Judy's journey in athletics began over 16 years ago in her local community of Avondale. She and her young family joined Avondale Athletics, where she immersed herself in various roles, starting with the tiny tots section and later advancing into the 7+ grades. Her dedication and passion for the sport led her to volunteer as Club President from 2014 to 2016. During her tenure, Judy, along with her husband Daniel and a dedicated committee, implemented innovative ideas that saw the club grow exponentially.



Through her relentless efforts, Judy secured multiple sponsorships from local businesses and funding organizations. She also organized grassroots fundraising events like sizzles and bake sales, turning the club's financial situation around. The club's branding underwent a revitalization, and Judy managed to acquire new equipment, implements, and resources, including gazebo funding through grants. She also supported competitive athletes and their families, ensuring the club catered to the needs of both the youngest athletes and the more advanced ones.

After her impactful stint at Avondale Athletics, Judy, together with Daniel and other key individuals from the central, west, and north regions, co-founded CNW Athletics Inc., an incorporated society. This organization hosts essential regional competitions, much like the Counties Manukau clubs, tailored to their region.

Judy's involvement in athletics extended to her professional life as well. Working at Avondale College in a data role, she managed the athletics and cross-country teams from 2016 to 2021 as an extracurricular responsibility. Under her guidance, the teams achieved success at NZSS nationals every year. Impressed by her expertise and dedication, the NZSS Athletics Association invited her to join their executive team in 2019. She continued to support athletics competitions and even led a touring team of talented U18 athletes to Brisbane, Australia, for the national championship event in 2022.

With a deep insight into secondary school sports, Judy has held Sports Directorship roles since 2021 and actively contributes as a member of the Athletics NZ Youth Advisory Group. Her latest challenge is the role of Athletics Auckland Track & Field team manager for the season 2023/2024, a task she eagerly embraces.

Judy's commitment to athletics extends to her involvement on the AAI Board. Co-opted in January 2023 and subsequently elected as a Director in July 2023, she is excited about contributing to the development of a strong, strategic plan that inclusively represents the diverse Tamaki Makaurau demographics. Her vision is to create a safe and purposeful environment for everyone involved in athletics.

In her leisure time, Judy enjoys watching televised athletics events like the Diamond League meets and the World Athletics Continental Tours. Athletics runs in the family, with her husband and daughter actively involved as AAI Officials. Her son, who began his athletics journey at just 2 years old with Avondale Athletics Club, has also made a name for himself, competing in the 400m and representing New Zealand at the World U20 Championships in Cali, Colombia in 2022.

Originally from Samoa, Judy moved to New Zealand at a young age. She attended Avondale College, where she served as a prefect in her final year, before pursuing higher education at the University of Auckland, where she obtained a Science Degree.