sup> March 2000
800m	2:08.74	Olivia Burdon	ACA	Queensland Winter Series 6	QSAC, Brisbane	28 <sup>th</sup> June 2015
1500m	4:14.05	Katrina Robinson	ACA	Australia National Championships	SOPAC, Sydney	17 <sup>th</sup> March 2018
1 mile	4:43.31	Olivia Burdon	ACA	UQ 1500m Classic	UQ Athletics Stadium, Brisbane	6 <sup>th</sup> November 2014
3000m	9:03.84	Katrina Robinson	ACA	Sydney Track Classic	SOPAC, Sydney	17 <sup>th</sup> March 2018
2000m Steeplechase (0.762m)	6:48.04	Caitlin McQuilkin-Bell	University	Australian Schools Championships	Athletics South Australia Stadium	
5000m	16:06.01	Katrina Robinson	ACA	Queensland Athletics 5000m Championships	QSAC, Brisbane	18 <sup>th</sup> November 2017
10000m	38:51.77	Casey Mitchell	Pukekohe	Auckland Championships	Herb Towers Track, Auckland	24 <sup>th</sup> January 2007
100m Hurdles (0.762m)	13.61 (+0.9)	Madison Gipson	North Harbour Bays	Australian Championships	SOPAC, Sydney	16 <sup>th</sup> March 2012
300m Hurdles (0.762m)	42.51	Veronica van Dijck	Bays		Porritt Stadium, Hamilton	28 <sup>th</sup> February 1999
High Jump	1.85m	Elizabeth Lamb	Waitakere	NZ Championships	Newtown Park, Wellington	28 <sup>th</sup> March 2009
Pole Vault	4.45m	Eliza McCartney	North Harbour Bays	IAAF World U20 Championships	Eugene, USA	25 <sup>th</sup> July 2014
Long Jump	6.23m	Bev Weigel			Sarawai Park, Auckland	9 <sup>th</sup> February 1957
Triple Jump	12.43m (+1.3)	Nneka Okpala	Pakuranga	IAAF World U18 Championships	Marrakesh, Morocco	13 <sup>th</sup> July 2005
Shot Put (3.00kg)	16.74m	Kaia Tupu South	North Harbour Bays	Bays Winter Throws 1	AUT Millennium	25 <sup>th</sup> May 2019
Shot Put (4.00kg)	18.40m	Valerie Adams	ACA		Madrid, Spain	21 <sup>st</sup> September 2002
Discus (1.00kg)	54.34m	Valerie Adams	ACA		Auckland	2 <sup>nd</sup> February 2002
Hammer (3.00kg)	58.66m	Mellata Tatola	Bays	Bays Spring Series	AUT Millennium, Auckland	8 <sup>th</sup> October 2016



Javelin (500g)	48.95m	Tanya Murray	Manurewa	NZ Schools Championships	Mitre 10 Sports Park, Hastings	1 <sup>st</sup> December 2017
Javelin (600g)	49.50m	Andrea McBride		Australian Championships	SOPAC, Sydney	27 <sup>th</sup> February 2000
Heptathlon	4947	Portia Bing	North Harbour Bays	Northern Region Combined Events Championships	Herb Towers Track, Auckland	29 <sup>th</sup> & 30 <sup>th</sup> January 2010
45-minute Heptathlon	4081	Zoe Taylor	Waitakere	Auckland Senior Meet	Herb Towers Track, Auckland	14 <sup>th</sup> October 2017
Pentathlon	2482	Arwen Solomn	Pakuranga	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 <sup>th</sup> October 2020
4x100m	47.65	Sophie Williams, Marielle Venida, Zayyaan Smith, Nadia Evans	Auckland Team	Athletics NZ Championships	Nga Puna Wai, Christchurch	8 <sup>th</sup> March 2020
4x100m	50.34	Ava Duggan, Jorien Fourie, Marolene Bassoon, Natasha Smith	Pakuranga	Auckland Championships	Herb Towers Track, Auckland	30 <sup>th</sup> November 2019
4x400m	3:52.65	Megan Kikuchi, Jamie Kolose, Celine Pearn, Lucy Jacobs	Auckland Team	Athletics NZ Championships	Herb Towers Track, Auckland	24 <sup>th</sup> March 2013
3000m RW	15:06.25	Michelle Lynch			Porritt Stadium, Hamilton	5 <sup>th</sup> March 1994
5000m RW	-					
10000m RW	64:55.54	Antonia Marin	North Harbour Bays	McKinnon Shield 2	Herb Towers Track, Auckland	26 <sup>th</sup> October 2019

