

Athletics Auckland Records
Open Men

Event	Result	Athlete	Club	Competition	Venue	Date
60m	6.76 (-1.2)	Hamish Gill	North Harbour Bays	McKinnon Shield #5	Herb Towers Track, Auckland	23 rd November 2019
100m	10.11 (+1.3)	Augustine Nketia	North Harbour Bays		Victoria, Canada	20 th August 1994
200m	20.56	James Dolphin	North Harbour Bays	Sydney Track Classic	SOPAC, Sydney	12 th January 2008
400m	46.13	Callum Taylor	Waitakere		Cooks Gardens, Whanganui	7 th March 1998
800m	1:44.3	Peter Snell	Owairaka		Lancaster Park, Christchurch	3 rd February 1962
1500m	3:32.4	John Walker	Manurewa		Olso, Norway	30 th July 1975
1 mile	3:49.08	John Walker	Manurewa		Olso, Norway	7 th July 1982
3000m	7:37.49	John Walker	Manurewa		London	17 th July 1982
3000m Steeplechase	8:38.0	Bryan Bothwell			Walnut	4 th April 1998
5000m	13:10:19	Adrian Blincoe	North Harbour Bays	Heusden	Belgium	20 th July 2008
10000m	27:41.95	Dick Quax			London	9 th September 1977
110m Hurdles	13.69 (+1.7)	Joshua Hawkins	Ellerslie	Sydney Track Classic	SOPAC, Sydney	23 rd February 2019
	13.69 (+1.5)	Joshua Hawkins	Ellerslie	Australian Championships	QSAC, Brisbane	29 th March 2015
400m Hurdles	49.90	Nic O'Brien		NCAA Championships	Connecticut, USA	4 th May 2003
High Jump	2.24m	Roger Te Puni			Mt Smart Stadium, Auckland	24 th February 1990
Pole Vault	5.51m	Paul Gibbons	North Harbour Bays		North Shore, Auckland	25 th January 1992
	5.51m	Paul Gibbons	North Harbour Bays		Blackburn, England	7 th July 1997
Long Jump	7.99m (+1.7)	Aaron Langdon		Robin Tait Classic	North Shore, Auckland	2 nd February 1998
Triple Jump	16.22m	Phil Wood			Edmonton, Canada	2 nd July 1978
Shot Put	21.47m	Jacko Gill	Takapuna	GP Usti nad Laben	Czech Republic	
Discus	65.05m	Ian Winchester	Counties Manukau		California, USA	21 st May 2002
Hammer	73.10m	Angus Cooper			Porritt Stadium, Hamilton	23 rd January 1994
Javelin	88.20m	Gavin Lovegrove	North Harbour Bays		Oslo, Norway	5 th July 1996
Pentathlon	3400	Matthew Acucamp	Pakuranga	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 th October 2020
Decathlon	8366	Simon Poleman	North Harbour Bays		Christchurch	22 nd March 1987
4x100m	39.46	Van der Sepck, Bearda, Mortimer, Dolphin	Auckland Team	Sydney Track Classic	SOPAC, Sydney	28 th February 2009
4x400m	3:10.59	Semiti, Armstrong, Pirini, Wilson	Auckland Team	NZ Championships	Ericsson Stadium, Auckland	3 rd March 1996
3000m RW	11:35.76	Scott Nelson	Waitakere			1995
5000m RW	19:21.26	Scott Nelson	Waitakere		Christchurch	8 th March 1997
10000m RW	43:43.58	Tony Sargisson	North Harbour Bays		North Shore, Auckland	11 th February 1995
20000m RW						



20km RW	1:22:21	Scott Nelson	Waitakere		Melbourne	31st March 1996
50km RW	3:58.05	Tony Sargisson	North Harbour Bays	Commonwealth Games	Melbourne	26 th March 2006

Athletics Auckland Records	Open Women
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Event	Result	Athlete	Club	Competition	Venue	Date
60m	7.37 (+1.9)	Rochelle Coster	Pakuranga	Auckland Summer Series 7	Herb Towers Track, Auckland	22 nd February 2014
100m	11.37 (+1.0)	Zoe Hobbs	North Harbour Bays	Potts Classic	Mitre 10 Sports Park, Hastings	26 th January 2019
200m	22.90 (+0.5)	Monique Williams	North Harbour Bays	IAAF World Championships	Berlin, Germany	20 th August 2009
400m	51.60	Kim Robertson	Waitakere		QE II Stadium, Christchurch	19 th January 1980
800m	1:58.25	Toni Hodgkinson	North Harbour Bays	Olympic Games	Atlanta, USA	27 th July 1996
1500m	4:04.82	Nikki Hamblin	North Harbour Bays	European Premium Meeting	Barcelona, Spain	22 nd July 2011
1 mile	4:30.50	Christine Pfitzinger	North Harbour Bays		Oregon, USA	6 th July 1987
3000m	8:29.52	Kimberley Smith	Counties Manukau	Herculis	Monaco	25 th July 2007
3000m Steeplechase	9:57.74	Rebecca Forlong		Australian Championships	Olympic Park, Melbourne	20 th January 2006
5000m	14:45.93	Kimberley Smith	Counties Manukau	Golden Gala	Rome, Italy	11 th July 2008
10000m	30:35.54	Kimberley Smith	Counties Manukau	Cardinal Invitational	California, USA	5 th April 2008
100m Hurdles	13.10 (+0.8)	Rochelle Coster	Pakuranga	Australian Championships	SOPAC, Sydney	3 rd April 2016
400m Hurdles	55.49	Portia Bing	North Harbour Bays	WA World Championships	Khalifa Stadium, Doha	1 st October 2019
High Jump	1.91m	Sarah Cowley	North Harbour Bays	IAAF Combined Events	Gotzis, Austria	26 th May 2012
Pole Vault	4.94m	Eliza McCartney	North Harbour Bays	Jockgrim	Germany	18 th July 2018
Long Jump	6.68m (+1.0)	Chantel Brunner	Counties Manukau	Australian Championships	Olympic Park, Melbourne	1 st March 1997
	6.68m (-0.7)	Chantel Brunner	Counties Manukau	Australian Championships	ANZ Stadium, Brisbane	20 th March 2001
Triple Jump	13.91m (+0.0)	Nneka Okpala	Pakuranga	Australian Championships	SOPAC, Sydney	2 nd April 2016
Shot Put	21.24m	Valerie Adams	Pakuranga	IAAF World Championships	Deagu, South Korea	29 th August 2011
Discus	68.52m	Beatrice Faumuina	Waitakere	IAAF Golden League	Oslo, Norway	4 th July 1997



