



## Auckland Track & Field Championships

Saturday 12 February 2022

### TRACK

TRACK					Warm Up on Field #3 (adjacent to main gear shed)	Event Time	Event Over
Heat/Final	Event	Grade	Heat #	Arrival Time	Warm Up Location #	12.00	12.01
Final	200 m Hurdles, 686	WU14	1	11.15	Zone 1, then to Backstraight at 11.40 am	12.03	12.04
Final	200 m Hurdles, 686	MU14	1	11.15	Zone 1, then to Backstraight at 11.40 am	12.14	12.15
Final	300 m Hurdles, 686	MM75	1	11.15	Zone 1, then to Backstraight at 11.40 am	12.14	12.15
Final	300 m Hurdles, 762	WU16, WU18		11.15	Zone 1, then to Backstraight at 11.40 am	12.25	12.26
Final	300 m Hurdles, 762	MU16, MU16 IP	1	11.30	Zone 2, then to Backstraight at 12.05 pm	12.30	12.31
Final	400 m Hurdles, 762	MW40, WU20, Senior Women	1	11.45	Zone 2, then to Backstraight at 12.05 pm	12.45	12.46
Final	300 m Hurdles, 838	MU18	1	11.45	Zone 1, then to Backstraight at 12.25 pm	13.00	13.01
Final	400 m Hurdles, 914	Senior Men	1	12.00	Zone 1, then to Backstraight at 12.40 pm	13.30	13.33
Final	200 m	Senior Men	2	12.45	Zone 2, then to Backstraight at 13.10 pm	13.34	13.35
Final	200 m	Senior Women	1	12.45	Zone 2, then to Backstraight at 13.10 pm	13.36	13.37
Final	200 m	MU20	1	12.45	Zone 2, then to Backstraight at 13.10 pm	13.38	13.39
Final	200 m	WU20	1	12.45	Zone 2, then to Backstraight at 13.10 pm	13.40	13.45
Final	200 m	MU18	3	12.55	Zone 1, then to Backstraight at 13.20 pm	13.46	13.47
Final	200 m	WU18	1	12.55	Zone 1, then to Backstraight at 13.20 pm	13.48	13.51
Final	200 m	MU16	2	12.55	Zone 1, then to Backstraight at 13.20 pm	13.52	13.57
Final	200 m	WU16	3	13.05	Zone 2, then to Backstraight at 13.30 pm	13.58	13.59
Final	200 m	MU14	1	13.15	Zone 1, then to Backstraight at 13.40 pm	14.00	14.03
Final	200 m	WU14	2	13.15	Zone 1, then to Backstraight at 13.40 pm	14.04	14.05
Final	200 m	MU20 Para, Senior Men Para	1	13.15	Zone 1, then to Backstraight at 13.40 pm. Wheelchair straight to Backstraight.	14.06	14.07
Final	200 m	WU17 Para, WU20 Para, Senior Women Para	1	13.25	Zone 1, then to Backstraight at 13.40 pm. Wheelchair straight to Backstraight.	14.08	14.09
Final	200 m	MM30, MM35, MM40	1	13.30	Zone 2, then to Backstraight at 13.45 pm	14.10	14.11
Final	200 m	MM45, MM50, MM55	1	13.30	Zone 2, then to Backstraight at 13.45 pm	14.12	14.13
Final	200 m	MM60, MM75	1	13.30	Zone 2, then to Backstraight at 13.45 pm	14.14	14.15
Final	200 m	MW40, MW45, MW50, MW60, MW65, MW75	1	13.30	Zone 2, then to Backstraight at 13.45 pm	14.30	14.33
Final	800 m	Senior Men	1	13.45	Zone 1, then to Start 10 minutes before Start time.	14.34	14.37
Final	800 m	Senior Women	1	13.45	Zone 1, then to Start 10 minutes before Start time.	14.38	14.39
Final	800 m	MU20	1	13.50	Zone 1, then to Start 10 minutes before Start time.	14.42	14.43
Final	800 m	WU20	1	13.50	Zone 1, then to Start 10 minutes before Start time.	14.46	14.49
Final	800 m	MU18	1	14.00	Zone 2, then to Start 10 minutes before Start time.	14.50	14.53
Final	800 m	WU18	1	14.05	Zone 2, then to Start 10 minutes before Start time.	14.54	15.01
Final	800 m	MU16	2	14.10	Zone 1, then to Start 10 minutes before Start time.	15.02	15.09
Final	800 m	WU16	2	14.15	Zone 1, then to Start 10 minutes before Start time.	15.10	15.13
Final	800 m	MU14	1	14.25	Zone 1, then to Start 10 minutes before Start time.	15.14	15.17
Final	800 m	WU14, WU17 Para	1	14.25	Zone 1, then to Start 10 minutes before Start time.	15.18	15.21
Final	800 m	WU20 Para Wheel, MU20 Para Wheel	1	14.30	Backstraight, then to Start 5 minutes before Start time.	15.22	15.26
Final	800 m	MM40, MM45, MM50, MM65, MM70, MM75	1	14.35	Zone 2, then to Start 10 minutes before Start time.	15.27	15.31
Final	800 m	MW30, MW40, MW50, MW55, MW65	1	14.40	Zone 1, then to Start 10 minutes before Start time.		

