

Athletics Auckland
McKinnon Shield #2 - 27/11/2021
Training Sessions Under Level 3 Step 2

Sprints & Hurdles - Mt Smart

Event 1 Men 20-29 110 Metre Hurdles 1.067m

Lane Heat 1

4	Aucamp, Matthew 00	Pakuranga
6	Moloney, Tom 01	ACA
8	Phillips, Ethan 98	North Harbour Bays

Event 3 Men 16-17 110 Metre Hurdles 0.914m

Lane Heat 2

4	Dunn, Joseph 05	Papakura
6	Mckenzie, Liam 05	Pakuranga

Event 4 Women 18-29 100 Metre Hurdles 0.838m

Lane Heat 3

4	Robertson, Amy W22	North Harbour Bays
6	Hyland, Alexandra W22	ACA
8	Duggan, Ava W18	Pakuranga

Event 5 Men 14-15 100 Metre Hurdles 0.838m

Lane Heat 4

2	Retford, Noah M14	Pakuranga
4	Fairclough, Benjie M14	Waitakere
6	Mullens, Daniel M14	Pakuranga
8	Langley, Benjamin M14	Ellerslie

Event 6 Women 14-17 100 Metre Hurdles 0.762m

Lane Heat 5

2	Quay-Chin, Katelyn W15	Pakuranga
4	Holmes, Taylor W16	Pakuranga
6	Sones, Sophie W16	ACA
8	Kay, Ella W17	Pakuranga

Event 7 Men 12-13 80 Metre Hurdles 0.762m

Lane Heat 6

4	Su, Benaiah 08	Pt Chevalier
6	Retford, Oliver 08	Pakuranga

Event 8 Women 12-15 80 Metre Hurdles 0.762m

Lane Heat 7

2	Barrett-Hamilton, Lauren W13	Waitakere
4	Sila, Avah W14	Papakura
6	Atoaga, Savannah W14	Papatoetoe
8	Makoare, Mia W14	Pakuranga

Event 8 Women 12-15 80 Metre Hurdles 0.762m

Lane Heat 8

4	Farry, Amani W13	Lynndale
6	O'Sullivan, Mary W13	Hillsborough
8	Bailey, Madeline W13	Papakura

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Event 9	Women 12+ 100 Metre	
Lane	Heat 1 of 10	
2	Evans, Nadia W17	North Harbour Bays
4	Eady, Natasha W23	North Harbour Bays
6	Hulls, Georgia W22	Hastings
8	Wilson, Livvy W29	North Harbour Bays
Event 9	Women 12+ 100 Metre	
Lane	Heat 2 of 10	
2	Fairclough, Amelie W16	Waitakere
4	Harper, Hilary W25	COBU
6	van Rooyen, Talia W15	North Harbour Bays
8	Henley-Smith, Jade W22	Hamilton City Hawks
Event 9	Women 12+ 100 Metre	
Lane	Heat 3 of 10	
2	Goldsmith, Emilia W13	Eastern
4	Goldsmith, Charlotte W15	ACA
6	Quay-Chin, Katelyn W15	Pakuranga
8	Powell, Mia W17	Waitakere
Event 9	Women 12+ 100 Metre	
Lane	Heat 4 of 10	
2	Peasley, Ane W17	Pakuranga
4	Adams, Sophie W18	ACA
6	Moyle, Sienna W13	Eastern
8	Mountfort, Bella-Rose W16	ACA
Event 9	Women 12+ 100 Metre	
Lane	Heat 5 of 10	
2	Kay, Ella W17	Pakuranga
4	Nasrabadi, Jacqui W13	Eastern
6	Loader, Cleo W16	North Harbour Bays
8	Bews-Hair, Emma W14	Eastern
Event 9	Women 12+ 100 Metre	
Lane	Heat 6 of 10	
2	Masters, Maia W13	Waitakere
4	Sones, Sophie W16	ACA
6	Richardson-Miller, Keira W14	North Harbour Bays
8	Gao, Chanel W14	Papakura
Event 9	Women 12+ 100 Metre	
Lane	Heat 7 of 10	
2	Hayman, Jill W60	North Harbour Bays
4	Green, Phillipa W53	North Harbour Bays
6	Galea, Leah W13	Lynndale
8	Walsh, Georgie W17	Unattached