<b>Athletics Auckland Records</b>	<b>U16 Men</b>
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Event	Result	Athlete	Club	Competition	Venue	Date
60m	7.41 (+0.4)	Jack Sadler	North Harbour Bays	McKinnon Shield 1	Herb Towers Track, Auckland	31 <sup>st</sup> October 2020
100m	11.11 (+0.7)	Dominic Overend	Waitakere	Auckland Senior Meet	Douglas Track & Field Stadium, Auckland	28 <sup>th</sup> November 2017
200m	22.87 (-0.7)	Liam McKellar	North Harbour Bays	Waikato BOP Open Meet	Porritt Stadium, Hamilton	7 <sup>th</sup> November 2020
400m	51.57	Lex Revell-Lewis	Waitakere	NZ Schools Championships	Newton Par, Wellington	7 <sup>th</sup> December 2019
800m	1:56.44	James Ford	Takapuna	McKinnon Shield 12	Herb Towers Track, Auckland	21 <sup>st</sup> March 2020



1500m	4:03.24	Zane Powell	Pakuranga	North Island Schools Championships	Tauranga Domain	7 <sup>th</sup> April 2019
1 mile						
3000m	8:40.06	Zane Powell	Pakuranga	North Island Schools Championships	Tauranga Domain	6 <sup>th</sup> April 2019
2000m Steeplechase (0.762m)	6:14.90	Zane Powell	Pakuranga	NZ Schools Championships	Caledonian Ground, Dunedin	2 <sup>nd</sup> December 2019
80m Hurdles (0.762m)	11.90 (+1.6)	Tom Christie	Lynndale	Auckland Senior Meet	Herb Towers Track, Auckland	23 <sup>rd</sup> February 2019
100m Hurdles (0.838m)	13.13 (+1.5)	Tom Christie	Lynndale	McKinnon Shield 1	Herb Towers Track, Auckland	31 <sup>st</sup> October 2020
110m Hurdles (0.838m)	15.23 (-3.1)	Daniel Parkes	Pakuranga	Auckland Championships	Herb Towers Track, Auckland	6 <sup>th</sup> February 2016
300m Hurdles (0.762m)	38.61	Zachary Saunders		North Island Schools Championships	Tauranga Domain	7 <sup>th</sup> April 2019
High Jump	1.96m	Jayden Williamson	North Harbour Bays	Dick Quax Memorial	Yvette Williams Track, Pakuranga	10 <sup>th</sup> November 2018
Pole Vault	-					
Long Jump	6.24m (+1.6)	Jamie Chambers-Steward	Roskill South	Auckland Senior Meet	AUT Millennium Stadium, Auckland	24 <sup>th</sup> November 2018
Triple Jump	12.87m (+0.5)	Kaelan Paranihi	Pukekohe	U18 Interregionals	Porritt Stadium, Hamilton	25 <sup>th</sup> January 2020
Shot Put (4.00kg)	16.55m	Blessing Sefo	Avondale	McKinnon Shield	Herb Towers Track, Auckland	22 <sup>nd</sup> January 2020
Shot Put (5.00kg)	15.24m	Blessing Sefo	Avondale	McKinnon Shield 12	Herb Towers Track, Auckland	21 <sup>st</sup> March 2020
Discus (1.25kg)	59.92m	Percy Maka	WETA	McKinnon Shield 6	Herb Towers Track, Auckland	30 <sup>th</sup> November 2019
Discus (1.50kg)	49.25m	Connor Bell	North Harbour Bays	Auckland Championships	Herb Towers Track, Auckland	6 <sup>th</sup> February 2016
Hammer (4.00kg)	53.38m	Jayden Williamson	North Harbour Bays	Auckland Senior Meet	Herb Towers Track, Auckland	3 <sup>rd</sup> March 2018
Hammer (5.00kg)	32.99m	Jayden Williamson	North Harbour Bays	Auckland Championships	Herb Towers Track, Auckland	5 <sup>th</sup> March 2017
Javelin (600g)	34.45m	Daniel Shaw	North Harbour Bays	McKinnon Shield 6	Herb Towers Track, Auckland	30 <sup>th</sup> November 2019
Javelin (700g)	51.05m	Jermaine Malaga	Manurewa	Auckland Championships	AUT Millennium Stadium, Auckland	21 <sup>st</sup> February 2015
Decathlon	-					
Octathlon	-					
Heptathlon	1902	Jack Whitcombe	Lynndale	Auckland Championships	Herb Towers Track, Auckland	14 <sup>th</sup> & 15 <sup>th</sup> December 2019
Pentathlon	2161	Brayden Dissmeyer	Papakura	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 <sup>th</sup> October 2020
4x100m	-					
4x400m	-					
2000m RW	11:45.98	Quinn Gardiner-Hall	Waiuku	Dick Quax Memorial	Yvette Williams Track, Auckland	9 <sup>th</sup> November 2019