Athletes to leave arena 10 minutes after their event.

If competing in more than one event, sit in reserved section in Stand then go to next warm up area at the advised time.

## Saturday 12 February 2022

Warm Up on Field #3 (adjacent to main gear shed)

### FIELD

NO implements to be thrown on Field #3.

Heat/Final	Event	Grade	Heat #	Arrival Time	Warm Up Location #	Event Time	Event Over
Final	Long Jump	WU14		11.15	Zone 3, then LJ pit 10 minutes before Event time.	12.00	12.35
Final	Long Jump	WU16		12.00	Zone 3, then LJ pit 10 minutes before Event time.	12.45	13.55
Final	Long Jump	WU18		13.15	Zone 3, then LJ pit 10 minutes before Event time.	14.00	15.15
Final	Long Jump	WU20		13.15	Zone 3, then LJ pit 10 minutes before Event time.	14.00	15.15
Final	Long Jump	Senior Women		13.15	Zone 3, then LJ pit 10 minutes before Event time.	14.00	15.15
Final	Long Jump	MW40, MW55		13.15	Zone 3, then LJ pit 10 minutes before Event time.	14.00	15.15
Final	Long Jump	MU14		14.45	Zone 3, then LJ pit 10 minutes before Event time.	15.30	16.10
Final	Long Jump	MU16		15.30	Zone 3, then LJ pit 10 minutes before Event time.	16.15	16.55
Final	Long Jump	MU18		16.15	Zone 3, then LJ pit 10 minutes before Event time.	17.00	18.30
Final	Long Jump	Senior Men		16.15	Zone 3, then LJ pit 10 minutes before Event time.	17.00	18.30
Final	Long Jump	MM40, MM45, MM55, MM75		16.15	Zone 3, then LJ pit 10 minutes before Event time.	17.00	18.30
Final	Shot Put	MU14, 4 kg		11.15	Zone 4, then to SP1 10 minutes before Event time.	12.00	12.50
Final	Shot Put	MU16, 5 kg		11.15	Zone 4, then to SP1 10 minutes before Event time.	12.00	12.50
Final	Shot Put	MU18, 5 kg		12.15	Zone 4, then to SP1 10 minutes before Event time.	13.00	14.00
Final	Shot Put	MU20, 6 kg		12.15	Zone 4, then to SP1 10 minutes before Event time.	13.00	14.00
Final	Shot Put	Senior Men		12.15	Zone 4, then to SP1 10 minutes before Event time.	13.00	14.00
Final	Shot Put	MM35, MM40, MM45, MM60, MM70		13.30	Zone 4, then to SP1 10 minutes before Event time.	14.15	14.45
Final	Shot Put	WU14, 3 kg		14.15	Zone 4, then to SP1 10 minutes before Event time.	15.00	15.25
Final	Shot Put	WU17 Para		14.15	Zone 4, then to SP1 10 minutes before Event time.	15.00	15.25
Final	Shot Put	WU16, 3 kg		14.45	Zone 4, then to SP1 10 minutes before Event time.	15.30	16.45
Final	Shot Put	WU18, 3 kg		16.15	Zone 4, then to SP1 10 minutes before Event time.	17.00	18.15
Final	Shot Put	WU20, 4 kg		16.15	Zone 4, then to SP1 10 minutes before Event time.	17.00	18.15
Final	Shot Put	Senior Women , 4 kg		16.15	Zone 4, then to SP1 10 minutes before Event time.	17.00	18.15
Final	Shot Put	MW35, MW55, MW60		16.15	Zone 4, then to SP1 10 minutes before Event time.	17.00	18.15

Athletes to leave arena 10 minutes after their event.

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