

**ATTACHMENT "A" to the BY-LAWS (COMPETITION)  
of the ATHLETICS NEW ZEALAND CONSTITUTION**

**The Athletics New Zealand Supplementary Rules to the IAAF Competition  
Rules (effective from 1<sup>st</sup> January 2006)  
are set hereafter. [Reference - By-Law C1.1]**

*Note: For ease of use, the Supplementary Rules have been given the same Rule number as the related International Association of Athletics Federations Rule, with the prefix "S".*

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### **RULE S6 PAYMENTS** *(amended May 2004)*

Athletes are responsible for ascertaining and meeting any Taxation obligations they may incur with the New Zealand Inland Revenue Department or any overseas Tax department as a result of receiving prize money either in New Zealand or overseas.

*(Note: It is recommended athletes receiving prize money seek independent advice from a Taxation Specialist on their Tax obligations.)*

### **RULE S8 ADVERTISING DURING COMPETITION** *(amended July 2003)*

1. In all domestic competition within New Zealand there shall be no restrictions on the number or size of logos, labels and advertisements on clothing worn within the competition arena.
2. In all International competition within New Zealand, as may be determined from time to time by the Board of Directors, all clothing worn within the competition arena shall comply with the rules and regulations of the IAAF.
3. All bags and other permissible items taken into the competition arena shall conform with 1. and 2. above.

## **RULE S141 AGE GROUPS** (*amended September 2003*)

By-Law C1.2 of the Athletics New Zealand Constitution is set out below for general information:

1. Men 19 Grade (M19): Male athletes aged nineteen (19) years or under on the date as specified in By-Law C1.2.2.

*[Note: The M19 Grade as specified in By-Law C1.2.2(c) is the IAAF Junior Men's grade]*

Men 18 Grade (M18): Male athletes aged eighteen (18) years or under on the date as specified in By-Law C1.2.2

Men 17 Grade (M17): Male athletes aged seventeen (17) years or under on the date as specified in By-Law C1.2.2

*[Note: The M17 Grade as specified in By-Law C1.2.2(c) is the IAAF Youth Boy's grade]*

Men 16 Grade (M16): Male athletes aged sixteen (16) years or under on the date as specified in By-Law C1.2.2

Boys 15 Grade (B15) : Male athletes aged fifteen (15) years or under on the date as specified in By-Law C1.2.2

Boys 14 Grade (B14): Male athletes aged fourteen (14) years or under on the date as specified in By-Law C1.2.2

Women 19 Grade (W19): Female athletes aged nineteen (19) years or under on the date as specified in By-Law C1.2.2

*[Note: The W19 Grade as specified in By-Law C1.2.2(c) is the IAAF Junior Women's grade]*

Women 18 Grade (W18): Female athletes aged eighteen (18) years or under on the date as specified in By-Law C1.2.2

Women 17 Grade (W17): Female athletes aged seventeen (17) years or under on the date as specified in By-Law C1.2.2

*[Note: The W17 Grade as specified in By-Law C1.2.2(c) is the IAAF Youth Girl's grade]*

Women 16 Grade (W16): Female athletes aged sixteen (16) years or under on the date as specified in By-Law C1.2.2

Girls 15 Grade (G15): Female athletes aged fifteen (15) years or under on the date as specified in By-Law C1.2.2

Girls 14 Grade (G14): Female athletes aged fourteen (14) years or under on the date as specified in By-Law C1.2.2

2. (a) In any Summer season, for competition in New Zealand, an athlete must be the age specified in By-Law C1.2.1 on the thirty-first (31<sup>st</sup>) day of December in the season of the competition to compete in that grade. For the purpose of this clause the Summer season ends on the thirtieth day of (30<sup>th</sup>) April.  
  
(b) In any Winter season, for competition in New Zealand, an athlete must be the age specified in By-Law C1.2.1 on the thirty-first (31<sup>st</sup>) day of December next following to compete in that grade.  
  
(c) For International Competition, the athlete must be the correct age on the thirty-first (31<sup>st</sup>) day of December in the year of competition.
3. For a record to be recognised in an age grade the athlete must be the correct age, as defined in By-law C1.2.1, on the day on which the performance is achieved.

