## Entry Procedures:

- Ensure the entry forms are completed and emailed to LynndaleJuniorRelay@gmail.com
- Entries close at Midnight on Thursday the $25^{\text {th }}$ of May 2023.
- The relay is conducted under 3 junior categories: Boys, Girls and Mixed
- Four Athletes per team with a maximum of two U16 athlete per team and at least one U12 or younger athlete per team to be eligible for prizes.
- Any team of more than two U16 or missing U12 or younger will run as open and will be eligible for fastest team's trophy only.
- An athlete can run twice to complete the team but NOT for same team. Correct BIB/NUMBER must be worn for each team.
- Mixed teams can be made up of any combination of boys and girls
- Changes to team members for no-shows or sickness accepted prior to race start
- Athletes MUST wear BIBS/NUMBERS supplied collected from Club before the run.
- Track/path course is two laps of course shown below 2.1 km per athlete.
- Cost $\$ 20$ per team. Payment may be made by DC to 02-0184-0022334-00 use Club name as reference.
- All Athletes eligible for spot prizes. ATHLETE MUST BE PRESENT to collect spot prize.
- Tea, Coffee, Sausages and other snacks will be available after the race
- PRIZE GIVING as soon as possible for top 3 GIRLS, BOYS and MIXED Teams.
- No spikes or bare feet.


Location Map


Lynndale Junior Team Relay Saturday $27^{\text {th }}$ May 2023

## Race Start 2:30pm

## Lynndale Athletic and Harrier Club

 36 Portage Road, New Lynn(Parking Next to Lynndale Athletic Club)

## 2023 AAI REGISTRATION REQUIRED FOR THIS EVENT.

Athletes compete at own risk.
Further Information:
please contact Kristaps 0211896942 or Phil 0221081559 or https://www.facebook.com/lynndaleathletic

