



**AAI McKinnon Shield Pre-season Meet including Pentathlon
+ Auckland 10,000m Championships
14 October 2023
Go Media Mt Smart Stadium #2 Arena**

Results

Women

70m

Name	Year Team	Finals	Wind
Women Under 14			
1 Bowden, Kenzie	09 North Harbour Bays	9.46	3.2
2 Bint, Zara	09 ACA	9.50	3.2
3 Young, Emma	08 North Harbour Bays	9.64	3.2
Women Under 18			
1 Lathwood, Samantha	06 Takapuna	9.29	3.2
2 Danaher, Kate T37	07 North Harbour Bays	11.62	3.2
Masters Women			
1 Hayman, Jill	61 North Harbour Bays	10.59	3.2

150m

Name	Year Team	Finals	Wind	H#
Women Under 16				
1 Reid, Esme	09 Eastern	19.34	3.0	
2 Young, Emma	08 North Harbour Bays	20.08	3.0	
3 Bowden, Kenzie	09 North Harbour Bays	20.15	3.0	
4 Bint, Zara	09 ACA	20.63	3.0	
Women Under 18				
1 De Jager, Mia	07 Hamilton City Hawks	18.61	3.8	2
2 Hancock, Sophie	06 Hamilton City Hawks	19.30	3.0	1
3 Spencer, Nyla	07 North Harbour Bays	19.66	3.8	2
4 Lathwood, Samantha	06 Takapuna	20.38	3.0	1
5 Danaher, Kate T37	07 North Harbour Bays	25.28	3.8	2

300m

Name	Year Team	Finals
Women Under 14		
1 Korewha, Tia	11 North Harbour Bays	47.06

Women Under 16			
1	Reid, Esme	09 Eastern	41.52
2	Collinge-Coker, Georgina	09 Helensville	43.89
3	Mediratta, Kenisha	08 Lynndale	51.55

Women Under 18			
1	Hancock, Sophie	06 Hamilton City Hawks	41.00
2	Spencer, Nyla	07 North Harbour Bays	41.86

Masters Women			
1	Adamson, Christine	56 North Harbour Bays	57.80

1200m

Name	Year	Team	Finals
Women Under 16			
1	Barlow, Imogen	08 Pakuranga	3:39.59
2	Collinge-Coker, Georgina	09 Helensville	4:14.08
Women Under 18			
1	Pomfret, Zara	07 ACA	3:48.45
Women Under 20			
1	Bolton, Abbey	05 ACA	3:50.82
Masters Women			
1	Adamson, Christine	56 North Harbour Bays	5:01.08
2	Collinge, Nicola	74 Oratia	5:45.69

High Jump

Name	Year	Team	Finals
Women Under 16			
1	Barrett-Hamilton, Lauren	08 Waitakere	1.50m
1.45 1.50 1.55			
O O XXX			
Women Under 18			
1	De Jager, Mia	07 Hamilton City Hawks	1.65m
1.45 1.50 1.55 1.60 1.65 1.70			
O - O O O XXX			

Men

70m

Name	Year	Team	Finals	Wind	H#
Men Under 14					
1	Blakeman, Christian	11 Waitakere	10.77	0.3	2
Men Under 16					
1	Retford, Oliver	08 Pakuranga	9.90	1.7	
Men Under 18					
1	Lambert, Cayd	06 North Harbour Bays	8.12	1.7	
2	Peasley, Luan	06 Pakuranga	8.22	1.7	

3	Retford, Noah	07	Pakuranga	8.36	1.7
4	Syminton, Remy	07	North Harbour Bays	8.61	1.7
5	Seymour, Kyan	07	Beachlands M	8.83	1.7

Masters Men

1	Lambert, Mark	73	North Harbour Bays	8.64	1.7	1
2	Weeraratne, Tharindu	78	North Harbour Bays	9.13	0.3	2
3	Warnakulasooriya, Nivart	86	ACA	9.70	0.3	2
4	Seymour, Craig	72	Beachlands Maraetai	12.79	0.3	2

