



AAI McKinnon Shield Pre-season + Pentathlon
15 October 2022
Yvette Williams Track, Pakuranga

Results

Women

60m

Name	Year Team	Finals	Wind
Women Under 14			
1 Fletcher, Paige	09 Papakura	8.76	-1.0
Women Under 16			
1 McKenzie, Jetta	08 ACA	9.17	-1.0
Women Under 18			
1 Venida, Marielle	05 Pakuranga	7.91	-1.0
Masters Women			
1 Green, Phillipa	68 North Harbour Bays	9.03	-1.0
2 Hayman, Jill	61 North Harbour Bays	9.38	-1.0

100m

Name	Year Team	Finals	Wind
Women Under 20			
1 Wright, Gabrielle T54	04 TTT Runners	23.66	-0.9
Masters Women			
1 Green, Phillipa	68 North Harbour Bays	14.52	-0.9
2 Hayman, Jill	61 North Harbour Bays	15.40	-0.9

400m

Name	Year Team	Finals
Women Under 14		
1 Gwin, Scarlett	09 Waitakere	1:01.86
2 Free, Fionnuala	10 Takapuna	1:17.40
Women Under 16		
1 Shennan, Amy	07 ACA	1:01.45

Women Under 18			
1	Shennan, Lucy	05 ACA	58.81
Women Under 20			
1	Tucker, Anna	04 North Harbour Bays	1:00.13
2	Wright, Gabrielle T54	04 TTT Runners	1:24.58
Masters Women			
1	McAllister, Cherie	89 North Harbour Bays	1:14.69

High Jump

Name	Year Team	Finals
Women Under 14		
1 Free, Fionnuala	10 Takapuna	1.20m
1.10 1.15 1.20 1.25		
0 0 0 XXX		
Women Under 16		
1 Marx, Angela	07 Pukekohe	1.35m
1.15 1.20 1.25 1.30 1.35 1.40		
0 0 - 0 XXO XXX		
Masters Women		
1 Green, Phillipa	68 North Harbour Bays	1.30m
1.15 1.20 1.25 1.30 1.35		
0 0 0 XO XXX		
2 Hulena, Karen	63 North Harbour Bays	1.15m
1.08 1.10 1.15 1.20		
0 0 0 XXX		

Hammer

Name	Year Team	Finals
Women Under 14		
1 Fletcher, Paige	09 Papakura	39.26m 3kg
X X X 38.10m 39.26m 35.55m		
2 Free, Fionnuala	10 Takapuna	15.06m 3kg
14.58m X 13.52m 15.06m 13.50m		
Masters Women		
1 Free, Melissa	83 Takapuna	31.66m 4kg
29.34m 28.19m 31.66m 31.28m		
2 Alesana, Florence	75 Glen Eden	21.23m 4kg
18.10m 18.34m 18.41m X 20.80m 21.23m		

Weight Throw

Name	Year Team	Finals
Masters Women		
1 Free, Melissa	83 Takapuna	10.07m 9.08kg
X 10.07m 9.25m 9.00m		
2 Alesana, Florence	75 Glen Eden	9.58m 9.08kg
8.35m X 8.71m 9.58m 9.47m X		

Men

60m

Name	Year	Team	Finals	Wind	H#
Men Under 14					
1 Howell, Jacob	09	Takapuna	8.83	-0.5	3
Men Under 16					
1 Lamb, Owen	08	North Harbour Bays	7.35	-1.3	1
2 Guyo, Francis	07	Pakuranga	7.63	-1.3	1
3 Barnett, Oliver	07	Papakura	7.64	-0.7	2
4 Platts, Aidan	08	Papakura	7.76	-1.3	1
Men Under 18					
1 Thomson, Jonathan	06	Auckland Grammar	7.35	-0.7	2
2 Moss, Callum	05	Papakura	7.81	-0.7	2
Masters Men					
1 Alexander, Bruce	79	Hawks	7.66	-1.3	1
2 Holroyd, Wayne	76	North Harbour Bays	7.75	-1.3	1
3 Singh, Gulab	89	North Harbour Bays	7.89	-1.3	1
4 Jefferson, Aaron	84	ACA	8.13	-1.3	1
5 Weeraratne, Tharindu	78	North Harbour Bays	8.27	-0.7	2
6 Lyle, Rob	75	ACA	8.38	-1.3	1
7 Hodges, Grant	65	North Harbour Bays	8.75	-0.7	2
8 Seymour, Craig	72	Beachlands Maraetai	8.92	-0.5	3
9 Iddon, Michael	63	North Harbour Bays	9.28	-0.5	3
10 Ding, Yong Chyan	50	North Harbour Bays	10.07	-0.5	3

