



## AAI McKinnon Shield #7 Auckland Sprint Hurdles & Steeplechase Championships

Saturday 21st January 2023  
AUT Millennium & Yvette Williams Track, Pakuranga

### FINAL PROGRAMME

TRACK				FIELD			
<b>Yvette Williams Track, Pakuranga</b>				<b>AUT Millennium</b>			
Auckland Championships (timed finals)							
1:00pm	110m Hurdles	0.914m	U18 Men	1:00pm	McKinnon Shield	Discus	Men
1:15pm	100m Hurdles	0.838m	Senior Women				
1:15pm	100m Hurdles	0.838m	U20 Women				
1:20pm	100m Hurdles	0.838m	U16 Men				
1:35pm	100m Hurdles	0.762m	U18 Women				
1:45pm	80m Hurdles	0.762m	U14 Men				
1:50pm	80m Hurdles	0.762m	U16 Women				
1:55pm	80m Hurdles	0.762m	U14 Women	2:00pm	McKinnon Shield	Discus	Women
2:15pm	McKinnon Shield	60m	Women				
2:25pm	McKinnon Shield	60m	Men				
2:45pm	McKinnon Shield	100m	Women				
2:55pm	McKinnon Shield	100m	Men				
3:20pm	McKinnon Shield	1500m	Women	3:30pm	McKinnon Shield	Shot Put	Women
3:35pm	McKinnon Shield	1500m	Men		McKinnon Shield	Shot Put	Men
3:50pm	McKinnon Shield	400m	Women				
4:00pm	McKinnon Shield	400m	Men				
Auckland Championships (finals)				<b>Yvette Williams Track, Pakuranga</b>			
4:20pm	2000m Steeplechase	0.762m	U14 Women	4:00pm	McKinnon Shield	Triple Jump	Women and Men
4:20pm	2000m Steeplechase	0.762m	U16 Women				
4:20pm	2000m Steeplechase	0.762m	U18 Women				
4:20pm	3000m Steeplechase	0.762m	Senior Women				
4:35pm	2000m Steeplechase	0.762m	U14 Men				
4:35pm	2000m Steeplechase	0.762m	U16 Men				
4:55pm	2000m Steeplechase	0.838m	U18 Men				
5:10pm	3000m Steeplechase	0.914m	U20 Men				
5:10pm	3000m Steeplechase	0.914m	Senior Men				

\*minimum age to compete: 12 years as at 31st December 2023