150m

Name	Year	Team	Finals	Wind	H#	
Men Under 14						
1	Brown, George	10	Helensville	21.58	2.9	3
2	Blakeman, Christian	11	Waitakere	22.04	2.9	3
3	Barlow, Toby	11	Pakuranga	22.06	2.9	3
Men Under 18						
1	Lambert, Cayd	06	North Harbour Bays	16.63	2.0	
2	Syminton, Remy	07	North Harbour Bays	17.65	2.0	
3	Trathen, James	06	Pakuranga	17.81	2.0	
4	Seymour, Kyan	07	Beachlands Maraetai	18.56	2.0	
Masters Men						
1	Lambert, Mark	73	North Harbour Bays	17.62	2.0	1
2	Lyle, Rob	75	ACA	18.97	1.6	2
3	Weeraratne, Tharindu	78	North Harbour Bays	19.17	1.6	2

300m

Name	Year	Team	Finals	
Men Under 14				
1	Brown, George	10	Helensville	46.02
Men Under 18				
1	Trathen, James	06	Pakuranga	37.27
2	Syminton, Remy	07	North Harbour Bays	37.66
Masters Men				
1	Lyle, Rob	75	ACA	40.53

1200m

Name	Year	Team	Finals	
Men Under 14				
1	Collinge-Coker, Benjamin	11	Helensville	4:21.47
Men Under 16				
1	Geldenhuis, Christian	08	Pakuranga	3:32.95
2	Hardwick, Harry	08	Lynndale	3:46.37
3	Gouws, Keagan	09	Pakuranga	3:54.87
4	Retford, Oliver	08	Pakuranga	4:01.35
Men Under 18				
1	Wilkins, Alexander	07	Pakuranga	3:17.96
2	Boulton, Connor	07	Pakuranga	3:26.35
Masters Men				
1	Gouws, Jacques	77	Pakuranga	4:27.50

10000m Championships

Name	Year	Team	Finals
Men Under 20			
1 Mora, Jamie	05	Whippets Auckland	31:27.19
2 Cabusao, Az	05	Te Puke	32:46.14
3 Buchanan, Charles	04	Whippets Auckland	33:09.69
4 Endres, Louie	05	Waikato Bay of Plenty	33:12.24
5 Jamieson, Connor	06	Pakuranga	33:31.99
6 Atkinson, Casey	06	Cambridge	34:24.44
Senior Men			
1 Paine, Jack	01	Whippets Auckland	31:23.81
2 Sutton, Michael	94	Athletics Tauranga	31:32.36
3 Matthews, James	99	Whippets Auckland	33:41.89
-- Marchl, Oliver	02	ACA	DNF
-- Bickers, Joel	99	Owairaka	33:30.80
Masters Men 30			
1 Trent, Chris	91	North Harbour Bays	34:08.87
-- Mowbray, Tom	92	Owairaka	34:07.09
-- Marsh, James	91	Owairaka	34:56.74
Masters Men 35			
-- Piagentini, Mariano	83	Owairaka	33:18.73
Masters Men 40			
1 Parsonage, Matthew	80	Lake City	35:15.33
Masters Men 45			
1 Winder, Ben	78	Owairaka	36:09.31
-- Burrows, Keith	74	Owairaka	36:52.31
Masters Men 50			
1 Christie, Graeme	72	Owairaka	41:49.72
2 Piotrowski, Bazyl	69	Owairaka	41:49.98
Masters Men 65			
1 Chamberlin, Malcolm	53	ACA	49:25.29

High Jump

Name	Year	Team	Finals
Men Under 16			
1 Gouws, Keagan	09	Pakuranga	1.60m
1.40 1.45 1.50 1.55 1.60 1.65			
XO XO XO XXO XXO XXX			
Masters Men			
1 Gouws, Jacques	77	Pakuranga	1.60m
1.40 1.45 1.50 1.55 1.60 1.65			
O O O XO XXO XX			
2 Lyle, Rob	75	ACA	1.45m
1.35 1.40 1.45 1.50			
O O XO XX			

Hammer

Name	Year	Team	Finals
Senior Men			
1 Poppe, Nils	98	International	48.83m 7.26kg
45.55m 48.83m 44.62m X 48.00m 47.23m			

