

Does Food Intake and Body Shape Affect the Severity of Achilles Tendinopathy?

If you have Achilles tendinopathy/pain in your Achilles tendon, have seen a physio for this, and are over 18 years of age, then you may be able to participate in this study to help improve future treatment guidelines and practices.

Participation includes:

Measuring your height, weight and waist circumference.

Completing a 15–20-minute video or phone questionnaire on food intake and Achilles tendon pain.

To find out more, contact:

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