Hammer	67.11m	Nicole Bradley	North Harbour Bays	Athletics WBOP Meet	Porritt Stadium, Hamilton	11 th January 2020
Javelin	55.26m	Stephanie Wrathall	North Harbour Bays	Athletics NZ Championships	Nga Puna Wai, Christchurch	9 th March 2019
Heptathlon	6216	Joanne Henry	Counties Manukau	Commonwealth Games	Kuala Lumpa	13 th & 14 th July 1998
Pentathlon	3244	Alexandra Hyland	ACA	McKinnon Shield 2	Herb Towers Track, Auckland	26 th October 2019
4x100m	45.34	Auckland Team		Athletics NZ Championships	Hastings	4 th March 1984
4x400m	3:34.62	Portia Bing, Brooke Cull, Zoe Ballantyne, Louise Jones	NZ Team	Commonwealth Games	Glasgow, Scotland	1 st August 2014
3000m RW	12:37.82	Alana Barber	Racewalking Auckland	Auckland Championships	Herb Towers Track, Mt Smart	6 th February 2017
	12:25.4	Anne Judkins			Sweden	1 st June 1992
5000m RW	20:59.7	Anne Judkins			Brunсло, Sweden	1 st July 1992
10000m RW	43:01.0	Anne Judkins			Ornskoldsvik, Sweden	4 th July 1992
20km RW	1:31:32	Alana Barber	Racewalking Auckland	IAAF Race Walking Team Championships	Taicang, China	5 th May 2018

Athletics Auckland Indoor Records *Open Men*

Event	Result	Athlete	Club	Competition	Venue	Date
60m	6.59	Augustine Nketia	North Harbour Bays	Barcelona Indoor	Spain	10 th March 1995
400m	47.62	Bailey Stewart	Pakuranga		Birmingham, USA	28 th February 2016
1000m	2:20.86	John Walker	Manurewa		East Rutherford, USA	8 th March 1986
Pole Vault	5.25m	Nicholas Southgate	North Harbour Bays		Jamor, POR	21 st May 2016
Triple Jump	15.28m	John Delamere			Pocatello, USA	5 th December 1970
Heptathlon	5819	Aaron Booth	Waitakere		Fayetteville, USA	26 th January 2019

Athletics Auckland Indoor Records *Open Women*

Event	Result	Athlete	Club	Competition	Venue	Date
60m	7.43	Kim Robertson	Waitakere		Paris, France	19 th January 1985
60m Hurdles	8.61	Carmel Corbett	Waitakere		Ann Arbour, USA	25 th February 1995
200m	23.69	Kim Robertson	Waitakere		Paris, France	15 th January 1985



400m	55.32	Kim Robertson	Waitakere		Osaka, Japan	15 th January 1986
800m	2:00.36	Toni Hodgkinson	North Harbour Bays		Paris, France	9 th March 1997
1000m	2:36.96	Toni Hodgkinson	North Harbour Bays		Boston, USA	6 th February 2000
1 Mile	4:24.14	Kimberley Smith	Counties Manukau		Boston, USA	8 th February 2008
3000m	8:38.14	Kimberley Smith	Counties Manukau		Boston, USA	27 th January 2007
5000m	14:39.89	Kimberley Smith	Counties Manukau	NYU Fasttrack	Armoy, New York	27 th February 2009
Pole Vault	4.75m	Eliza McCartney	North Harbour Bays	World Athletics Indoor Championships	Birmingham, GBR	3 rd March 2018
Long Jump	6.34m	Chantel Brunner	Counties Manukau		Paris, France	8 th March 1997
Shot Put	20.98m	Valerie Adams	Pakuranga		Zurich, SUI	28 th August 2013
Pentathlon	4148	Carmel Corbett	Waitakere		West Lafayette, USA	25 th February 1994

Athletics Auckland Archived Records

Event	Result	Athlete	Club	Competition	Venue	Date
Javelin (old style)	90.58m	Mike O'Rourke			Mt Smart Stadium, Auckland	22 nd January 1988
Javelin (old style)	55.44m	Kirsten Hellier	Manurewa		Cooks Gardens, Wanganui	17 th January 1989

