



AUCKLAND JUNIOR ATHLETICS CHAMPIONSHIPS

1. General

- Where not specifically set out in these rules, the relevant ANZ and World Athletics rules will apply.
- Only meeting officials will be allowed in the centre of the arena.
- Grade 7-9yr athletes - will compete in divisions for track and field. Pennants will be awarded for the top 3 place getters and ribbons for the next 5 athletes in the division.
- Grade 10 – 14yr Athletes – the top 3 athletes in each event will be awarded medals.
- Every effort will be made to ensure the programme runs to time and in the order laid out. On the day, the events on the program could run ahead of schedule and the athletes are expected to remain at Mt Smart in their age groups/bubbles until their final event.
- Athletes may NOT compete in another age group. They must compete in the age group shown on their age patch.

2. Entries

- Entries for all grades will only be taken online, using the approved Athletics Auckland system.
- Entries open on **Mon 14 February and close at 11:59pm Sunday 20th February 2022**. Entries or changes to entries will not be accepted after this date. Athletics Auckland has a no refund policy.
- Athletes can enter **any number of** events remaining in the Auckland Championship Athletics competition. However, parents need to be mindful what their child /children can tolerate.
- Entry Fees - \$6 per event
- Non-Auckland Athletes. This year and due to Auckland being in the Red Light of the Covid Protection Framework, Athletes from outside Auckland affiliated clubs will not be permitted to enter the Auckland Junior Championships.

3. Uniforms

- All athletes must compete in their official Club uniform with either **the GREEN Colgate age patch or the new Age Patch (2021) showing the AAI number and name; and is to be firmly attached on the front of their competition singlet**. If bike pants are worn, they must be either the colour of the club's official uniform, or Black. NO multi coloured bike pants will be allowed. In addition, no casual non-competition type shorts, NRL shorts, or board shorts will be allowed for competition purposes. If you cannot obtain club-coloured shorts you must wear BLACK shorts.
- A black or white tee shirt maybe worn under the club's competition singlet (sunburn).

4. Health and Safety

In the interests of safety to athletes, coaches, officials, volunteers and spectators, the following should be adhered to at all times:

- The Field will be divided through the centre - and boys will compete in their field events in their relevant age group at the **Toilet end** of the stadium, while the girls will compete in their events at the other end or **Tunnel end**.
- Entry to the Competition Area is to be made by athletes under control of officials.
- Athletes are not to cross the infield of the Competition Area. Athletes caught doing this are liable to be excluded from the Championship
- Warm-ups on the track can only take place within the bubbles and under supervision on the track designated for the boys (home strait) and the girls (back strait). Warm-ups for the field events can only occur without implements until the athlete is called to the competition event. Practice throws are not allowed on the Number 5 Field behind the John Walker Lounge.
- Throwing implements must be under direct supervision of an official.
- Athletes should take care crossing the track at all times and adhere to directions from officials regarding the crossing of the track.
- No unauthorised person(s) shall be allowed in the Competition Area or in the Athlete Bubbles. This includes Parents, Coaches, and anyone else not acting as an appointed meeting Official.

5. Protests

A verbal protest can be made in the first instance by the athlete to the Chief Judge of the event who will summon the appropriate referee.

6. Assembly

- Athletes will enter the stadium in separate groups. Athletes will assemble in their age groups and be escorted to their events. **The exact details of the bubbles for athletes and spectators are still to be finalised.**
- Marshalling will be 15 mins prior to the next event
- Hurdles marshalling will be done at the hurdles start line.
- If an athlete is not competing in an event, they must remain in their bubble until their last event.
- Athletes can only leave their bubble because they have no further events and are leaving the stadium.

7. Technical Information –

- Mobile phones and smart watches are allowed in the Competition Area but must be turned off and kept in the athlete's bag.
- Any athlete found using or looking at their phone or smart watch in the Competition Area will be issued with a yellow card, or a red card, depending on the circumstance.

8. Track – General information

- Metal spiked shoes may only be worn during competition and then only by athletes in Grades 10, 11, 12, 13 and 14. Spiked shoes with the spikes removed CANNOT be worn by any athlete. Rubber moulded spikes which are part of the sole of the shoe may be worn by athletes in Grade 7 – 9.
- Spike length allowed: 7mm on track and long jump
9mm at high jump
- Athletes MUST use the crouch start position as per ANZ competition rules.
- Starting blocks *must* be used in *all* races up to and including 400m if metal spikes are being worn, *and* by all runners in age groups 12 and older.

- For safety, spiked shoes must be removed at the immediate completion of the athlete's event before leaving the arena. Failure to do this could result in disqualification from any further events.
- Athletes will be randomly allocated into heats if there are more than 8 athletes in a sprint race.
- The track events will take precedence over field events.
- Athletes competing in laned events must remain in their lanes and return to the finish line at the completion of events until dismissed by the appropriate official.

9. Track - Method of Finding Finalists (photo finish)

- Results will be determined by the three fastest times from the heats and there will be no semis or finals.

10. Track - Notification of winners

- **Presentation of medals, pennants and ribbons are yet to be finalised.**
- Results will not be posted on the notice board to avoid mixing and will be posted as soon as possible on the Athletics Auckland Website.

11. Track - Lane Draws

- If there is an excessive number of withdrawals in any event, heats may be redrawn by the Track Marshals and run as straight Finals at that time.

12. Field

- Throws and Long Jump grade 7 - 14 years – Only three attempts will be offered to all athletes in accordance with the Rules of Competition.
- No athlete's personal throwing implements will be accepted for this competition.
- Athletes can have one warm up throw for this competition.
- Athletes can have one warm up run through in the long jump.
- High Jump – Three attempts at each height in accordance with the Rules of Competition. The bar will be raised in increments of 5cm until there are 6 competitors remaining. Thereafter the height of the bar will be raised in 3cm increments until 1 competitor remains. The bar can only be raised in 1cm increments when the competition has been won and that competitor may dictate the height.

HIGH JUMP-STARTING HEIGHTS

Ages	Girls	Boys
10	1.05	1.10
11	1.10	1.15
12	1.15	1.20
13	1.20	1.25
14	1.25	1.30

THE MEETING MANAGER RESERVES THE RIGHT TO VARY OR ADVANCE THE PROGRAMME. IT IS IN THE BEST INTEREST OF EVERY ATHLETE TO REMAIN AT MT SMART STADIUM.