3000m RW	15:23.98	Quinn Gardiner-Hall	Waiuku	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 <sup>th</sup> October 2020
5000m RW	-					

<b>Athletics Auckland Records</b>	<b>U16 Women</b>
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Event	Result	Athlete	Club	Competition	Venue	Date
60m	7.70 (-0.4)	Nadia Evans	North Harbour Bays	McKinnon Shield 3	Herb Towers Track, Auckland	2 <sup>nd</sup> November 2019
100m	12.06 (+0.2)	Nadia Evans	North Harbour Bays	McKinnon Shield 3	Herb Towers Track, Auckland	2 <sup>nd</sup> November 2019
200m	24.70 (+0.6)	Nadia Evans	North Harbour Bays	College Sport North Harbour Zone	AUT Millennium, Auckland	11 <sup>th</sup> March 2020
400m	58.05	Amelie Fairclough	Waitakere	McKinnon Shield 1	Herb Towers Track, Auckland	31 <sup>st</sup> October 2020
800m	2:18.39	Julia Giurgiu	Takapuna	Auckland Championships	AUT Millennium Stadium, Auckland	21 <sup>st</sup> February 2015
1500m	4:45.34	Julia Giurgiu	Takapuna	Auckland Championships	AUT Millennium Stadium, Auckland	21 <sup>st</sup> February 2015
1 mile	5:10.64	Peyton Leigh	ACA	Auckland Championships	Herb Towers Track. Mt Smart	8 <sup>th</sup> December 2018
3000m	10:03.15	Isabella Richardson	ACA	Auckland Senior Meet	Herb Towers Track, Auckland	17 <sup>th</sup> November 2018
2000m Steeplechase (0.762m)	7:28.59	Amy Hurly	North Harbour Bays	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 <sup>th</sup> October 2020
80m Hurdles (0.762m)	12.08 (+1.3)	Talia van Rooyen	North Harbour Bays	McKinnon Shield 1	Herb Towers Track, Auckland	31 <sup>st</sup> October 2020
300m Hurdles (0.762m)	45.17	Samadiana Fariz	Pakuranga	Auckland Senior Meet	Herb Towers Track, Auckland	17 <sup>th</sup> November 2018
High Jump	1.68m	Amelia de Lautour	Papakura	North Island Schools Championships	Tauranga Domain	7 <sup>th</sup> April 2019
Pole Vault	3.60m	Imogen Ayris	North Harbour Bays	Auckland Championships	AUT Millennium Stadium, Auckland	21 <sup>st</sup> February 2015
Long Jump	5.72m (+2.0)	Zayyaan Smith	Waitakere	McKinnon Shield 10	Herb Towers Track, Auckland	29 <sup>th</sup> February 2020
Triple Jump	11.80m (+1.8)	Lisa Putt	Papakura	Auckland Championships	Herb Towers Track, Auckland	5 <sup>th</sup> March 2017