Masters Men

1	van der Westhuizen, Arno	77	North Harbour Bays	51.03m	7.26kg
		50.68m	50.05m X	51.03m	50.05m X
2	van den Tillaar, Roland	72	International	25.07m	6kg
		24.25m X	23.83m	25.07m	24.62m 24.56m

Pentathlon

Women Under 14

	Points	HJ	80H	SP	LJ	200
1		1.32m	14.21	7.00m	4.49m	29.78
	Lynndale		w: 3.3		w: 4.3	w: 2.9
10	2216	(429)	(528)	(335)	(426)	(498)
2		1.44m	14.33	7.23m	3.98m	31.60
	Riseborough, Miya		w: 3.3		w: 1.2	w: 2.9
	Takapuna					
10	2097	(555)	(513)	(350)	(303)	(376)
3		1.29m	14.71	6.07m	4.43m	29.68
	Kivell, Gemma		w: 3.3		w: 3.7	w: 2.9
	Owairaka					
11	2058	(399)	(467)	(276)	(411)	(505)

Men Under 14

	Points	HJ	80H	SP	LJ	200
1		1.19m	21.66	4.52m	3.46m	34.22
	Spalding, Blake		w: 3.3		w: 4.4	w: 0.6
	Owairaka					
11	535	(182)	(0)	(164)	(125)	(64)

Women Under 16

	Points	HJ	80H	SP	LJ	200
1		1.44m	15.07	7.27m	4.50m	29.62
	Lathwood, Jessica		w: 1.6		w: 1.4	w: 2.9
	Takapuna					
09	2270	(555)	(426)	(352)	(428)	(509)

2 McKenzie, Jetta	1.26m	13.32	6.40m	NM	28.96
ACA		w: 1.6			w: 2.9
08	1866	(369)	(643)	(297)	(0) (557)

Men Under 16

	Points	HJ	100H	SP	LJ	200
1 Brady, Connor		1.58m	15.29	11.83m	5.06m	25.12
Takapuna			w: 2.5		w: 2.7	w: 0.6
09	2712	(449)	(677)	(596)	(394)	(596)

DNF Su, Benaiah		1.58m	15.07	9.83m	5.66m	DNS
ACA			w: 2.5		w: 4.3	
08		(449)	(703)	(475)	(514)	(0)

DNF Su, Daequan		1.40m	14.85	7.53m	5.12m	DNS
ACA			w: 2.5		w: 4.7	
09		(317)	(729)	(339)	(405)	(0)

Women Under 18

	Points	HJ	100H	SP	LJ	200
1 Boyd, Georgie-Rose		1.29m	18.00	9.24m	4.80m	28.61
Hamilton City Hawks			w: 2.5		w: 3.9	w: 2.9
06	2457	(399)	(488)	(480)	(506)	(584)

2 Riseborough, Mulan		1.32m	18.78	8.38m	4.23m	31.15
Takapuna			w: 2.5		w: 0.5	w: 2.9
07	2031	(429)	(411)	(424)	(362)	(405)

Men Under 18

	Points	HJ	110H	SP	LJ	200
1 Bowden, Zhan		1.85m	17.59	9.57m	6.02m	24.22
North Harbour Bays			w: 2.9		w: 4.1	w: 0.6
07	2958	(670)	(564)	(460)	(591)	(673)

Senior Men

	Points	HJ	110H	SP	LJ	200
1 Phillips, Ethan		1.67m	17.72	10.67m	6.05m	23.41
ACA			w: 2.9		w: 5.9	w: 3.3
98	2941	(520)	(551)	(526)	(597)	(747)
2 Moloney, Tom		1.73m	16.24	8.03m	5.78m	24.52
ACA			w: 2.9		NWI	w: 3.3
01	2830	(569)	(706)	(368)	(540)	(647)
3 Teuruaa, Max		1.55m	22.69	10.06m	5.62m	23.80
North Harbour Bays			w: 2.9		w: 3.8	w: 3.3
02	2300	(426)	(168)	(489)	(506)	(711)

Masters Men 75

	Points	HJ	80H	SP	LJ	200
1 Anstiss, David		1.28m	17.15	8.03m	3.86m	34.77
North Harbour Bays			w: 1.6		w: 3.1	w: 0.6
45	3447	(840)	(608)	(599)	(802)	(598)