



McKinnon Shield Competition Rules

2023 - 2024 Season

These rules are to be read in conjunction with the World Athletics and Athletics New Zealand Supplementary Rules.

Athlete Eligibility

- You must be a club registered athlete for the current 2023-2024 season. If you have not yet registered, your entry will not be accepted.
- Secondary school athletes not registered with a club can compete up until the NZSS Championships.

Age Grades

- Age is taken as at 31st December in the year of competition.
- The following grades will be used for the 2023-2024 season:

U14 athletes aged 12 & 13
U16 athletes aged 14 & 15
U18 athletes aged 16 & 17
U20 athletes aged 18 & 19
Senior athletes aged 20 & over
Masters athletes aged 30 & over

Entries

- The entry link will be published on the Athletics Auckland website on the Monday prior to the meet.
- Entries close at 11.59pm on the **Wednesday** prior to the meet.
- No late entries or on the day entries will be accepted under any circumstances.
- The entry list will be published on the Athletics Auckland website on the Friday evening prior to the meet.
- Most events will be seeded so please ensure you state your Season's Best (SB) or Personal Best (PB) for each event at time of entry. Before you start entering your SB/PB, please take note of the entry format required, as each event is different.
- U14 athletes: If you are entering in the Sprint Hurdles, 200m Hurdles, 2000m Steeplechase, Race Walk, Pole Vault, Triple Jump, Javelin or Hammer, you must be training for these events.
- Entry fees (payable online at time of entry):

Auckland club registered athletes	\$ 8.00 per athlete
Registered athletes with other centres	\$12.00 per athlete
School athletes (not registered with a club)	\$10.00 per athlete

Programme

- The draft programme is listed on the Athletics Auckland website. The programme is dependent on the number of entries received and therefore all start times listed on the programme are approximate and may change.
- Times will be confirmed after the close of entries and published on the event page of the Athletics Auckland website on Friday evening.

Athlete Check-in

- All athletes must report to the check-in desk no later than 60 minutes prior to the scheduled start time of their first event (90 minutes for Pole Vault).
- Athletes who fail to check in may be scratched from the event.

Scratchings

- Athletes scratching from events should inform the check-in officials well ahead of the scheduled event time.
- Athletics Auckland will also have an event mobile that will be available for scratchings via text only on the event day from 9.00am through to the end of competition.
- Please do not leave a voicemail. Please also note that texts will not be replied to.
- Scratchings mobile: 021 08941243

Uniform & Shoes

- Athletics Auckland recommends and encourages athletes to wear the uniform of their registered club. School athletes must wear school uniform.
- U18, U20 and Senior grade athletes: competition shoes need to comply with World Athletics regulations under Technical Rule 5. Please be sure to check that your shoes are on the approved list. You can check on the World Athletics w [here](#) This list is updated regularly. Please note that any shoe bought before 1 January 2016 is deemed to meet the technical requirements of Technical Rule 5.
- At all venues in Auckland the requirements of spikes are as follows:

Track, Long Jump, Triple Jump & Pole Vault	maximum 6mm cone/xmas tree-shaped only
High Jump & Javelin	maximum 9mm cone/xmas tree-shaped only

Needles and pin type spikes are not allowed.

Field Events

- Athletes will have three trials and the top 8 athletes in each grade will receive a further three trials.

Personal Implements

- If an athlete wishes to use their own implement they must be presented for inspection at the event site.

Results

- Results will be posted at the track and published on the Track Meet Mobile app.
- Final results will be published on the Athletics Auckland website as soon as possible after the event.

Safety

- In the interests of safety, the following should be adhered to at all times:
- Only athletes and officials are to enter the competition area.
- Athletes and officials should take care when crossing the track.
- No one is to cross the infield of the competition area.
- Warm-ups inside the competition area will be under the supervision of the officials following World Athletics rules.
- Throwing implements should only be retrieved by officials or approved assistants.
- Warm-ups inside the competition area will be under the supervision of the officials following World Athletics rules.
- Warm-ups outside the competition area must be supervised by a coach or parent.
- Spikes are only to be worn in the competition area. Please remove before leaving the competition area.
- No glass is permitted within the competition.
- Athletes must read and sign the safety notice at the time of entry.