Athletics Auckland Records U20 Men

Event	Result	Athlete	Club	Competition	Venue	Date
60m	6.78 (+1.6)	Hamish Gill	North Harbour Bays	Auckland Summer Series 5	Herb Towers Track, Auckland	14 th November 2015
100m	10.30 (+0.1)	Edward Osei-Nketia	North Harbour Bays	Canberra Track Classic	AIS Canberra	28 th January 2019
200m	20.76 (-0.5)	Edward Osei-Nketia	North Harbour Bays	Canberra Track Classic	AIS Canberra	28 th January 2019
400m	46.67	Bailey Stewart	Pakuranga	NZ Schools Championships	Cooks Gardens, Wanganui	7 th December 2014
800m	1:49.61	Tom Osborne			Newtown Park, Wellington	11 th March 2003
1500m	3:39.84	Theo Quax	Pakuranga	Bryan Clay Invitational	AZUSA, USA	19 th April 2019
1 mile	4:03.32	Matthew Mildenhall	ACA	Mayoral Mile	Cooks Gardens, Wanganui	16 th February 2008
3000m	8:05.80	Geoffrey Shaw	Calliope	Tauranga Twilight	Tauranga	1 st January 1977
3000m Steeplechase	9:00.41	Bryan Bothwall		Australian Championships	SOPAC, Sydney	8 th March 1996
5000m	13:48.4	Geoffrey Shaw	Calliope		Mt Smart, Auckland	31 st January 1976



10000m	30:53.31	Jono Jackson	ACA	Athletics NZ Championships	Tauranga Domain, Tauranga	5 th January 2010
110m Hurdles (0.991m)	13.80 (+0.9)	Joshua Hawkins	Ellerslie	Auckland Championships	Herb Towers Track, Mt Smart	23 rd March 2013
400m Hurdles (0.914m)	53.37	Nic O'Brien			QEII Stadium, Christchurch	9 th March 1997
High Jump	2.16m	Kirk McNeely			QEII Stadium, Christchurch	7 th March 1986
Pole Vault	5.40m	Paul Gibbons	North Harbour Bays		QEII Stadium, Christchurch	31 st January 1991
Long Jump	7.55m (+0.3)	Jonathan Moyle			QEII Stadium, Christchurch	7 th March 1986
Triple Jump	15.86m (+1.9)	David Norris		Athletics NZ Championships	Palmerston North	7 th March 1959
Shot Put (6.00kg)	23.00m	Jacko Gill	Takapuna	Bays Winter Meet	AUT Millennium, Auckland	18 th August 2013
Discus (1.75kg)	67.40m	Connor Bell	North Harbour Bays	Athletics NZ Championships	Nga Puna Wai, Christchurch	6 th March 2020
Hammer (6.00kg)	73.41m	Matthew Bloxham	North Harbour Bays	NZ Hammer Festival	Caledonian Stadium, Dunedin	8 th December 2015
Javelin (800g)	62.42m	Simon Bryan				9 th April 1988
Decathlon	7807	Jordan Vandermade		IAAF World U20 Championships	Beijing, China	15 th August 2006
Octathlon	6379	Jordan Vandermade		Combined Events Festival	Ericsson Stadium, Auckland	23 rd April 2005
Pentathlon	3303	Matthew Aucamp	Pakuranga	McKinnon Shield 2	Herb Towers Track, Auckland	26 th October 2019
4x100m	41.75	Carter, Verryt, Potter, Cunningham	Auckland Team	Athletics NZ Championships	Cooks Gardens, Wanganui	7 th March 1998
4x400m	3:14.60		Auckland Team	Athletics NZ Championships	Newtown Park, Wellington	8 th March 1987
3000m RW	12:31.80	Gregory Cross				24 th November 1990
5000m RW	21:45.01	Nelson McCutchen	Race Walking Auckland	Queensland Championships	QSAC, Brisbane	22 nd March 2018
10000m RW	43:52.58	Tony Sargisson	North Harbour Bays		Sovereign Stadium, North Harbour	11 th February 1995
20000m RW	-					

Athletics Auckland Records	U20 Women
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Event	Result	Athlete	Club	Competition	Venue	Date
60m	7.62 (-1.7)	April Brough	North Harbour Bays	Auckland Senior Hotmeet	Massey Park, Papakura	15 th March 2003
100m	11.66 (+0.6)	Kim Robertson	Waitakere	NZ Schools Championships	QEII Stadium, Christchurch	9 th December 1973

