

# Event Programme

8.30 am Racewalk Auckland 3000m Championship

9.20 am Counties Manukau 1500m Championship

(All welcome to run 1500m; only pre-registered CM athletes eligible for medals)

10.00 am 10-14 Years

9.20 am 10 Girls/11 Girls

9.40 am 12 Girls – U18 Girls

9.30 am 10 Boys/11 Boys

9.50 am 12 Boys – U18 Boys

	10.00 am	10.30am	11.00am	11.30 am	12 noon
108 / 10G	Discus	100m (+ 60m if time)	High Jump	400m	2x200m relays
118 / 11G	Long Jump	100m (+ 60m if time)	Shotput	400m	2x200m relays
128 / 12G	Hurdles or 100m	High Jump	400m	Discus	2x200m relays
138 / 13G	Hurdles or 100m	Discus	400m	Long Jump	2x200m relays
14+B / 14+G	Hurdles or 100m	Shot Put	400m	High jump	2x200m relays

1 pm 5-9 Years

	1 pm	1.30 pm	2 pm	2.30 pm	3 pm
58 / 5G	Rubber Chicken Discus	100m (+ 60m if time)	Long Jump	200m	400m obstacle race
68 / 6G	Long Jump	100m (+60 m if time)	Rubber Chicken Discus	200m	400m obstacle race
78 / 7G	100m (+ 60m if time)	Long Jump	200m	Discus	400m obstacle race
88 / 8G	100m (+60 m if time)	Shot Put	200m	Long Jump	400m obstacle race
98 / 9G	100m (+60m if time)	High Jump	200m	Shot Put	400m obstacle race