



**AAI McKinnon Shield #2  
+ Auckland 3000m Championships**

**5 November 2023  
Go Media Mt Smart Stadium #2 Arena**

**Results**

**Women**

**100m**

Name	Year	Team	Finals	Wind	H#	Points
Women Under 14						
1 Cava, Unaisi	11	Pakuranga	13.31	1.0	3	10
2 Maltby, Dominique	10	Takapuna	14.02	3.0	4	8
Women Under 16						
1 Scally, Kendra	08	Waitakere	12.14	3.3	2	10
2 Goldsmith, Emilia	08	ACA	12.15	1.9	1	8
3 Moyle, Sienna	08	Eastern	12.57	3.3	2	7
4 Nasrabadi, Jacqui	08	ACA	12.59	1.9	1	6
5 Masters, Maia	08	Waitakere	12.60	3.3	2	5
6 Reid, Esme	09	Eastern	12.75	3.3	2	4
7 Cowan, Emily	08	North Harbour Bays	12.90	3.3	2	3
8 Pinder, Abby	09	Pakuranga	13.04	3.0	4	2
9 Bowden, Kenzie	09	North Harbour Bays	13.15	3.3	2	1
10 Young, Emma	08	North Harbour Bays	13.26	1.0	3	1
11 Taylor, Peggy	09	Owairaka	13.59	3.0	4	1
12 Tattersfield, Emily	09	Whangarei	13.72	1.0	3	1
13 Lathwood, Jessica	09	Takapuna	13.85	3.0	4	1
Women Under 18						
1 Goldsmith, Charlotte	06	ACA	12.19	1.9	1	10
2 Quay-Chin, Katelyn	06	ACA	12.86	1.9	1	8
3 Lathwood, Samantha	06	Takapuna	12.99	3.3	2	7
4 Spencer, Nyla	07	North Harbour Bays	13.00	3.3	2	6
5 Hancock, Sophie	06	Hamilton Hawks	13.15	1.9	1	5
Women Under 20						
1 Venida, Marielle	05	Pakuranga	11.73	1.9	1	10
2 van Wijk, Elizabeth	05	ACA	13.23	1.0	3	8
3 Riley, Hannah	04	ACA	13.84	3.0	4	7
4 Muir, Lillian	05	Waikato Bay of Plenty	13.85	1.0	3	6
5 Wright, Gabrielle T54	04		20.73	3.0	4	5
Masters Women						
1 Green, Phillipa	68	North Harbour Bays	14.15	3.0	4	10

**200m**

Name	Year	Team	Finals	Wind	H#	Points
Women Under 14						
1 Maltby, Dominique	10	Takapuna	28.74	1.3	4	10
Women Under 16						
1 Scally, Kendra	08	Waitakere	25.08	3.9	1	10
2 Goldsmith, Emilia	08	ACA	25.42	3.9	1	8
3 Reid, Esme	09	Eastern	26.08	3.9	1	7
4 Moyle, Sienna	08	Eastern	26.16	3.9	1	6
5 Pinder, Abby	09	Pakuranga	26.86	1.9	3	5
6 Young, Emma	08	North Harbour Bays	27.37	0.9	2	4
7 Bowden, Kenzie	09	North Harbour Bays	27.60	0.9	2	3
8 Seymour, Tessa	08	ACA	27.88	1.9	3	2
9 Tattersfield, Emily	09	Whangarei	29.34	1.9	3	1
Women Under 18						
1 Van Rooyen, Talia	06	North Harbour Bays	25.09	3.9	1	10
2 Spencer, Nyla	07	North Harbour Bays	26.97	0.9	2	8
3 Rees-Jones, Bronwen	07	Cambridge	27.33	1.9	3	7
4 Fausett, Holly	07	Athletics Tauranga	27.62	0.9	2	6
5 Lathwood, Samantha	06	Takapuna	27.92	0.9	2	5
Women Under 20						
1 van Wijk, Elizabeth	05	ACA	26.60	3.9	10	
Masters Women						
1 Green, Phillipa	68	North Harbour Bays	30.20	1.3	4	10