200m	23.69 (-0.3)	Andrea Koenen	Waitakere	Gold Coast Winter Series	Griffith University, Gold Coast	20 th June 2009
400m	54.95	Olivia Haddon			Newtown Park, Wellington	7 th March 1993
800m	2:04.63	Helen Hawley			Newtown Park, Wellington	6 th March 1987
1500m	4:11.19	Olivia Burdon	ACA	Sumpton Twilight	Portland, USA	16 th June 2017
1 mile	4:36.6	Linden Wilde			Auckland	26 th January 1980
3000m	9:03.84	Katrina Robinson	ACA	Sydney Track Classic	SOPAC, Sydney	17 th March 2018
3000m Steeplechase	9:57.74	Rebecca Forlong		Australian Championships	Olympic Park, Melbourne	20 th January 2006
5000m	15:50.15	Olivia Burden	ACA	NCAA Division 1 Championships	Eugene, USA	10 th June 2017
10000m	33:18.36	Danielle Trevis	North Harbour Bays	Athletics NZ Championships	Tauranga Domain, Tauranga	4 th January 2011
100m Hurdles (0.838m)	13.77 (-0.2)	Andrea Miller	Pakuranga		Santiago	17 th October 2000
400m Hurdles (0.762m)	58.95	Janine Robson		Commonwealth Games	QEII Stadium, Brisbane	21 st March 1982
High Jump	1.86m	Elizabeth Lamb	Waitakere	Auckland Championships	Herb Towers Track, Auckland	26 th February 2011
Pole Vault	4.64m	Eliza McCartney	North Harbour Bays	Auckland Summer Series 7	Herb Towers Track, Auckland	19 th December 2015
Long Jump	6.23m	Bev Weigel			Sarawai Park, Auckland	9 th February 1957
Triple Jump	12.77m (+1.5)	Nneka Okpala	Pakuranga	Athletics NZ Championships	Herb Towers Track, Auckland	30 th March 2008
Shot Put (4.00kg)	18.96m	Valerie Adams			SOPAC, Sydney	29 th February 2004
Discus (1.00kg)	57.94m	Beatrice Faumuina	Waitakere		Ericsson Stadium, Auckland	22 nd January 1994
Hammer (4.00kg)	61.70m	Ayla Gill	Takapuna	TCU Invitational	Fort Worth, Texas	19 th March 2011
Javelin (600g)	49.50m	Andrea McBride		Australian Championships	SOPAC, Sydney	27 th February 2000
Heptathlon	5653	Portia Bing	North Harbour Bays	IAAF World U20 Championships	Barcelona, Spain	11 th & 12 th July 2012
45 minute Heptathlon	4037	Alexandra Hyland	ACA	Auckland Senior Meet	Herb Towers Track, Auckland	14 th October 2017
Pentathlon	3072	Brianna Cadwallader	North Harbour Bays	McKinnon Shield 2	Herb Towers Track, Auckland	26 th October 2019
4x100m	47.23	Fleming, Robson, Gimblett, Wade	Auckland Team	Athletics NZ U20 Championships	Porritt Stadium, Hamilton	9 th March 1979



4x400m	3:49.95	Blincoe, Robson, Wilde, Braybrooke	Auckland Team	Athletics NZ U20 Championships	Porritt Stadium, Hamilton	9 th March 1979
3000m RW	14:56.33	Carma Watson	Bays			14 th February 1998
5000m RW	27:19.03	Carma Watson	Bays	Athletics NZ Championships	Cooks Gardens, Wanganui	8 th March 1998
10km RW	64:55.54	Antonia Martin	Bays	McKinnon Shield 2	Herb Towers Track, Auckland	26 th October 2019

Athletics Auckland Records	U18 Men
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Event	Result	Athlete	Club	Competition	Venue	Date
60m	6.95 (+0.7)	Hamish Gill	North Harbour Bays	Auckland Summer Series 3	Herb Towers Track, Auckland	8 th November 2014
100m	10.74 (1.6)	Dalton Coppins	ACA	AWBOP Centre Meet	Porritt Stadium, Hamilton	3 rd November 2012
200m	21.16 (+1.6)	Cameron Taylor	Waitakere		QEII Stadium, Christchurch	18 th February 1989
400m	47.36	Fraser Wicks	North Harbour Bays	Athletics NZ Championships	Newtown Park, Wellington	28 th March 2009
800m	1:51.19	James Harding	Papakura	Porritt Classic	Porritt Stadium, Hamilton	15 th February 2020
1500m	3:48.66	Mathew Mildenhall	ACA	Australian U23 Championships	Adelaide	4 th April 2006
1 mile	4:14.13	Mathew Mildenhall	ACA	John Walker Night of Miles	Ericsson Stadium, Auckland	23 rd February 2005
3000m	8:20.01	James Uhlenberg	ACA	NZ Schools Championships	Douglas Track & Field, Waitakere	3 rd December 2016
2000m Steeplechase (0.838m)	6:03.38	Luke Clements	Papakura	NZ Schools Championships	Tauranga Domain, Tauranga	13 th December 2020
2000m Steeplechase (0.914m)	5:55.05	Murdoch McIntyre	North Harbour Bays	Youth Olympics Games	Buenos Aires, Argentina	12 th October 2018
5000m	14:04.4	Geoffrey Shaw	Calliope	Auckland Championships		10 th February 1975
10000m	31:13.63	Murdoch McIntyre	North Harbour Bays	ACA Interclub meet	Herb Towers Track, Auckland	12 th December 2018
110m Hurdles (0.914m)	13.44 (+0.1)	Joshua Hawkins	Ellerslie	IAAF World U18 Championships	Lille, France	8 th July 2011
300m Hurdles (0.838m)	37.27	Oliver Miller	Pt Chevalier	NZ Schools Championships	Douglas Track & Field, Waitakere	4 th December 2016
High Jump	2.11m	Jayden Williamson	North Harbour Bays	NZ Schools Championships	Tauranga Domain, Tauranga	13 th December 2020