## **RULE S142 ENTRIES**

1. Entries shall be made and all events contested in the real name of the competitor, and entries shall be forwarded to the Secretary of the meeting or some other official specially appointed to receive them at least fourteen (14) days before the advertised date of the meeting. The Board of Directors of the Association, or the committee of bodies promoting competitions under the laws of Athletics New Zealand, or any affiliated Association, shall have the power to refuse to receive, and, having received, of cancelling any entry before the start without being bound to assign a reason, and no entry shall be received unless accompanied by the entrance fee. (Entries may be forwarded by facsimile or electronic mail but a copy of the entry must follow with the required entry fees.)

Any intending competitor in any age limit event must state their date of birth and, if required, must furnish a certificate of their date of birth.

2. Failure to Participate - Rule 142.4.- IAAF Competition Rules 2006-2007 - shall be applied in domestic competition except that exclusion from participation in all further events should not be enforced where the referee is satisfied that the circumstance causing the failure to participate could not reasonably have been foreseen by the competitor and that those circumstances were advised to the referee at the first available opportunity.

### **RULE S143 CLOTHING, SHOES AND NUMBERS** (*amended December 2005*)

1. In normal domestic competition, such as inter-club competition, specific competition uniforms shall not be mandatory. A meeting organiser may not penalise an athlete for not wearing a specific uniform. Notwithstanding the fore mentioned the organisation the athlete represents may require the athlete to wear a specific uniform. In such case, only the organisation that the uniform represents may penalise the individual athlete for not complying with their uniform requirement.
2. In New Zealand Championship events and any national event so specified an athlete shall wear the correct uniform specified in the appropriate By-Law or the meeting rules. Any athlete not competing in the correct uniform may be disqualified. Where the athlete is a member of a team, the team may be disqualified. A Centre may deem the Centre Championships to be a national event under this rule.  
*Note: The uniform shall include the top and the shorts.*
3. In all International competition within New Zealand, as defined by IAAF Rules or as so determined from time to time by the Board of Directors, all clothing worn within the competition arena shall comply with the rules and regulations of the IAAF.
4. For domestic competition purposes, the wearing of two numbers as required by Rule 143.7 - IAAF Competition Rules 2006-2007 is not mandatory, except for walks where two numbers may be required to be worn.

*One number is usually worn in New Zealand however some meetings may require competitors to wear two numbers plus side numbers.*

*(Rules S143.1 & 143.3 moved from By-Law C1.3 – December 2005)*

### **RULE S146 PROTESTS** (*amended September 2004*)

1. For domestic competition, where reference in Rule 146.1 - IAAF Competition Rules 2006-2007, is made to "and the matter be referred to the Council of the IAAF" this be read as "and the matter be referred to the Board of Directors of the Association".
2. For New Zealand domestic competitions, the following appeal deposits shall apply unless otherwise provided for in the rules of the competition.

National Teams Competition	\$50
National Championships	\$50
Grand Prix Series	\$50
All other meetings	\$20

### **RULE S147 MIXED COMPETITION**

Notwithstanding Rule 147 - IAAF Competition Rules 2006-2007, for domestic competition held completely in the stadium, mixed events between male and female participants are permitted.

### **RULE S166 QUALIFICATION FROM PRELIMINARY HEATS**

1. Scratchings for any event should be notified to the competition secretary at least one hour before the advertised time of starting.
2. Should the number of scratchings in any heat of an event be such as, in the opinion of the referee, to make the competition in such unfair as compared with other heats, the referee shall have power to order the heats in the event to be redrawn.
3. In every event for which heats or semi-finals have been included in the programme, if, in the opinion of the Referee, the total number of competitors who present themselves to the Starter's Assistant be insufficient to require such number of heats or semi-finals, the event shall be redrawn under the supervision of the Meeting Manager or their nominee.
4. Any athlete who qualifies in a heat or round must compete in succeeding rounds and/or final unless the consent of the Referee to the athlete's withdrawal has been obtained otherwise the athlete shall be liable to exclusion by the Referee from participation in further events including relays at the meeting.

### **RULE S168 HURDLE RACES** (*amended May 2004*)

Distances: The following are the standard distances for Men, M19, M18, M17, M16, Women, W19, W18, W17 and W16.

