



## AAI McKinnon Shield #10

Saturday 18 March 2023

AUT Millennium & Yvette Williams Track, Pakuranga

### FINAL PROGRAMME

TRACK	FIELD
	<b>AUT Millennium</b>
	1.00pm Javelin Women and Men
	2.30pm Hammer Women and Men
	3.30pm Weight Throw Masters Women & Men
<b>Yvette Williams Track, Pakuranga</b>	<b>Yvette Williams Track, Pakuranga</b>
3.10pm 200m Hurdles Women and Men	3.00pm High Jump Women
3.20pm 300m Hurdles Women and Men	
3.25pm 100m Women	
3.35pm 100m Men	
4.00pm 800m Women	4.15pm High Jump Men
4.10pm 800m Men	
4.25pm 200m Women	
4.35pm 200m Men	
5.00pm 2000m/3000m Walk Women and Men	5.30pm Long Jump Women and Men
5.30pm 3000m Women	
5.45pm 300m Men	
6.00pm 800m Invitational Men	

\*minimum age to compete: 12 years as at 31st December 2023