Pole Vault	5.00m	Nick Southgate	North Harbour Bays	Athletics NZ Championships	Douglas Track & Field, Waitakere	25 th March 2012
Long Jump	7.25m (0.0)	Hamish Gill	North Harbour Bays	Australian Championships	SOPAC, Sydney	13 th March 2014
Triple Jump	15.16m	Nigel Avery	Bays		Mt Smart Stadium, Auckland	30 th March 1985
Shot Put (5.00kg)	24.45m	Jacko Gill	Takapuna		Sovereign Stadium, North Harbour	19 th December 2011
Discus (1.50kg)	69.23m	Connor Bell	North Harbour Bays	Sam Johnston Throws Meet	Porritt Stadium, Hamilton	18 th November 2018
Hammer (5.00kg)	79.74m	Matthew Bloxham	North Harbour Bays	Auckland Summer Series 5	AUT Millennium Stadium, Auckland	30 th November 2011
Javelin (700g)	63.31m	Taylor Matthews	Waitakere	NZ Schools Championships	Caledonian Stadium, Dunedin	9 th December 2012
Decathlon	5079	Matthew Aucamp	Pakuranga	Auckland Senior Meet	Herb Towers Track, Auckland	14 th October 2017
1hr Decathlon	5079	Matthew Aucamp	Pakuranga	Auckland Senior Meet	Herb Towers Track, Auckland	14 th October 2017
Octathlon	6234	Jordan Vandermade		IAAF World U18 Championships	Sherbrooke, Canada	12 th & 13 th June 2003
Pentathlon	2910	Tom Moloney	ACA	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 th October 2020
4x100m	42.23	Dominic Overend, George Kozlov, TJ Paea, James Guthrie-Croft	Auckland Team	Athletics NZ Championships	Porritt Stadium, Hamilton	18 th March 2017
4x100m	46.15	Max Van Der Westhuizen, Lex Revell-Lewis, Troy Middleton, Daymon Shute	Waitakere	Auckland Championships	Herb Towers Track, Auckland	30 th November 2019
4x400m	3:23.37	Bailey Stewart, Michael Dawson, Vaughan, Boyhan	Auckland Team	Athletics NZ Championships	Herb Towers Track, Auckland	24 th March 2013
3000m RW	12:51.55	Nelson McCutcheon	Race Walking Auckland	Athletics NZ Championships	Nga Puna Wai, Christchurch	8 th March 2019
5000m RW	21:45.01	Nelson McCutcheon	Race Walking Auckland	Queensland Championships	QSAC, Brisbane	22 nd March 2018
10000m RW	46:16.01	Nelson McCutcheon	Race Walking Auckland	Athletics NZ Championships	Nga Puna Wai, Christchurch	10 th March 2019

Athletics Auckland Records
U18 Women

Event	Result	Athlete	Club	Competition	Venue	Date
60m	7.70 (-0.4)	Nadia Evans	North Harbour Bays	McKinnon Shield 3	Herb Towers Track, Auckland	2 nd November 2019
100m	11.66 (+0.6)	Kim Robertson	Waitakere	NZ Schools Championships	QEII Stadium, Christchurch	9 th December 1973
200m	24.03 (+1.8)	April Brough	North Harbour Bays	Northern League	Massey Park, Papakura	16 th December 2000
400m	55.60	Louise Jones	Counties Manukau	Athletics NZ Championships	QEII Stadium, Christchurch	12 th March 2000
800m	2:08.74	Olivia Burdon	ACA	Queensland Winter Series 6	QSAC, Brisbane	28 th June 2015
1500m	4:14.05	Katrina Robinson	ACA	Australia National Championships	SOPAC, Sydney	17 th March 2018
1 mile	4:43.31	Olivia Burdon	ACA	UQ 1500m Classic	UQ Athletics Stadium, Brisbane	6 th November 2014
3000m	9:03.84	Katrina Robinson	ACA	Sydney Track Classic	SOPAC, Sydney	17 th March 2018
2000m Steeplechase (0.762m)	6:48.04	Caitlin McQuilkin-Bell	University	Australian Schools Championships	Athletics South Australia Stadium	
5000m	16:06.01	Katrina Robinson	ACA	Queensland Athletics 5000m Championships	QSAC, Brisbane	18 th November 2017
10000m	38:51.77	Casey Mitchell	Pukekohe	Auckland Championships	Herb Towers Track, Auckland	24 th January 2007
100m Hurdles (0.762m)	13.61 (+0.9)	Madison Gipson	North Harbour Bays	Australian Championships	SOPAC, Sydney	16 th March 2012
300m Hurdles (0.762m)	42.51	Veronica van Dijck	Bays		Porritt Stadium, Hamilton	28 th February 1999
High Jump	1.85m	Elizabeth Lamb	Waitakere	NZ Championships	Newtown Park, Wellington	28 th March 2009
Pole Vault	4.45m	Eliza McCartney	North Harbour Bays	IAAF World U20 Championships	Eugene, USA	25 th July 2014
Long Jump	6.23m	Bev Weigel			Sarawai Park, Auckland	9 th February 1957
Triple Jump	12.43m (+1.3)	Nneka Okpala	Pakuranga	IAAF World U18 Championships	Marrakesh, Morocco	13 th July 2005
Shot Put (3.00kg)	17.54m	Kaia Tupu South	Takapuna	NZ Schools Championships	Tauranga Domain, Tauranga	12 th December 2020
Shot Put (4.00kg)	18.40m	Valerie Adams	ACA		Madrid, Spain	21 st September 2002



