



Pakuranga Invitational Cross Country Day

Saturday 3 June 2023

Lloyd Elsmore Park, 36-38 Cascades Road, Pakuranga

ALL ARE WELCOME - MEMBERS AND NON-MEMBERS

Come and join us for an afternoon of running

There will be events for all ages (Juniors and Seniors)

Juniors (U7 to U16):

1 x 2km lap, Race start at 2:30pm

Seniors (including interested U16's):

Choose your distance - 4km or 8km, Races start at 3:00pm

No need to pre-register - register on the day from 1.30pm onwards

Entry is Free for Athletics Auckland Affiliated Members (Auckland Clubs)

Non-Members: \$2 entry fee per person

Food and Drinks will be on sale

Prize money will be awarded to Seniors in the Top 3 positions for the 8km race (men and women)