

Athletics Auckland Coach Education Courses: Information and Registration details: Jan-Feb 2021

Date: Sunday 31 January: Sprint Relay clinic

Time: 10.30am to 11.30am

Venue: Mt. Smart stadium, 51 O'Rorke road, Penrose

Event content: Sprint relays, with focus on baton exchange protocols. Aimed at athletes 15 years and above.

Details: Learn the technical requirements of this event

Registration: To register, email Neil at: development@athleticsauckland.co.nz with your name, grade and club or register on the day.

Date: Tuesday 2 and 9 February: Race Walk clinics with Alana Barber

Time: 4.30pm to 5.30pm

Venue: Massey Park, Papakura

Clinic content: The basics for beginning and intermediate race walkers

Details: Will cover the rules and the technical requirements for race walking.

Registration: To register, email Neil at: development@athleticsauckland.co.nz with your name, grade and club

Date: Sunday February 28: Combined Event clinic

Time: 9.30am to 11.00am

Venue: Mt Smart stadium

Clinic content: Learn new events for an athlete to compete in a Multi-event competition

Details: Will delivery event specific coaching on individual events

Registration: To register, email Neil at: development@athleticsauckland.co.nz with your name, grade and club plus events you require coaching on.