Discus (1.00kg)	54.34m	Valerie Adams	ACA		Auckland	2 nd February 2002
Hammer (3.00kg)	58.66m	Mellata Tatola	Bays	Bays Spring Series	AUT Millennium, Auckland	8 th October 2016
Javelin (500g)	48.95m	Tanya Murray	Manurewa	NZ Schools Championships	Mitre 10 Sports Park, Hastings	1 st December 2017
Javelin (600g)	49.50m	Andrea McBride		Australian Championships	SOPAC, Sydney	27 th February 2000
Heptathlon	4947	Portia Bing	North Harbour Bays	Northern Region Combined Events Championships	Herb Towers Track, Auckland	29 th & 30 th January 2010
45-minute Heptathlon	4081	Zoe Taylor	Waitakere	Auckland Senior Meet	Herb Towers Track, Auckland	14 th October 2017
Pentathlon	2482	Arwen Solomn	Pakuranga	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 th October 2020
4x100m	47.65	Sophie Williams, Marielle Venida, Zayyaan Smith, Nadia Evans	Auckland Team	Athletics NZ Championships	Nga Puna Wai, Christchurch	8 th March 2020
4x100m	50.34	Ava Duggan, Jorien Fourie, Marolene Bassoon, Natasha Smith	Pakuranga	Auckland Championships	Herb Towers Track, Auckland	30 th November 2019
4x400m	3:52.65	Megan Kikuchi, Jamie Kolose, Celine Pearn, Lucy Jacobs	Auckland Team	Athletics NZ Championships	Herb Towers Track, Auckland	24 th March 2013
3000m RW	15:06.25	Michelle Lynch			Porritt Stadium, Hamilton	5 th March 1994
5000m RW	-					
10000m RW	64:55.54	Antonia Marin	North Harbour Bays	McKinnon Shield 2	Herb Towers Track, Auckland	26 th October 2019

Athletics Auckland Records	U16 Men
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Event	Result	Athlete	Club	Competition	Venue	Date
60m	7.24 (+1.9)	Ethan Lagatule	North Harbour Bays	McKinnon Shield 5	Herb Towers Track, Auckland	5 th December 2020
100m	11.11 (+0.7)	Dominic Overend	Waitakere	Auckland Senior Meet	Douglas Track & Field Stadium, Auckland	28 th November 2017
200m	22.23 (-0.3)	Dominic Overend	Waitakere	NZ Championships	Porritt Stadium, Hamilton	

400m	51.57	Lex Revell-Lewis	Waitakere	NZ Schools Championships	Newton Park, Wellington	7 th December 2019
800m	1:56.44	James Ford	Takapuna	McKinnon Shield 12	Herb Towers Track, Auckland	21 st March 2020
1500m	4:03.24	Zane Powell	Pakuranga	North Island Schools Championships	Tauranga Domain	7 th April 2019
1 mile	4:27.80	Reuben Shepherd	North Harbour Bays	Cooks Classic	Cooks Gardens, Wanganui	27 th January 2012
3000m	8:40.06	Zane Powell	Pakuranga	North Island Schools Championships	Tauranga Domain	6 th April 2019
2000m Steeplechase (0.762m)	6:11.40	Christian De Vaal	Pakuranga	McKinnon Shield 3	Herb Towers Track, Auckland	21 st November 2020
80m Hurdles (0.762m)	11.90 (+1.6)	Tom Christie	Lynndale	Auckland Senior Meet	Herb Towers Track, Auckland	23 rd February 2019
100m Hurdles (0.838m)	13.13 (+1.5)	Tom Christie	Lynndale	McKinnon Shield 1	Herb Towers Track, Auckland	31 st October 2020
110m Hurdles (0.838m)	15.23 (-3.1)	Daniel Parkes	Pakuranga	Auckland Championships	Herb Towers Track, Auckland	6 th February 2016
300m Hurdles (0.762m)	38.61	Zachary Saunders		North Island Schools Championships	Tauranga Domain	7 th April 2019
High Jump	2.01m	Jayden Williamson	North Harbour Bays	NZ Schools Championships	Caledonian Stadium, Dunedin	1 st December 2018
Pole Vault	4.75m	Pascal Kethers	North Harbour Bays	Auckland Championships	Herb Towers Track, Auckland	27 th February 2011
Long Jump	6.38 (+1.5)	Pascal Kethers	North Harbour Bays	Battle of the Regions 1	Herb Towers Track, Auckland	12 th December 2010
Triple Jump	13.18m (+0.9)	Pascal Kethers	North Harbour Bays	NZ Championships	Caledonian Stadium, Dunedin	26 th March 2011
Shot Put (4.00kg)	16.55m	Blessing Sefo	Avondale	McKinnon Shield	Herb Towers Track, Auckland	22 nd January 2020
Shot Put (5.00kg)	23.86	Jacko Gill	Takapuna	NZ Schools Championships	Hastings	11 th December 2010
Discus (1.25kg)	69.32m	Connor Bell	North Harbour Bays	North Harbour Schools Championships	AUT Millennium Stadium, Auckland	15 th March 2017
Discus (1.50kg)	59.52m	Connor Bell	North Harbour Bays	Bays Night of 's	AUT Millennium Stadium, Auckland	20 th December 2016
Hammer (4.00kg)	53.38m	Jayden Williamson	North Harbour Bays	Auckland Senior Meet	Herb Towers Track, Auckland	3 rd March 2018
Hammer (5.00kg)	51.54m	Anthony Nobilo	North Harbour Bays	Auckland Schools Championships	Herb Towers Track, Auckland	20 th March 2014
Javelin (600g)	34.45m	Daniel Shaw	North Harbour Bays	McKinnon Shield 6	Herb Towers Track, Auckland	30 th November 2019
Javelin (700g)	52.73m	Eperu James	Manurewa	Auckland Championships	Herb Towers Track, Auckland	27 th February 2011
Decathlon	5757	Pascal Kethers	North Harbour Bays	NZ Combined Events Championships	Tauranga Domain, Tauranga	13 th February 2011
Octathlon	4479	Pascal Kethers	North Harbour Bays	NZ Combined Events Championships	Porritt Stadium, Hamilton	14 th February 2010

