



Pakuranga Invitational Cross Country Day

Saturday 16th July 2022

ALL ARE WELCOME - MEMBERS AND NON-MEMBERS

*Come and join us for an afternoon of running
There will be events for all ages (Juniors and Seniors)*



Pakuranga Invitational Saturday 16th July 2022

**Clubrooms at Lloyd Elsmore Park, Entrance 36/38 Cascades Road,
Pakuranga**

Juniors (U7 to U16):

1 x 2km lap, Race start at 2:30pm

Seniors (including interested U16's and U18's):

Choose your distance - 4km or 8km, Races start at 3:00pm

No need to pre-register - register on the day from 1.30pm onwards

Entry is Free for Athletics Auckland Affiliated Members (Auckland Clubs)

Non-Members: \$2 entry fee per person

Food and Drinks will be on sale

Prize money will be awarded to Seniors in the Top 3 positions (men and women)

Spot prizes will be up for grabs for the Juniors, including a \$250 Asics Voucher

For more information contact us at jxcr@pakurangaathletics.nz