

2022 AAI Road Relays Course Description.

Start/Finish line is close to the Track Finish line.

Go towards 100 metre start line.

Bear right then left up the LHS of the ramp.

Turn right through the gate, keeping to the LHS (alongside the building).

Up the hill towards the Mt Smart Offices.

Bear right.

Turn left (probably along the footpath) heading West towards Maurice Rd entrance to Stadium.

180 degree turn (turn diameter as large as we can make it) to head East towards O'Rorke Rd.

At T intersection turn left heading West towards Maurice Rd.

180 degree turn (probably around a single cone) and head East towards O'Rorke Rd.

Around the back of the old Football Offices.

Turn right into driveway to AAI Offices.

Turn right and head along driveway past John Walker Lounge.

Turn left towards Mt Smart Offices.

Bear left down the hill.

Sharp left down the ramp, keeping to left.

Left into the tunnel. Keep to the left as this will have people going both ways at some stages during the race.

Exit tunnel and bear left under East Stand.

At end of East Stand turn right, then left and go around the outside of the #1 Field. Bear left and re-enter the tunnel. Again, keep to the left of the tunnel.

Exit the tunnel and bear left around the Track.

Around the Track to the Start/Finish line.

Changeover zone will be 10 metres either side of the Start/Finish line and marked by cones.