

**DICK QUAX MEMORIAL MEET 2022 PROGRAMME FINAL**

**LLOYD ELSMORE PARK, PAKURANGA**

**SATURDAY, 12 MARCH, 2022**

	<b>TRACK</b>				<b>FIELD</b>	
<b>11:00am</b>	400m	2-6 B				
	400m	2-6 G				
<b>11:20am</b>	800m	7-9 B				
	800m	7-9 G				
<b>12:00pm</b>	80m H (0.762m)			<b>12:00pm</b>	Discus	10-14 B
<b>12:15pm</b>	100m H (0.762m)				Discus	10-14 G
	100m H (0.838m)					
<b>12:25pm</b>	110m H (0.914m)					
	110m H (1.067m)					
<b>12:40pm</b>	100m	Men				
	100m	Women				
<b>12:55pm</b>	100m	10-14 B		<b>1:00pm</b>	Javelin	Men
	100m	10-14 G			Javelin	Women
<b>1:20pm</b>	200m	Men				
	200m	Women				
<b>1:45pm</b>	200m	10-14 B		<b>2:00pm</b>	Shot Put	10-14 B
	200m	10-14 G			Shot Put	10-14 G
<b>3:00pm</b>	2000m Race Walk	10-14 B		<b>2:30pm</b>	High Jump	Men
	2000m Race Walk	10-14 G				
<b>3:15pm</b>	800m	Men		<b>3:00pm</b>	Long Jump	10-14 B
	800m	Women			Long Jump	10-14 G
<b>3:30pm</b>	5000m	U20/Senior Men				
	5000m	U20/Senior Women				
<b>4:10pm</b>	2000m	10-11 B		<b>4:00pm</b>	Long Jump	Men
	2000m	10-11 G			Long Jump	Women
<b>4:30pm</b>	3000m	12-14 B				
	3000m	12-14 G				
<b>5:00pm</b>	3000m	U18 Men		<b>5:00pm</b>	High Jump	Women
	3000m	U18 Women				