100m

Name	Year	Team	Finals	Wind	H#
Men Under 14					
1 Howell, Jacob	09	Takapuna	14.26	-0.7	3
Men Under 16					
1 Lamb, Owen	08	North Harbour Bays	11.54	-2.3	1
2 Barnett, Oliver	07	Papakura	11.90	-0.5	2
3 Guyo, Francis	07	Pakuranga	11.97	-2.3	1
4 Platts, Aidan	08	Papakura	12.24	-0.5	2
Men Under 18					
1 Thomson, Jonathan	06	Auckland Grammar	11.48	-2.3	1
2 Moss, Callum	05	Papakura	12.10	-0.5	2
Men Under 20					
1 Genet, Luca	03	ACA	12.33	-2.3	1
Masters Men					
1 Alexander, Bruce	79	Hawks	12.10	-2.3	1
2 Holroyd, Wayne	76	North Harbour Bays	12.22	-2.3	1
3 Singh, Gulab	89	North Harbour Bays	12.57	-2.3	1
4 Jefferson, Aaron	84	ACA	12.91	-0.5	2
5 Lyle, Rob	75	ACA	13.11	-0.5	2
6 Hodges, Grant	65	North Harbour Bays	13.15	-0.5	2
7 Weeraratne, Tharindu	78	North Harbour Bays	13.28	-0.7	3
8 Seymour, Craig	72	Beachlands Maraetai	14.23	-0.7	3
9 Iddon, Michael	63	North Harbour Bays	14.89	-0.7	3

400m

Name	Year	Team	Finals	H#
Men Under 14				
1 Howell, Jacob	09	Takapuna	1:01.31	2
Men Under 16				
1 Winwood, Quinn	08	ACA	57.78	1
Men Under 18				
1 Platts, Blake	05	Papakura	54.46	1
2 Fitzpatrick, Robert	06	Papakura	55.40	1
Men Under 20				
1 Movold, Jaden T54	04	North Harbour Bays	1:09.95	2
Masters Men				
1 Holroyd, Wayne	76	North Harbour Bays	53.65	1
2 Lyle, Rob	75	ACA	58.53	2
3 Jefferson, Aaron	84	ACA	59.61	1
4 Hodges, Grant	65	North Harbour Bays	1:00.48	1
5 Dreaver, Mike	66	Waitakere	1:03.69	2

3000m

Name	Year	Team	Finals	H#
Men Under 16				
1 Erikson, Jack	07	ACA	8:51.29	1
2 Moss, Quinn	08	ACA	9:11.46	1
3 Scampion, Redd	07	ACA	9:23.90	2
4 Rickerby, Samuel	08	ACA	9:35.19	2
Men Under 18				
1 de Vaal, Christian	05	Pakuranga	8:22.76	1
2 O'Dwyer, Zach	06	Pakuranga	8:41.64	1
3 Ford, James	05	Takapuna	8:51.31	1
4 Davies, Nick	05	Takapuna	8:55.14	1
5 Jamieson, Connor	06	Pakuranga	9:33.96	2
6 Earl, Bella	05	Owairaka	10:05.48	2
Men Under 20				
1 Movold, Jaden T54	04	North Harbour Bays	8:47.67	1
Senior Men				
1 Carter, Austin	01	North Harbour Bays	8:51.56	1
Masters Men				
1 Earl, Adrian	68	Owairaka	10:51.53	2

High Jump

Name	Year	Team	Finals
Men Under 16			
1 Barnett, Oliver	07	Papakura	1.75m
1.50	1.55	1.60	1.65
1.70	1.75	1.80	
O	O	O	O
			XO
			XXX

Men Under 20

1	Couillaault, Rafe	03 Papakura	1.95m
	1.85 1.90 1.95 2.00		
	0 0 0 XXX		
2	Pienaar, Jaundre	03 ACA	1.90m
	1.75 1.80 1.85 1.90 1.95		
	0 0 0 0 XXX		

Masters Men

1	Blackford, David	64 North Harbour Bays	1.60m
	1.55 1.60 1.65		
	0 XO XXX		
2	Do, Ho Young	60 North Harbour Bays	1.50m
	1.45 1.50 1.55		
	0 0 XXX		
3	Lyle, Rob	75 ACA	1.45m
	1.40 1.45 1.50		
	0 0 XXX		
4	Singh Sokhi, Tapendra	53 Pakuranga	0.85m
	0.60 0.65 0.70 0.75 0.80 0.85 0.90		
	0 0 0 0 0 0 -		