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Event 9	Women 12+ 100 Metre	
Lane	Heat 8 of 10	
4	Uta'atu, Sophie Lee W13	Papatoetoe
6	Lambert, Demi W17	North Harbour Bays
8	Earley, Madison W12	Waitakere
Event 9	Women 12+ 100 Metre	
Lane	Heat 9 of 10	
4	Mediratta, Kenisha W13	Lynndale
6	Walsh, Paddy W17	North Harbour Bays
8	Barnett, Isabella W12	Papakura
Event 9	Women 12+ 100 Metre	
Lane	Heat 10 of 10	
4	Murphy, Sionann W16	Takapuna
6	Wright, Gabrielle W17	North Harbour Bays
8	Adamson, Christine W65	North Harbour Bays
Event 10	Men 12+ 100 Metre	
Lane	Heat 1 of 8	
2	Dolphin, Joe M15	North Harbour Bays
4	Bolland, Jordan M23	Takapuna
6	Saunders, Zachary M18	Pakuranga
8	Thorpe, Stephen M19	North Harbour Bays
Event 10	Men 12+ 100 Metre	
Lane	Heat 2 of 8	
2	Lambert, Mark M48	North Harbour Bays
4	McKellar, Liam M16	North Harbour Bays
6	Aucamp, Matthew M21	Pakuranga
8	Bush, Ethan M20	North Harbour Bays
Event 10	Men 12+ 100 Metre	
Lane	Heat 3 of 8	
2	Berman, Joe M16	Waitakere
4	Phillips, Ethan M23	North Harbour Bays
6	Keereweer-Taia, Kainoa M15	Waitakere
8	Cotterill, Kahurangi M15	Waitakere
Event 10	Men 12+ 100 Metre	
Lane	Heat 4 of 8	
2	Sutherland, Sasha M18	North Harbour Bays
4	Lambert, Cayd M15	North Harbour Bays
6	Khemani, Hrithik M19	Owairaka
8	Holroyd, Wayne M45	North Harbour Bays

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Event 10	Men 12+ 100 Metre	
Lane	Heat 5 of 8	
2	Harris, Ashton M14	ACA
4	Weekes, Andrew M39	North Harbour Bays
6	Evangelista, Ivan M22	Owairaka
8	Richardson-Miller, Kegan M16	North Harbour Bays

Event 10	Men 12+ 100 Metre	
Lane	Heat 6 of 8	
2	Retford, Noah M14	Pakuranga
4	Barnett, Oliver M14	Papakura
6	Patchell, Jesse M14	Pakuranga
8	Peasley, Luan M15	Pakuranga

Event 10	Men 12+ 100 Metre	
Lane	Heat 7 of 8	
4	Olsen, Kaian M12	Waitakere
6	Seymour, Craig M49	Beachlands Maraetai
8	King, Noa M13	Takapuna

Event 10	Men 12+ 100 Metre	
Lane	Heat 8 of 8	
4	Dougall, Alan M73	ACA
6	Orbell, Zachary M17	North Harbour Bays
8	Movold, Jaden M17	North Harbour Bays

Event 11	Women 12+ 200 Metre	
Lane	Heat 1 of 9	
2	Wilson, Livvy W29	North Harbour Bays
4	Hulls, Georgia W22	Hastings
6	Eady, Natasha W23	North Harbour Bays
8	Fairclough, Amelie W16	Waitakere

Event 11	Women 12+ 200 Metre	
Lane	Heat 2 of 9	
2	Moyle, Sienna W13	Eastern
4	van Rooyen, Talia W15	North Harbour Bays
6	Powell, Mia W17	Waitakere
8	Goldsmith, Charlotte W15	ACA

Event 11	Women 12+ 200 Metre	
Lane	Heat 3 of 9	
2	Adams, Sophie W18	ACA
4	Goldsmith, Emilia W13	Eastern
6	van Wijk, Elizabeth W16	ACA
8	Johnson, Lyrck W18	Waitakere

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Event 11	Women 12+ 200 Metre	
Lane	Heat 4 of 9	
2	Sila, Avah W14	Papakura
4	Bews-Hair, Emma W14	Eastern
6	Nasrabadi, Jacqui W13	Eastern
8	Richardson-Miller, Keira W14	North Harbour Bays
Event 11	Women 12+ 200 Metre	
Lane	Heat 5 of 9	
2	Gao, Chanel W14	Papakura
4	Lambert, Demi W17	North Harbour Bays
6	Peasley, Ane W17	Pakuranga
8	Masters, Maia W13	Waitakere
Event 11	Women 12+ 200 Metre	
Lane	Heat 6 of 9	
2	Barrett-Hamilton, Lauren W13	Waitakere
4	Atoaga, Savannah W14	Papatoetoe
6	Holmes, Taylor W16	Pakuranga
8	Green, Phillipa W53	North Harbour Bays
Event 11	Women 12+ 200 Metre	
Lane	Heat 7 of 9	
4	Earley, Madison W12	Waitakere
6	Haines, Sophia W13	Waitakere
8	Taylor, Peggy W12	Owairaka
Event 11	Women 12+ 200 Metre	
Lane	Heat 8 of 9	
4	Hayman, Jill W60	North Harbour Bays
6	Walsh, Georgie W17	Unattached
8	Uta'atu, Sophie Lee W13	Papatoetoe
Event 11	Women 12+ 200 Metre	
Lane	Heat 9 of 9	
4	Murphy, Sionann W16	Takapuna
6	Adamson, Christine W65	North Harbour Bays
8	Wright, Gabrielle W17	North Harbour Bays
Event 12	Men 12+ 200 Metre	
Lane	Heat 1 of 6	
2	Taylor, Kadin M15	Waitakere
4	Saunders, Zachary M18	Pakuranga
6	Dolphin, Joe M15	North Harbour Bays
8	McKellar, Liam M16	North Harbour Bays

