



Auckland Track & Field Championships

Sunday 13 February 2022

TRACK

Warm Up on Field #3 (adjacent to main gear shed)

Heat/Final	Event	Grade	Heat #	Arrival Time	Warm Up Location #	Event Time	Event Over
Final	10000 m Walk	WU20					
Final	10000 m Walk	Senior Men		7.15	Back Straight, then to Start 10 minutes before Start time.	8.00	9.15
Final	10000 m Walk	MW50					
Timed Finals	110 m Hurdles, 1067	Senior Men	1	8.30	Back Straight, then to Start 5 minutes before Start time.	9.30	9.31
Timed Finals	110 m Hurdles, 1067	MM30					
Timed Finals	110 m Hurdles, 914	MU18	1	8.40	Back Straight, then to Start 5 minutes before Start time.	9.38	9.39
Timed Finals	100 m Hurdles, 838	Senior Women	1	8.45	Back Straight, then to Start 5 minutes before Start time.	9.46	9.47
Timed Finals	100 m Hurdles, 838	WU20					
Timed Finals	100 m Hurdles, 838	MU16	1	9.00	Back Straight, then to Start 5 minutes before Start time.	9.54	9.55
Timed Finals	100 m Hurdles, 838	MU16 IP	1	9.00	Back Straight, then to Start 5 minutes before Start time.	9.57	9.58
Timed Finals	100 m Hurdles, 762	WU18, WU18 IP	1	9.10	Back Straight, then to Start 5 minutes before Start time.	10.05	10.06
Timed Finals	80 m Hurdles, 762	WU16	2	9.20	Back Straight, then to Start 5 minutes before Start time.	10.08	10.12
Timed Finals	80 m Hurdles, 762	MU14	1	9.30	Back Straight, then to Start 5 minutes before Start time.	10.14	10.15
Timed Finals	80 m Hurdles, 762	MM75					
Timed Finals	80 m Hurdles, 762	WU14	1	9.30	Back Straight, then to Start 5 minutes before Start time.	10.17	10.18
Timed Finals	400 m	Senior Men	1	10.15	Zone 1, then to Start 10 minutes before Start time.	11.00	11.01
Timed Finals	400 m	Senior Women	1	10.15	Zone 1, then to Start 10 minutes before Start time.	11.03	11.04
Timed Finals	400 m	MU20	1	10.20	Zone 2, then to Start 10 minutes before Start time.	11.06	11.07
Timed Finals	400 m	WU20	1	10.20	Zone 2, then to Start 10 minutes before Start time.	11.09	11.10
Timed Finals	400 m	MU18	2	10.30	Zone 3, then to Start 10 minutes before Start time.	11.12	11.13
Timed Finals	400 m	WU18	1	10.30	Zone 3, then to Start 10 minutes before Start time.	11.17	11.18
Timed Finals	400 m	MU16	2	10.35	Zone 1, then to Start 10 minutes before Start time.	11.20	11.21
Timed Finals	400 m	WU16	3	10.40	Zone 2, then to Start 10 minutes before Start time.	11.25	11.26
Timed Finals	400 m	MU14	1	10.45	Zone 3, then to Start 10 minutes before Start time.	11.32	11.33
Timed Finals	400 m	WU14	2	10.50	Zone 1, then to Start 10 minutes before Start time.	11.35	11.36
Timed Finals	400 m	MU20 Para, SM Para, WU20 Para	1	10.55	Wheelchair direct to back straight then to Start 5 minutes before Start time.	11.40	11.41
Timed Finals	400 m	MM40, MM45, MM50	1	11.00	Zone 3, then to Start 10 minutes before Start time.	11.43	11.44
Timed Finals	400 m	MM55, MM60, MM75	1	11.00	Zone 3, then to Start 10 minutes before Start time.	11.46	11.47
Timed Finals	400 m	MW30, MW40, MW55	1	11.05	Zone 3, then to Start 10 minutes before Start time.	11.49	11.50
Timed Finals	1500 m	Senior Men	1	11.15	Zone 1, then to Start 10 minutes before Start time.	12.00	12.04
Timed Finals	1500 m	MU20	1	11.20	Zone 1, then to Start 10 minutes before Start time.	12.07	12.11
Timed Finals	1500 m	MU20 Para Wheelchair		11.25	Direct to back straight then to Start 5 minutes before Start time.	12.14	12.19
Timed Finals	1500 m	Senior Women	1	11.35	Zone 2, then to Start 10 minutes before Start time.	12.21	12.27
Timed Finals	1500 m	WU20					
Timed Finals	1500 m	MU18	1	11.40	Zone 3, then to Start 10 minutes before Start time.	12.28	12.34
Timed Finals	1500 m	WU18	1	11.50	Zone 1, then to Start 10 minutes before Start time.	12.35	12.41
Timed Finals	1500 m	MU16	1	11.55	Zone 2, then to Start 10 minutes before Start time.	12.42	12.48
Timed Finals	1500 m	MU14	1	12.00	Zone 3, then to Start 10 minutes before Start time.	12.49	12.55
Timed Finals	1500 m	WU16	1	12.10	Zone 1, then to Start 10 minutes before Start time.	12.56	13.02
Timed Finals	1500 m	WU14	1	12.20	Zone 2, then to Start 10 minutes before Start time.	13.03	13.09
Timed Finals	1500 m	WU17 Para					
Timed Finals	1500 m	MM35, MM40, MM45, MM50, MM65, MM70	1	12.25	Zone 3, then to Start 10 minutes before Start time.	13.10	13.17
Timed Finals	1500 m	MW50, MW65					