**800m**

Name	Year	Team	Finals	H#	Points
Women Under 14					
1 Brunton, Isabelle	10	Owairaka	3:23.91	2	10
Women Under 16					
1 McManus, Hannah	09	Waitakere	2:20.97	1	10
2 Collinge-Coker, Georgina	09	Helensville	2:28.09	1	8
3 Jackson, Maddy	09	North Harbour Bays	2:28.26	2	7
Women Under 18					
1 Fausett, Holly	07	Athletics Tauranga	2:17.29	10	
2 Ford, Zara	07	Takapuna	2:19.37	8	
3 Rees-Jones, Bronwen	07	Cambridge	2:22.07	7	
Women Under 20					
1 Bolton, Abbey	05	ACA	2:20.44	1	10
2 Wright, Gabrielle T54	04		2:41.85	2	8
Senior Women					
1 Rule, Holly	03	Whangarei	2:22.28	10	
Masters Women					
1 Kelly, Namiko	71	Oratia	2:55.36	2	10
2 Collinge, Nicola	74	Oratia	3:42.87	2	8

**3000m Championships**

Name	Year	Team	Finals	Points
Women Under 14				

1	Marais, Leah	10	Pakuranga	10:36.20	10
2	Day, Morgan	10	Pakuranga	11:05.49	8
3	Hilton, Zoe	10	Upper Hutt	11:35.88	7
4	Wagener, Rachel	10	Pakuranga	11:51.41	6

Women Under 16

1	Barlow, Imogen	08	Pakuranga	10:04.40	10
2	Robb, Scarlett	08	ACA	10:29.02	8
3	Ward, Emma	08	ACA	10:40.86	7
4	Williams, Indie	09	ACA	10:44.41	6
5	Owen, Madison	08	North Harbour Bays	11:13.88	5

Women Under 18

1	Pomfret, Zara	07	ACA	10:37.74	10
2	Lynch, Georgia	07	TTT Runners	10:51.40	8
3	Joyce, Amelia	07	North Harbour Bays	11:15.37	7

Women Under 20

1	Brown, Charlotte	04	Glen Eden	11:08.47	10
2	Cook, Hazel	04	Oratia	12:23.69	8

Masters Women 30

1	Lewington, Sarah	91	Glen Eden	11:38.91	10
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Masters Women 40

1	Chivasa, Ketina	82	Lynndale	12:07.03	10
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Masters Women 50

1	Atkinson, Dee	71	Cambridge	12:48.51	10
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Masters Women 65

1	Adamson, Christine	56	North Harbour Bays	13:10.45	10
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**200m Hurdles 0.686m**

Name	Year	Team	Finals	Wind	Points
Women Under 14					
1	'Isileli-Fo'Ou, Mele-'Of	10	Lynndale	32.49	4.4 10
2	Riseborough, Miya	10	Takapuna	32.64	4.4 8
3	Maulvurfs, Sofia	10	Lynndale	35.14	4.4 7
4	Brunton, Isabelle	10	Owairaka	37.18	4.4 6

**300m Hurdles 0.762m**

Name	Year	Team	Finals	Points
Women Under 14				
1	Free, Fionnuala	10	Takapuna	55.64 10
Women Under 16				
1	Farry, Amani	08	Lynndale	48.55 10
2	Lathwood, Jessica	09	Takapuna	54.28 8
Women Under 18				
1	Hancock, Sophie	06	Hamilton Hawks	44.79 10
2	Riseborough, Mulan	07	Takapuna	53.27 8

**2000m Race Walk**

Name	Year	Team	Finals	Points
Women Under 16				
1	Fourie, Yandri	08	Pakuranga	10:37.98 10

2 Walsh, Ruby 09 RWA 14:34.88 8

### 3000m Race Walk

Name	Year Team	Finals	Points
Masters Women			
1 Davison, Karen	68 North Harbour Bays	23:18.45	10