Men	110 metres,	400 metres
M19/M18	110 metres,	400 metres
M17/M16	110 metres,	300 metres
Women	100 metres,	400 metres
W19/W18	100 metres,	400 metres
W17/W16	100 metres,	300 metres

- Note
1. Table of hurdle heights and placings refer Appendix 1.
  2. For hurdle specifications refer Rule 168.2 & 168.3. - IAAF Competition Rules 2006-2007.

### **RULE S169 STEEPLECHASE** (*amended May 2004*)

1. The standard distance for M17, M16, W17 and W16 shall be 2000 metres.
2. The general provisions of Rule 169 - IAAF Competition Rules 2006-2007 shall apply to the M17, M16, W17 and W16 events.
3. The height of the hurdles for M17 and M16 shall be 914mm and for W17 and W16 762mm.



### **RULE S186 TRIPLE JUMP**

For New Zealand record purposes, in all triple jump competitions, where there is not a regulation take-off board at an appropriate distance from the pit, it is acceptable to use a take-off area of the similar dimensions marked on the runway by tape or other suitable material, with sand or other suitable material used in place of a plasticine indicator board.

### **RULE S188 SHOT**

1. The shot to be used by W19, W18, W17 and W16 shall conform to the specifications shown for Women.
2. The shot to be used by M19, M18, M17 and M16 shall conform to the specifications detailed in Appendix 2.

### **RULE S189 DISCUS**

1. The discus to be used by W19, W18, W17 and W16 shall conform to the specifications shown for Women.
2. The discus to be used by M19, M18, M17 and M16 shall conform to the specifications detailed in Appendix 2.

### **RULE S190 DISCUS CAGE** (*inserted May 2004*)

The cage must be designed to ensure adequate safety protection for the level of competition being undertaken, the physical layout of the competition venue and the actual competition programme.

### **RULE S191 HAMMER** (*amended May 2004*)

1. The Hammer to be used by W19, W18, W17 and W16 shall conform to the specifications shown for Women.
2. The Hammer to be used by M19, M18, M17 and M16 shall conform to the specifications detailed in Appendix 2.

## RULE S192 HAMMER CAGE (*inserted May 2004*)

**Safety Net Specifications:** For New Zealand domestic competition the hammer cage specifications as set out in the IAAF Handbook 2002-2003 (Rule 192) may be used, with the exception of the gates which shall be 3.20m wide and at least 7m high.

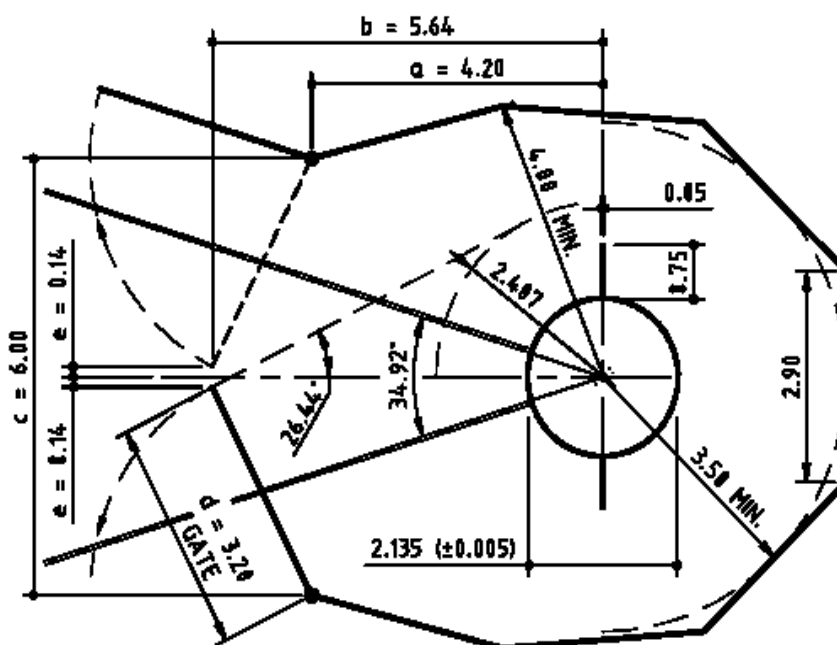
**Note: 1. The cage must be designed to ensure adequate safety protection for the level of competition being undertaken, the physical layout of the competition venue and the actual competition programme.**

2. The relevant clauses of Rule 192 in the IAAF Handbook 2002-2003 are as follows:

192.3 "The cage should be U-shaped in plan as shown on the diagram. The width of the mouth should be 6m, positioned 4.2m in front of the centre of the throwing circle. The height of the netting panels or draped netting at their lowest point shall be at least 7m. ...."