Athletes to leave arena 10 minutes after their event.

If competing in more than one event, sit in reserved section in Stand then go to next warm up area at the advised time.

Sunday 13 February 2022

Warm Up on Field #3 (adjacent to main gear shed)

NO implements to be thrown on Field #3.

FIELD

Heat/Final	Event	Grade	Circle #	Arrival Time	Warm Up Location #	Event Time	Event Over
Final	Triple Jump	WU16		8.15	Zone 4, then to Event site 10 minutes before Start time.	9.00	8.55
Final	Triple Jump	WU14					
Final	Triple Jump	MU16		9.30	Zone 4, then to Event site 10 minutes before Start time.	10.15	11.00
Final	Triple Jump	MU14					
Final	Triple Jump	MM45, MM75		10.30	Zone 4, then to Event site 10 minutes before Start time.	11.15	12.05
Final	Triple Jump	Senior Women					
Final	Triple Jump	WU20					
Final	Triple Jump	WU18					
Final	Triple Jump	MW30		11.30	Zone 4, then to Event site 10 minutes before Start time.	12.15	13.10
Final	Triple Jump	Senior Men					
Final	Triple Jump	MU18					
Final	Discus, 1 kg	MU14	Discus 1	8.15	Go to Discus 1 Zone 1, then to Event site 10 minutes before Start time.	9.00	9.55
Final	Discus, 1 kg	WU16	Discus 1	9.15		10.00	11.00
Final	Discus, 2 kg	Senior Men	Discus 1	10.30	Zone 4, then to Event site 10 minutes before Start time.	11.15	12.25
Final	Discus, 1.75 kg	MU20					
Final	Discus, 1.5 kg	MU18		11.45	Zone 4, then to Event site 10 minutes before Start time.	12.30	13.30
Final	Discus, 1 kg	Senior Women					
Final	Discus, 1 kg	WU20					
Final	Discus, 1 kg	WU18					
Final	Discus, 1 kg	WU14	Discus 2	8.15	Go to Discus 2 Zone 1, then to Event site 10 minutes before Start time.	9.00	9.40
Final	Discus	WU17 Para	Discus 2	9.00		9.45	11.00
Final	Discus, 1.25 kg	MU16		10.30	Zone 4, then to Event site 10 minutes before Start time.	11.15	12.25
Final	Discus	MW35, MW55					
Final	Discus	MM30, MM35, MM40, MM45, MM60, MM70, MM75	Discus 2				
Final	Masters Weight Throw	Masters Men 40 Weight, 15.88 kg	Discus 2	11.45	Zone 1, then to Event site 10 minutes before Start time.	12.30	13.00
Final		Masters Men 45 Weight, 15.88 kg					
Final		Masters Men 60 Weight, 9.08 kg					
Final		Masters Men 70 Weight, 7.26 kg					
Final		Masters Women 55 Weight, 7.26 kg					

Athletes to leave arena 10 minutes after their event.

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