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Event 12 Men 12+ 200 Metre
Lane Heat 2 of 6

2	Lambert, Cayd M15	North Harbour Bays
4	Lambert, Mark M48	North Harbour Bays
6	Cotterill, Kahurangi M15	Waitakere
8	Trathen, James M15	Pakuranga

Event 12 Men 12+ 200 Metre
Lane Heat 3 of 6

2	Khemani, Hrithik M19	Owairaka
4	Berman, Joe M16	Waitakere
6	Richardson-Miller, Kegan M16	North Harbour Bays
8	Sutherland, Sasha M18	North Harbour Bays

Event 12 Men 12+ 200 Metre
Lane Heat 4 of 6

2	Olsen, Kaian M12	Waitakere
4	Barnett, Oliver M14	Papakura
6	Harris, Ashton M14	ACA
8	Fairclough, Benjie M14	Waitakere

Event 12 Men 12+ 200 Metre
Lane Heat 5 of 6

2	Seymour, Craig M49	Beachlands Maraetai
4	King, Noa M13	Takapuna
6	Guy, Steve M45	North Harbour Bays
8	Peasley, Luan M15	Pakuranga

Event 12 Men 12+ 200 Metre
Lane Heat 6 of 6

4	Orbell, Zachary M17	North Harbour Bays
6	Jesudas, Cyrus M12	Papatoetoe
8	Movold, Jaden M17	North Harbour Bays

Event 13 Women 12+ 400 Metre
Lane Heat 1 of 6

2	Korck, Samantha W17	North Harbour Bays
4	Powell, Mia W17	Waitakere
6	Atkinson, Sophie W20	ACA
8	Shennan, Lucy W16	ACA

Event 13 Women 12+ 400 Metre
Lane Heat 2 of 6

2	Nasrabadi, Jacqui W13	Eastern
4	Kelso-Heap, Maddie W16	Waitakere
6	Uta'atu, Sophie Lee W13	Papatoetoe
8	Bews-Hair, Emma W14	Eastern

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Event 13 Women 12+ 400 Metre
Lane Heat 3 of 6
2 Morgan-Tafea, Kalei W16
4 Taylor, Peggy W12
6 Farry, Amani W13
8 Earley, Madison W12

Takapuna
Owairaka
Lynndale
Waitakere

Event 13 Women 12+ 400 Metre
Lane Heat 4 of 6
4 Haines, Sophia W13
6 Valente Motta, Rafi W12
8 Galea, Leah W13

Waitakere
North Harbour Bays
Lynndale

Event 13 Women 12+ 400 Metre
Lane Heat 5 of 6
4 Haigh, Isabella W13
6 O'Sullivan, Mary W13
8 Mediratta, Kenisha W13

Lynndale
Hillsborough
Lynndale

Event 13 Women 12+ 400 Metre
Lane Heat 6 of 6
4 Murphy, Sionann W16
6 Adamson, Christine W65
8 Wright, Gabrielle W17

Takapuna
North Harbour Bays
North Harbour Bays

Event 14 Men 12+ 400 Metre
Lane Heat 1 of 6
2 Thorpe, Stephen M19
4 Bush, Ethan M20
6 Mcleay, Fergus M20
8 Middleton, Troy M18

North Harbour Bays
North Harbour Bays
Papakura
Waitakere

Event 14 Men 12+ 400 Metre
Lane Heat 2 of 6
2 Neale, Nathan M19
4 Trathen, James M15
6 Cotterill, Kahurangi M15
8 Berman, Joe M16

Pakuranga
Pakuranga
Waitakere
Waitakere

Event 14 Men 12+ 400 Metre
Lane Heat 3 of 6
2 Pahina, Amore M16
4 Holroyd, Wayne M45
6 Platts, Blake M16
8 Fairclough, Lee M51

Rosehill College
North Harbour Bays
Papakura
Waitakere

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Event	14	Men 12+ 400 Metre	
Lane		Heat 4 of 6	
2		Guy, Steve M45	North Harbour Bays
4		Platts, Aidan M13	Papakura
6		King, Noa M13	Takapuna
8		Brady, Connor M12	Takapuna

Event	14	Men 12+ 400 Metre	
Lane		Heat 5 of 6	
4		Retford, Oliver M13	Pakuranga
6		Geldenhuis, Christian M13	Pakuranga
8		Movold, Jaden M17	North Harbour Bays

Event	14	Men 12+ 400 Metre	
Lane		Heat 6 of 6	
4		Dougall, Alan M73	ACA
6		Seymour, Craig M49	Beachlands Maraetai
8		Jesudas, Cyrus M12	Papatoetoe