Shot Put (3.00kg)	14.22m	Natalia Rankin-Chi Tar	Papatoetoe	McKinnon Shield 5	Herb Towers Track, Auckland	23 <sup>rd</sup> November 2019
Discus (1.00kg)	45.11m	Natalia Rankin-Chi Tar	Papatoetoe	McKinnon Shield 6	Herb Towers Track, Auckland	30 <sup>th</sup> November 2019
Hammer (3.00kg)	47.37m	Nadja Kumerich	North Harbour Bays	Bays Throws Spring Series 2	AUT Millennium Stadium	17 <sup>th</sup> October 2020
Javelin (500g)	42.10m	Tanya Murray	Manurewa	Auckland Championships	Herb Towers Track, Auckland	6 <sup>th</sup> February 2016
Heptathlon	3462	Brianna Tirado	North Harbour Bays	Auckland Championships	Herb Towers Track, Auckland	14 <sup>th</sup> & 15 December 2019
Pentathlon	2913	Jade Nomani	Papakura	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 <sup>th</sup> October 2020
4x100m	-					
4x400m	-					
2000m RW	11:08.52	Taylor Bell	Racewalking Auckland	Auckland Senior Meet	Herb Towers Track, Auckland	24 <sup>th</sup> November 2018
3000m RW	18.29.13	Alana Mathews	Race Walking Auckland	McKinnon Shield 1	Herb Towers Track, Auckland	31 <sup>st</sup> October 2020
5000m RW	-					

**Athletics Auckland Standards** U14 Men

Event	Result	Athlete	Club	Competition	Venue	Date
60m	8.66 (+1.5)	Oliver Gregory	Pt Chevalier	McKinnon Shield 1	Herb Towers Track, Auckland	31 <sup>st</sup> October 2020
100m	12.45 (-1.5)	TJ Anae-Paila	Waitakere	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 <sup>th</sup> October 2020
200m	26.09 (-1.6)	TJ Anae-Paila	Waitakere	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 <sup>th</sup> October 2020
400m	1:00.85	Alex Hardy	Waitakere	McKinnon Shield 1	Herb Towers Track, Auckland	31 <sup>st</sup> October 2020
800m	2:23.11	Alex Hardy	Waitakere	McKinnon Shield Pre-Season 2	Herb Towers Track, Auckland	17 <sup>th</sup> October 2020
1500m	5:12.94	Jack Haslip	Papakura	McKinnon Shield Pre-Season 1	Herb Towers Track, Auckland	10 <sup>th</sup> October 2020
1 mile						
3000m						
2000m Steeplechase (0.762m)	6:43.70		Pt Chevalier	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 <sup>th</sup> October 2020
80m Hurdles (0.762m)	12.81 (+1.1)	Christofell Greyling	Pakuranga	McKinnon Shield 1	Herb Towers Track, Auckland	31 <sup>st</sup> October 2020

200m Hurdles (0.686m)						
High Jump	1.61m	Benjamin Langley	Ellerslie	McKinnon Shield Pre-Season 2	Herb Towers Track, Auckland	17 <sup>th</sup> October 2020
Pole Vault						
Long Jump	3.95 (+1.7)	Brook Yu	Lynndale	McKinnon Shield 1	Herb Towers Track, Auckland	31 <sup>st</sup> October 2020
Triple Jump	10.02m (+1.4)	Benjamin Langley	Ellerslie	McKinnon Shield Pre-Season 2	Herb Towers Track, Auckland	17 <sup>th</sup> October 2020
Shot Put (4.00kg)	8.80m	Alex Hardy	Waitakere	McKinnon Shield Pre-Season 1	Herb Towers Track, Auckland	10 <sup>th</sup> October 2020
Discus (1.00kg)	45.87m	Troy Maka	WETA	McKinnon Shield 1	Herb Towers Track, Auckland	31 <sup>st</sup> October 2020
Hammer (4.00kg)						
Javelin (600g)	21.72m	Alex Hardy	Waitakere	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 <sup>th</sup> October 2020
Heptathlon						
Pentathlon	2056	Benjamin Langley	Ellerslie	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 <sup>th</sup> October 2020
4x100m						
4x400m						
2000m RW						
3000m RW	18:19.74	Richie Trathen	Pakuranga	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 <sup>th</sup> October 2020