192.4 "Two moveable netting panels 2m wide shall be provided at the front of the cage, only one of which will be operative at a time. The minimum height of the panels shall be 9m."

The following diagram shows a plan for a cage meeting the revised specification (i.e. with "2m" replaced by "3.2m").



*Hammer throwing cage with 3.2m gates (gate to be perpendicular to hammer throwing line)  
(Dimensions in m)*

### **RULE S193 JAVELIN**

1. The Javelin to be used by M19 and M18 shall conform to the specifications shown for Men. The javelin to be used by W19, W18, W17 and W16 shall conform to the specifications shown for Women.
2. The Javelin to be used by M17 and M16 shall conform to the specifications detailed in Appendix 2.

### **RULE S200 COMBINED EVENTS COMPETITIONS** (*amended May 2004*)

1. The M17 and M16 Octathlon shall conform to the Specification for the Boys Youth Octathlon (Rule 200.5 - IAAF Competition Rules 2006-2007).  
*Hurdle and equipment specifications shall be as for Men 16 (M16).*
2. Notwithstanding Rule 200.10 - IAAF Competition Rules 2006-2007, for domestic competition (including New Zealand Championships), times obtained from a fully automatic Photo Finish system shall be applied regardless of whether such times are available for all other competitors in that event .

## **RULES S230, S240 AND S250 NON STADIUM EVENTS** (*inserted December 2005*)

Sponge Stations - Notwithstanding the requirements of Rules 230.9; 240.9 and 250.8 of the IAAF Competition Rules 2006-2007, the provision of sponges by the Organising Committee is optional, but an area shall be provided at each drink/sponge station where an athlete may be provided with a sponge or sponges by the athlete's representative.

### **RULE S230 RACE WALKS** (*amended December 2005*)

Chief Judge: Notwithstanding Rule 230.3(b) - IAAF Competition Rules 2006-2007, at all competitions in New Zealand the Chief Judge may also act as a race walking judge.

*Note: the Chief Judge, provided he or she is an ANZOES Level "A" Walks Judge or equivalently graded visiting official, may exercise the power under Rule 230.3(a) - IAAF Competition Rules 2006-2007 at any competition in New Zealand.*

### **RULE S240 ROAD RACES** (*amended May 2004*)

1. Rule 240 - IAAF Competition Rules 2006-2007 applies, with the addition of S250.2 of this document.
2. For all Road Relay events, drinking/sponging shall be provided at the start and finish of every lap, if weather conditions warrant such provision.

### **RULE S250 CROSS COUNTRY RACE** (*amended December 2005*)

The following rules supersede Rule 250 - IAAF Competition Rules 2006-2007

The race shall be run on a bona fide cross country course properly marked.

#### 1. Course

(a) It is recommended when a course comprises loops that the loops should not be less than 1750m. If necessary a small loop can be added in order to adjust the distances of the various events, in which case the small loop must be run in the early stages of the event. It is recommended that each long loop have a total ascent of at least 10m.

(b) There should be no obstacle, sharp bend or restriction closer than 250 metres from the start of any race or closer than 150 metres to the finish.

(c) Where possible, the finish area shall be roped off to prevent crowding and interference with competitors.

(d) Except where race rules declare otherwise, a competitor may go over, under or through any obstacle.

(e) Obstacles should normally not exceed 1200mm in height and those that are dangerous to life or limb are prohibited.

(f) Where water must be waded, the depth of water should normally not exceed 500mm.

(g) The course shall be of such width that any runner overtaking another shall have room to pass.

(h) The course shall be marked in the following manner, in order of preference:

(i) Marked with tape on both sides of the course. Where the course leads over or through fences, hedges, gates or changes direction, it shall be properly marked, preferably with tape both sides of the course.