Heptathlon	1902	Jack Whitcombe	Lynndale	Auckland Championships	Herb Towers Track, Auckland	14 th & 15 th December 2019
Pentathlon	2161	Brayden Dissmeyer	Papakura	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 th October 2020
4x100m	-					
4x400m	-					
2000m RW	11:45.98	Quinn Gardiner-Hall	Waiuku	Dick Quax Memorial	Yvette Williams Track, Auckland	9 th November 2019
3000m RW	15:23.98	Quinn Gardiner-Hall	Waiuku	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 th October 2020
5000m RW	-					

Athletics Auckland Records	U16 Women
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Event	Result	Athlete	Club	Competition	Venue	Date
60m	7.70 (-0.4)	Nadia Evans	North Harbour Bays	McKinnon Shield 3	Herb Towers Track, Auckland	2 nd November 2019
100m	12.06 (+0.2)	Nadia Evans	North Harbour Bays	McKinnon Shield 3	Herb Towers Track, Auckland	2 nd November 2019
200m	24.70 (+0.6)	Nadia Evans	North Harbour Bays	College Sport North Harbour Zone	AUT Millennium, Auckland	11 th March 2020
400m	56.31	Maddison Gipson	North Harbour Bays	NZ Championships	QEII Stadium, Christchurch	27 th March 2010
800m	2:07.84	Rebecca McEnaney	North Harbour Bays		Auckland	31 st March 2001
1500m	4:31.89	Esther Keown	ACA	North Island Schools Championships	Douglas Track & Field Stadium, Auckland	4 th April 2008
1 mile	5:05.80	Esther Keown	ACA	John Walker Night of Miles	Herb Towers Track. Mt Smart	19 th December 2007
3000m	10:03.15	Isabella Richardson	ACA	Auckland Senior Meet	Herb Towers Track, Auckland	17 th November 2018
2000m Steeplechase (0.762m)	7:28.59	Amy Hurly	North Harbour Bays	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 th October 2020
80m Hurdles (0.762m)	11.67 (+1.9)	Andrea Miller		NZ Schools Championships	Cooks Gardens, Wanganui	7 th December 1996
300m Hurdles (0.762m)	44.23	Maddison Gipson	North Harbour Bays	NZ Championships	Newtown Park, Wellington	29 th March 2009
High Jump	1.71m	Paige Harwood	Pakuranga	NZ Schools Championships	Hastings	12 th December 2010



Pole Vault	3.90m	Kerry Charlesworth	North Harbour Bays	NZ Championships	Newtown Park, Wellington	29 th March 2009
Long Jump	5.72m (+2.0)	Zayyaan Smith	Waitakere	McKinnon Shield 10	Herb Towers Track, Auckland	29 th February 2020
Triple Jump	11.80m (+1.8)	Lisa Putt	Papakura	Auckland Championships	Herb Towers Track, Auckland	5 th March 2017
Shot Put (3.00kg)	15.22m	Mellata Tatola	North Harbour Bays	Sam Johnston Memorial Meet	Porritt Stadium, Hamilton	29 th November 2015
Discus (1.00kg)	50.03m	Mere Vaka	Papakura	Auckland Championships	Herb Towers Track, Auckland	26 th February 2011
Hammer (3.00kg)	55.49m	Mellata Tatola	North Harbour Bays	Christmas Throws Meet	AUT Millennium Stadium, Auckland	22 nd December 2015
Javelin (500g)	42.10m	Tanya Murray	Manurewa	Auckland Championships	Herb Towers Track, Auckland	6 th February 2016
Heptathlon	4584	Paige Harwood	Pakuranga	North Island Combined Events Championships	Hastings	24 th October 2010
Pentathlon	2913	Jade Nomani	Papakura	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 th October 2020
4x100m	-					
4x400m	-					
2000m RW	11:08.52	Taylor Bell	Racewalking Auckland	Auckland Senior Meet	Herb Towers Track, Auckland	24 th November 2018
3000m RW	16:40.99	Maggie Bradley	Waitakere	NZ Championships	Newtown Park, Wellington	27 th March 2009
5000m RW	-					

Athletics Auckland Standards U14 Men

Event	Result	Athlete	Club	Competition	Venue	Date
60m	8.30 (+1.5)	Ryan Young	Pukekohe	McKinnon Shield 5	Herb Towers Track, Auckland	5 th December 2020
100m	12.45 (-1.5)	TJ Anae-Paila	Waitakere	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 th October 2020
200m	26.09 (-1.6)	TJ Anae-Paila	Waitakere	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 th October 2020
400m	56.68	Dalton Coppins	Papakura	John Walker Night of Miles	Herb Towers Track, Auckland	19 th December 2007
800m	2:23.11	Alex Hardy	Waitakere	McKinnon Shield Pre-Season 2	Herb Towers Track, Auckland	17 th October 2020

