



## SPRINT HURDLES SESSION

# ATHLETICS AUCKLAND HURDLE CLINIC

**Get ready for a great learning session:**

**Session Coach:** Neil Bartlett- Coach Development manager at Athletics Auckland

**Mt. Smart stadium:** Sunday 28 November 2021. 1.00pm to 2.30pm for a skill development session. Free coaching to learn more about the technical event of sprint hurdling. Open to all Club and School Athletes. Beginning & Intermediate hurdlers welcome, aged 12 to under 16 years of age. For Colgate athletes & others keen to learn.

**Registration:** Email Neil at [development@athleticsauckland.co.nz](mailto:development@athleticsauckland.co.nz)



BE PART OF IT

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THIS WILL BE A  
GOOD OPPORTUNITY  
TO DEVELOP YOUR  
HURDLING

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FREE TO COACHES  
AND ATHLETES

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EMAIL YOUR  
DETAILS TO  
REGISTER

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