(ii) Marked by a double row of flags or suitable markers, red to the left and white to the right, placed at important vantage points and observable by an approaching competitor from a distance of at least 125 metres. Where there is a double row of flags or suitable markers the competitors shall go between them.

(iii) Marked by a single row of flags or suitable markers placed at important vantage points and observable by an approaching competitor from a distance of at least 125 metres. Where there is only a single row of flags or suitable markers competitors shall be allowed a margin of five metres on either side of such a course so marked.

(iv) Any combination of the above.

(i) Course stewards shall be placed at turning and other important points and their duties shall be to direct competitors on the correct course and to see that the rules of the race are observed.

(j) The start and finish may be within a recognised athletic ground but the course in general shall be genuine cross country and should be selected to include a variety of obstacles and terrain.

*(Clause(i) deleted and Clauses (j) and (k) renumbered – December 2005.)*

## 2. General

(a) A competitor shall be disqualified if paced during any event by a non-competitor, and for the purpose of this rule runners shall be classed as non-competitors immediately they have passed the winning post.

(b) It shall be the duty of the Club or Centre conducting a race to appoint officers familiar with the course and able to advise athletes and teams accurately thereon.

(c) In utilising the power conferred under Rule 125 - IAAF Competition Rules 2006-2007, the Referee shall, in all decisions concerning deviation from the course, be guided by whether the competitor has gained an unfair advantage.

(d) In all cases not specifically covered by the foregoing, the appropriate rules governing track competition shall apply.

## **RULE S260 RECORDS** *(amended December 2005)*

Rule 260 - IAAF Competition Rules 2006-2007 applies to NZ records except for the following amendments:

1. The official application form of the Association shall be filled in and filed with Athletics New Zealand within thirty (30) days of the date on which the event was held. (This replaces Rule 260.4 - IAAF Competition Rules 2006-2007).
2. Doping controls are not mandatory for New Zealand records. (This replaces Rule 260.6 - IAAF Competition Rules 2006-2007).
3. For records to be approved, the meeting officials required to certify shall have the appropriate grading level under the current grading scheme. Final certification to be by a ANZOES Level "A" Official or above. Key officials for New Zealand Championships shall be approved by NTOC. Officials for other meetings shall be appointed by the Centre. *(amended December 2005)*
4. Rule 260.9 - IAAF Competition Rules 2006-2007 the wording in this clause is to be replaced by - "At least two competitors must participate in the event".
5. Rule 260.18(d) - IAAF Competition Rules 2006-2007 is to be disregarded for New Zealand records set in mixed competition.
6. Notwithstanding Rule 260.25 - IAAF Competition Rules 2006-2007, at an event where a New Zealand record (or qualification to a New Zealand team) is being claimed, at least two of the judges shall be ANZOES Level "A" Judges or above. The Walks Referee shall sign the record form verifying the competitor. The Judges names and gradings shall be included on the record form.
7. For events run on the straight it is permissible to run them in either direction provided the track is surveyed and marked for the events prior to the commencement of the competition.
8. For Age Grade records note By-Law C1.2.3 set out in Rule S141 of this document.
9. For a record on the Road (By-Law C2.2) to be recognised the following condition shall apply.
  - (a) The course measurement documentation has been checked by an ANZOES Level "A" or above Course Measurer and this documentation attached to the application. (for method of measuring refer IAAF Competition Rules 2006-2007 - Rule 240.3). This documentation to include a certificate by an ANZOES Level "B" or above Course Measurer that the course had been set out on the day of the race as described in the documentation on the course measurement.  
*(The Course measurer who checks the course on the day of the race may or may not be the same person who originally measured the course)*
  - (b) Conditions as set out in IAAF Competition Rules 2006-2007 - Rule 240.2 shall apply, namely
    - (i) The Start and Finish shall be no further apart than 50% of the race distance.

|| (*moved from By-law C2.4.6 - December 2005*)

10. In other respects the IAAF requirements as set out in Rule 260 - IAAF Competition Rules 2006-2007 apply to New Zealand Resident Records, New Zealand National Records and New Zealand Allcomers Records.