1500m	4:29.63	Quinn Moss	Ellerslie	McKinnon Shield 5	Herb Towers Track, Auckland	5 th December 2020
1 mile						
3000m	9:37.83	Jack Erikson	Pt Chevalier	Athletics Auckland 3000m Championships	Herb Towers Track, Auckland	14 th November 2020
2000m Steeplechase (0.762m)	6:43.70	Jack Erikson	Pt Chevalier	McKinnon Shield Pre- Season 3	Herb Towers Track, Auckland	24 th October 2020
80m Hurdles (0.762m)	12.81 (+1.1)	Christofell Greyling	Pakuranga	McKinnon Shield 1	Herb Towers Track, Auckland	31 st October 2020
200m Hurdles (0.686m)						
High Jump	1.61m	Benjamin Langley	Ellerslie	McKinnon Shield Pre- Season 2	Herb Towers Track, Auckland	17 th October 2020
Pole Vault						
Long Jump	4.84m (+1.6)	Ryan Young	Pukekohe	McKinnon Shield 3	Herb Towers Track, Auckland	21 st November 2020
Triple Jump	10.02m (+1.4)	Benjamin Langley	Ellerslie	McKinnon Shield Pre- Season 2	Herb Towers Track, Auckland	17 th October 2020
Shot Put (4.00kg)	12.86m	Troy Maka	WETA	McKinnon Shield 3	Herb Towers Track, Auckland	21 st November 2020
Discus (1.00kg)	52.62m	Troy Maka	WETA	McKinnon Shield 5	Herb Towers Track, Auckland	5 th December 2020
Hammer (4.00kg)						
Javelin (600g)	21.72m	Alex Hardy	Waitakere	McKinnon Shield Pre- Season 3	Herb Towers Track, Auckland	24 th October 2020
Heptathlon						
Pentathlon	2056	Benjamin Langley	Ellerslie	McKinnon Shield Pre- Season 3	Herb Towers Track, Auckland	24 th October 2020
4x100m						
4x400m						
2000m RW	12:24.69	Richie Trathen	Pakuranga	McKinnon Shield 3	Herb Towers Track, Auckland	21 st November 2020
3000m RW	18:19.74	Richie Trathen	Pakuranga	McKinnon Shield Pre- Season 3	Herb Towers Track, Auckland	24 th October 2020

Athletics Auckland Standards U14 Women

Event	Result	Athlete	Club	Competition	Venue	Date
60m	8.48 (-0.9)	Sienna Moyle	Eastern	McKinnon Shield 1	Herb Towers Track, Auckland	31 st October 2020
100m	13.51 (-0.5)	Jade Wilson	Pakuranga	McKinnon Shield Pre- Season 3	Herb Towers Track, Auckland	24 th October 2020
200m	27.76 (+1.4)	Emma Bews-Hair	Eastern	McKinnon Shield 2	Herb Towers Track, Auckland	14 th November 2020

400m	1:04.33	Zara Ford	Takapuna	McKinnon Shield 1	Herb Towers Track, Auckland	31 st October 2020
800m	2:26.96	Imogen Barlow	Pakuranga	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 th October 2020
1500m	4:54.86	Imogen Barlow	Pakuranga	McKinnon Shield Pre-Season 1	Herb Towers Track, Auckland	10 th October 2020
1 mile						
3000m	10:47.82	Ruby Farquhar	Glen Eden	Athletics Auckland 3000m Championships	Herb Towers Track, Auckland	14 th November 2020
2000m Steeplechase (0.762m)	7:28.59	Amy Hurly	North Harbour Bays	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 th October 2020
80m Hurdles (0.762m)	13.09 (+1.3)	Avah Sila	Papakura	McKinnon Shield 1	Herb Towers Track, Auckland	31 st October 2020
200m Hurdles (0.686m)						
300m Hurdles (0.762m)	53.53	Avah Sila	Papakura	McKinnon Shield Pre-Season 1	Herb Towers Track, Auckland	10 th October 2020
High Jump	1.59m	Avah Sila	Papakura	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 th October 2020
Pole Vault						
Long Jump	4.57m	Jade Wilson	Pakuranga	McKinnon Shield 1	Herb Towers Track, Auckland	31 st October 2020
Triple Jump	9.32m (+1.0)	Mulan Riseborough	Takapuna	McKinnon Shield 2	Herb Towers Track, Auckland	14 th November 2020
Shot Put (3.00kg)	9.98m	Karmen-Elizabeth Maritz	North Harbour Bays	McKinnon Shield 3	Herb Towers Track, Auckland	21 st November 2020
Discus (1.00kg)	37.00m	Karmen-Elizabeth Maritz	North Harbour Bays	Sam Johnson Throwers Meet	Porritt Stadium, Hamilton	8 th November 2020
Hammer (3.00kg)	21.45m	Nora Caffery	Manurewa	Sam Johnson Throwers Meet	Porritt Stadium, Hamilton	8 th November 2020
Javelin (500g)	30.18m	Karmen-Elizabeth Maritz	North Harbour Bays	Sam Johnson Throwers Meet	Porritt Stadium, Hamilton	8 th November 2020
Heptathlon						
Pentathlon	2749	Avah Sila	Papakura	McKinnon Shield Pre-Season 3	Herb Towers Track, Auckland	24 th October 2020
4x100m						
4x400m						
2000m RW	13:55.41	Yandri Fourie	Pakuranga	McKinnon Shield 2	Herb Towers Track, Auckland	21 st November 2020



3000m RW	21:55.91	Yandri Fourie	Pakuranga	McKinnon Shield Pre-Season 1	Herb Towers Track, Auckland	10 th October 2020
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