

ATHLETICS AUCKLAND GRAND PRIX SERIES

SERIES DETAILS & RULES

1. The Athletics Auckland Grand Prix Series this year consists of five running races throughout the Auckland Region. Separate Race Walk Events are included in the Road Championships and Road Relay Championships.
2. The series will find a Grand Prix Champion in each age grade, Seniors, U20, U18, U16, U14, U12, U10, U8 (U8 must be aged 7 years as at 31/12 of competing year), including the following Masters age groups -W35, W40, W45, W50, W55, W60+, M35, M40, M45, M50, M55, M60 and M65+. **Any child U7 wishing to have a run can enter the Fun Run and can also have an adult run with them if they wish.**
3. **Age Grades for the Masters competition will be as at the first Grand Prix race in the series and competitors will automatically carry that grade throughout the entire series, including the Auckland Cross Country Championships and Auckland Road Championships.**
4. For all events - Championships points will be - 100 for 1st, 99 for 2nd, 98 for 3rd, 97 for 4th etc (points will continue downwards in single unit's e.g. 96 for 5th, 95 for 6th etc).
5. The Grand Prix Champions will be the athletes with the highest number of points in each grade at the end of the series and who have competed in four of the possible five races; this must include either one of the Auckland Championship events. If all 5 events have been completed you will drop points on your lowest placing. However if, after the last race, the points are equal for any of the first three place getters there will be a count back system with the number of wins, seconds and thirds counting (in that order).
(The definition of "competed" is that the athlete has made a genuine effort to **complete** the race).
6. Entry - you must be a New Zealand Athletics Registered athlete to receive any points in the Grand Prix Series events. Registered Athletes from other centres qualify.
7. Registrations – Athletes must report to the Registration Desk to receive their race number that has the transponder attached. There will be no late entries on Race Day.
8. **Risk** - although every effort will be made to ensure courses are as safe as possible runners compete in these events at their own risk. Runners may compete in bare feet, we strongly recommend all runners wear appropriate footwear because underfoot conditions cannot be guaranteed at any event. **Grade U10 athletes are not to wear spikes.**
9. A First Aid Kit and defibrillator will be available at all venues and can be found at the Registration Desk.
10. (a) Athletics Auckland will appoint a Technical Delegate for the Teams Race, Cross Country/Road Championships. They will be the final judge over any matter pertaining to the eligibility of competitors at those Championships.
(b) Athletics Auckland will appoint referees (up to four) for each event and they will be the final Judge over any matter relating to the rules or conduct of the event.
11. Race Marshals/ Umpires will be in place at each event and are there largely for the safety of competitors. However ignoring their instructions or directions may result in disqualification.
12. **RACE RULES** – all races in the series will be conducted under IAAF and Athletics New Zealand competition rules, **(this includes protest procedure Rule 146)**
13. **Assistance:** While it is acceptable for supporters to encourage runners they must not run alongside the athlete. This is known as pacing and could result in disqualification of the athlete.
14. The use of electronic devices such as mobile phones or iPods etc. is prohibited within the competition area and may result in disqualification.
15. **Race running** - where a course is marked with two rows of cones or tape, runners are required to run between the rows. Where there is only one row of cones or tape runners may run up to one metre either side of the row. Where the course is marked with cones, the course boundary is the straight line between the cones. Athletes running outside the marked course may be disqualified from the race.
16. **Late Start** – Athletes are permitted to start a race after the official start but they must cross over the Start Line, not just join the race from any point. Failure to do so will lead to disqualification.

HOW TO ENTER

17. Either enter all GP events (plus Race 1) as a **season entry** online at www.athleticsauckland.co.nz or Complete appropriate online **single entry** form, www.athleticsauckland.co.nz uploaded one week prior to the event. Payment will be made online when entering event.

RACE REGISTRATION PROCEDURES

18. Athletes must report to the Registration Desk to receive their race number that has the transponder attached.

19. **Reporting Times** – All athletes should arrive at each race venue with enough time to collect their race number with transponder attached, check out course layout and complete warm up preparations.

20. **Start Times** - Start times vary for each event and programme/course map and venue directions can be found under the Event on the Athletics Auckland Website. <https://athleticsauckland.co.nz/competition/events/>

21. Runners may run up a grade, however they will not be able to gain GP points in their own grade. This must be done via an email to the office (office@athleticsauckland.co.nz) and the appropriate fee paid.

GRAND PRIX SERIES PRIZES:

22. First, second & third place-getters in grades U8 – U16 will receive prizes and/or trophies for the series. Grades U18 and above will receive 1st, 2nd and 3rd place trophies for the series and all GP eligible U18 and above grades will go into a draw for several major prizes drawn at the Athletics Auckland Prize Giving. You must be present at the Prize Giving to receive these prizes. Certificates will also be given to the top ten place-getters in grades U8 – U16.

AUCKLAND CHAMPIONSHIPS:

23. Championships include Auckland Teams Cross Country, Auckland Cross Country, Auckland Road and Auckland Road Race Walk and Auckland Road Relays including Race Walk Relay. Medals, pennants, cups and trophies will be awarded at the Athletics Auckland Prize Giving – Date to be announced.

Athletics Auckland Championship Medals can only be awarded to Athletics Auckland registered members.

24. Championship Medals for Masters will be awarded in the same age groups as for the Grand Prix Series (see above) & the age for Masters Competitors will be as at the first race in the Grand Prix Series, with the exception of:

- Any Senior or Masters Athletes who are eligible to move up to the next 5-year age grade, MAY choose to compete in this new grade in the **Cross Country and Road Championship only (This must be done via an email to the office (office@athleticsauckland.co.nz)).** It is the athlete's responsibility to ensure that they are entered in the correct event. This allows them to compete for Auckland Cross Country and Road Championships titles in their new grade but will not receive GP points.

FOR FURTHER INFORMATION:

Contact Athletics Auckland: Phone: (09) 525-6903

Email: office@athleticsauckland.co.nz

Website: <http://www.athleticsauckland.co.nz>