10. New Zealand Record Application Forms are available from the Association.

### **RULINGS** (*amended May 2004*)

1. Field Events Implements: Any athlete may use their own implements provided their specifications have been checked by either the Technical Manager or their nominee before competition and they are put into the pool for use by all competitors in the event.
2. Timekeepers and Timing: No timekeeper shall use more than one watch and all timekeepers' watches shall be officially accepted and identified before the commencement of the meeting.
3. Official Surveyor: The official surveyor appointed shall be a registered surveyor or suitably qualified professional engineer.
4. Records: The words "Duly Advertised" mean the prior normal making known of the competition either through the Press or typed or written forms or an Athletics Centre website for the information of the athletes or the public.
5. Records: In the track events where the time for the first and second place-getters is the same, a record may be granted for both competitors where the usual requirements are in order for each competitor involved.
6. Teams Races in Cross Country Events: All members' placings in a team are taken into account in arriving at the points gained by other teams.



### APPENDIX ONE - HURDLES

	Distance of race	No of hurdles	Height of hurdle	Distance from start line to first hurdle	Distance between hurdles	Distance from last hurdle to finish line
	metres		mm	metres	metres	metres
Men	110	10	1067	13.72	9.14	14.02
	400	10	914	45	35	40
M19/M18	110	10	990	13.72	9.14	14.02
	400	10	914	45	35	40
M17/M16	110	10	914	13.72	9.14	14.02
	300	7	840	50	35	40
Women	100	10	840	13	8.5	10.5
	400	10	762	45	35	40
W19/W18	100	10	840	13	8.5	10.5
	400	10	762	45	35	40
W17/W16	100	10	762	13	8.5	10.5
	300	7	762	50	35	40

## APPENDIX TWO - IMPLEMENT WEIGHTS

Event	Age grade	Weight min	Diameter min	Diameter max				
<b>Shot</b>	Men	7.26kg	110mm	130mm				
	M19/M18	<b>6.00kg</b>	<b>105mm</b>	<b>125mm</b>				
	M17/M16	5.00kg	100mm	120mm				
	Women	4.00kg	95mm	110mm				
	W19-W16	4.00kg	95mm	110mm				
		<b>Weight min</b>	<b>Outside of Diameter of metal rim (min)</b>	<b>Outside of Diameter of metal rim (max)</b>	<b>Thickness over flat centre of metal plates</b>	<b>Thickness of rim (6mm from edge)</b>		
<b>Discus</b>	Men	2.00kg	219mm	221mm	44mm - 46mm	12mm		
	M19/M18	1.75kg	210mm	212mm	41mm - 43mm	12mm		
	M17/M16	1.50kg	200mm	202mm	38mm - 40mm	12mm		
	Women	1.00kg	180mm	182mm	37mm - 39mm	12mm		
	W19-W16	1.00kg	180mm	182mm	37mm - 39mm	12mm		
		<b>Weight</b>	<b>Length from inside grip</b>	<b>Diameter of head</b>				
<b>Hammer</b>	Men	7.26kg	1175mm - 1215mm	110mm - 130mm				
	M19/M18	<b>6.00kg</b>	1175mm - 1215mm	<b>105mm - 125mm</b>				
	M17/M16	5.00kg	1165mm - 1200mm	100mm-120mm				
	Women	4.00kg	1160mm - 1195mm	95mm - 110mm				
	W19-W16	4.00kg	1160mm - 1195mm	95mm - 110mm				

		<b>Weight</b>	<b>Length</b>	<b>Length of Metal Head</b>	<b>Distance from tip of metal head to centre of gravity</b>	<b>Diameter of shaft at thickest point</b>	<b>Width of cord grip</b>	<b>Notes</b>
<b>Javelin</b>	Men	800g	2.60m - 2.70m	250mm - 330mm	0.90m - 1.06m	25mm - 30mm	150mm - 160mm	
	M19/M18	800g	2.60m - 2.70m	250mm - 330mm	0.90m - 1.06m	25mm - 30mm	150mm - 160mm	
	M17/M16	700g	2.30m - 2.40m	250mm - 330mm	0.86m - 1.00m	23mm - 28mm	150mm - 160mm	
	Women	600g	2.20m - 2.30m	250mm - 330mm	0.82m - 0.92m	20mm - 25mm	140mm - 150mm	
	W19-W16	600g	2.20m - 2.30m	250mm - 330mm	0.82m - 0.92m	20mm - 25mm	140mm - 150mm	