Hammer

Name	Year	Team	Finals
Masters Men			
1 Lupena, Junior	84	Pakuranga	27.07m 7.26kg
	27.07m	X 26.40m X X X	
2 Powell, Mark	48	Pakuranga	23.14m 4kg
	23.11m	21.29m 22.46m 23.06m 23.14m 21.57m	
3 Singh Sokhi, Tapendra	53	Pakuranga	17.36m 5kg
	16.22m	15.97m 16.80m 16.86m 15.08m 17.36m	

Weight Throw

Name	Year	Team	Finals
Masters Men			
1 Lupena, Junior	84	Pakuranga	10.89m 15.88kg
	9.70m	X X 10.89m 10.59m 10.56m	
2 Powell, Mark	48	Pakuranga	9.70m 7.26kg
	X 9.06m	9.06m 9.70m 9.36m 9.41m	
3 Singh Sokhi, Tapendra	53	Pakuranga	6.32m 9.08kg
	X 5.96m	6.14m 6.32m 5.67m	

Mixed

3000m

Name	Year	Team	Finals
Men Under 14			
1 Lee, Moojin	09	Pakuranga	10:36.00
Women Under 14			
1 Earl, Kaylee	10	Owairaka	11:54.75

Women Under 16		
1	Joyce, Amelia	07 North Harbour Bays 10:49.00
Men Under 16		
1	Earl, Tommy	07 Owairaka 10:39.79
2	Hardwick, Harry	08 Lynndale 10:45.15
Masters Men		
1	Scott, Daniel	87 Owairaka 10:40.32
Masters Women		
1	Adamson, Christine	56 North Harbour Bays 12:58.59

Pentathlon

Women Under 14

	Points	HJ	80H	SP	LJ	200

1	Earley, Madison	1.43m	19.86	6.87m	4.38m	29.10
	Waitakere City		w: -2.3		w: -1.4	w: 0.4
09	1865	(544)	(49)	(327)	(398)	(547)

DNF	Moyle, Eden	1.10m	DNS	DNS	DNS	DNS
	Eastern					
10		(222)	(0)	(0)	(0)	(0)

Women Under 16

	Points	HJ	80H	SP	LJ	200

1	Barrett-Hamilton, Lauren	1.44m	13.73	9.42m	4.24m	29.74
	Waitakere City		w: -2.3		w: -1.5	w: 0.4
08	2500	(555)	(589)	(492)	(364)	(500)

Senior Women

	Points	HJ	100H	SP	LJ	200

1	Hyland, Alexandra	1.73m	15.52	8.63m	4.83m	27.91
	ACA		w: -2.2		w: -1.8	w: 0.4
99	3257	(891)	(774)	(440)	(514)	(638)

Masters Women 40

	Points	HJ	80H	SP	LJ	200
1 Osugi, Ai		1.19m	18.03	6.00m	3.95m	31.44
Waitakere City			w: -2.3		w: -0.7	w: 0.4
79	1857	(419)	(201)	(313)	(398)	(526)

Men Under 14

	Points	HJ	80H	SP	LJ	200
1 Brady, Connor		1.43m	13.48	10.74m	3.96m	27.23
Takapuna			w: -2.3		w: -0.8	w: 0.8
09	1912	(338)	(414)	(530)	(199)	(431)
2 Jesudas, Cyrus		1.49m	18.04	5.56m	3.51m	30.61
Papatoetoe			w: -2.3		w: -1.0	w: 0.8
09	954	(381)	(0)	(223)	(132)	(218)

Men Under 16

	Points	HJ	100H	SP	LJ	200
1 Langley, Benjamin		1.82m	14.87	8.31m	5.91m	24.30
ACA			w: -2.2		w: -0.8	w: 0.8
07	2989	(644)	(727)	(385)	(567)	(666)

Senior Men

	Points	HJ	110H	SP	LJ	200
1 Moloney, Tom		1.91m	16.11	8.65m	6.07m	24.63
ACA			w: -1.3		w: -0.8	w: 0.8
01	3088	(723)	(720)	(405)	(602)	(638)

2 Phillips, Ethan		NH	16.70	10.88m	2.67m	23.82
North Harbour Bays			w: -1.3		w: -1.1	w: 0.8
98	1935	(0)	(656)	(539)	(31)	(709)