**Athletics Auckland Standards U14 Women**

Event	Result	Athlete	Club	Competition	Venue	Date
60m	8.48 (-0.9)	Sienna Moyle	Eastern	McKinnon Shield 1	Herb Towers Track, Auckland	31 <sup>st</sup> October 2020
100m	13.51 (-0.5)	Jade Wilson	Pakuranga	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 <sup>th</sup> October 2020
200m	28.10 (+).2)	Jade Wilson	Pakuranga	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 <sup>th</sup> October 2020
400m	1:04.33	Zara Ford	Takapuna	McKinnon Shield 1	Herb Towers Track, Auckland	31 <sup>st</sup> October 2020
800m	2:26.96	Imogen Barlow	Pakuranga	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 <sup>th</sup> October 2020
1500m	4:54.86	Imogen Barlow	Pakuranga	McKinnon Shield Pre-Season 1	Herb Towers Track, Auckland	10 <sup>th</sup> October 2020
1 mile						



3000m						
2000m Steeplechase (0.762m)	7:28.59	Amy Hurly	North Harbour Bays	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 <sup>th</sup> October 2020
80m Hurdles (0.762m)	13.09 (+1.3)	Avah Sila	Papakura	McKinnon Shield 1	Herb Towers Track, Auckland	31 <sup>st</sup> October 2020
200m Hurdles (0.686m)						
300m Hurdles (0.762m)	53.53	Avah Sila	Papakura	McKinnon Shield Pre-Season 1	Herb Towers Track, Auckland	10 <sup>th</sup> October 2020
High Jump	1.48m	Savannah Atoaga	Papatoetoe	McKinnon Shield Pre-Season 2	Herb Towers Track, Auckland	17 <sup>th</sup> October 2020
High Jump	1.48m	Avah Sila	Papakura	McKinnon Shield Pre-Season 2	Herb Towers Track, Auckland	17 <sup>th</sup> October 2020
Pole Vault						
Long Jump	4.57m	Jade Wilson	Pakuranga	McKinnon Shield 1	Herb Towers Track, Auckland	31 <sup>st</sup> October 2020
Triple Jump	7.97m (+1.2)	Ekaterina Perepelkina	North Harbour Bays	McKinnon Shield Pre-Season 2	Herb Towers Track, Auckland	17 <sup>th</sup> October 2020
Shot Put (3.00kg)	9.84m	Nora Caffery	Manurewa	McKinnon Shield Pre-Season 1	Herb Towers Track, Auckland	10 <sup>th</sup> October 2020
Discus (1.00kg)	37.00m	Karmen-Elizabeth Maritz	North Harbour Bays	Sam Johnson Throwers Meet	Porritt Stadium, Hamilton	8 <sup>th</sup> November 2020
Hammer (3.00kg)	21.45m	Nora Caffery	Manurewa	Sam Johnson Throwers Meet	Porritt Stadium, Hamilton	8 <sup>th</sup> November 2020
Javelin (500g)	30.18m	Karmen-Elizabeth Maritz	North Harbour Bays	Sam Johnson Throwers Meet	Porritt Stadium, Hamilton	8 <sup>th</sup> November 2020
Heptathlon						
Pentathlon	2749	Avah Sila	Papakura	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 <sup>th</sup> October 2020
4x100m						
4x400m						
2000m RW						
3000m RW	21:55.91	Yandri Fourie	Pakuranga	McKinnon Shield Pre-Season 1	Herb Towers Track, Auckland	10 <sup>th</sup> October 2020