



Athletics Auckland Grand Prix 4 Long Bay Regional Park Saturday 23rd July 2022

Venue: Long Bay Regional Park

Race 1:	Masters Men	1.30pm	4km
Race 2:	U20 Women, Senior Women	1.45pm	4km
Race 3:	Masters Women	1.50pm	4km
Race 4:	Senior Men and U20 Men	2.05pm	4km
Race 5:	U18 Men	2.08pm	4km
Race 6:	Auckland Fun Run	2.25pm	2km or 4km
Race 7:	Boy/Girls U8	2.40pm	2km
Race 8:	Boys U10	2.43pm	2km
Race 9:	Girls U10	2.45pm	2km
Race 10:	Boys U12	2.50pm	2km
Race 11:	Girls U12	2.55pm	2km
Race 12:	Boys U14	3.00pm	2km
Race 13:	Girls U14	3.05pm	2km
Race 14:	U16 Men	3.15pm	2km
Race 15:	U16 Women and U18 Women	3.20pm	2km

Enquiries: Athletics Auckland office@athleticsauckland.co.nz or competitions@athleticsauckland.co.nz

Web: www.athleticsauckland.co.nz

Individual Entries close Wednesday 20th July, Midnight. There will be no Late entries available on the day. Make sure you arrive with sufficient time to collect your number (which will include your transponder on the back).

*This programme is subject to change depending on entries received.