### High Jump

Name	Year Team	Finals	Points
Women Under 14			
1 Ireland, Juno	10 Waitakere	1.50m	10
1.15 1.20 1.25 1.30 1.35 1.40 1.45 1.50			
o o o o o o o xo			
2 Maltby, Dominique	10 Takapuna	1.40m	8
1.30 1.35 1.40 1.45			
o o o XXX			
3 Riseborough, Miya	10 Takapuna	1.35m	7
1.30 1.35 1.40 1.45			
o o X-- -XX			
4 Brunton, Isabelle	10 Owairaka	1.35m	6
1.20 1.25 1.30 1.35 1.40 1.45			
o o xo o XXX XXX			
5 Free, Fionnuala	10 Takapuna	1.35m	5
1.25 1.30 1.35 1.40			
o o xxo XXX			
Women Under 16			
1 Nash, India	08 North Harbour Bays	1.45m	10
1.45 1.50			
o XXX			
2 Lathwood, Jessica	09 Takapuna	1.40m	8
1.35 1.40 1.45			
o o XXX			
Senior Women			
1 Cox, Megan	98 North Harbour Bays	1.55m	10
1.45 1.50 1.55 1.60			
o o xo XXX			
Masters Women			
1 Free, Melissa	83 Takapuna	1.30m	10
1.20 1.25 1.30 1.35			
o o o XXX			
-- Hulena, Karen	63 North Harbour Bays	NM	
1.10			
XXX			

### Long Jump

Name	Year Team	Finals	Wind	Points
Women Under 14				
1 Ireland, Juno	10 Waitakere	4.54m	3.8	10
4.54m(3.8) 4.23m(2.5) 4.46m(4.0) X(4.8)				
2 Kivell, Gemma	11 Owairaka	4.38m	1.7	8
4.00m(1.0) 4.38m(1.7) X(3.7) 3.94m(4.5) X(4.8) 4.19m(2.4)				
Women Under 16				
1 Nasrabadi, Jacqui	08 ACA	5.50m	0.7	10

	5.32m(0.3)	X(2.2)	X(3.9)	X(3.5)	X(2.7)	5.50m(0.7)			
2	Masters, Maia			08 Waitakere			5.36m	1.9	8
	5.31m(1.3)	5.35m(1.5)	5.04m(3.3)	5.15m(3.8)	4.96m(1.5)	5.36m(1.9)			
3	Cowan, Emily			08 North Harbour Bays			4.85m	4.6	7
	4.51m(2.6)	X(2.9)	X(2.7)	4.70m(4.2)	4.85m(4.6)	X(1.2)			
4	Lathwood, Jessica			09 Takapuna			4.56m	1.7	6
	4.55m(1.3)	4.56m(1.7)	4.31m(2.0)	4.44m(4.1)					
5	Tattersfield, Emily			09 Whangarei			4.47m	3.1	5
	4.47m(3.1)	4.34m(3.9)	X(1.7)	4.11m(3.2)	3.84m(3.4)				

#### Women Under 18

1	Goldsmith, Charlotte			06 ACA			5.99m	2.1	10
	5.92m(3.9)	5.99m(2.1)	5.90m(3.8)	5.98m(3.1)	5.83m(3.4)	X(2.6)			
2	Hancock, Sophie			06 Hamilton Hawks			5.13m	2.5	8
	5.11m(0.7)	5.01m(0.7)	X(3.0)	4.86m(3.2)	5.13m(2.5)	X			
3	Quay-Chin, Katelyn			06 ACA			4.56m	1.5	7
	4.56m(1.5)	3.66m(2.8)	4.54m(3.9)						
4	Riseborough, Mulan			07 Takapuna			4.34m	4.3	6
	4.09m(4.5)	X	X(3.5)	4.34m(4.3)	X(1.0)	4.33m(0.1)			

#### Women Under 20

1	Riley, Hannah			04 ACA			4.98m	2.9	10
	X(1.7)	4.75m(3.0)	4.98m(2.9)	4.88m(2.0)	4.85m(1.7)	4.46m(2.7)			
2	Muir, Lillian			05 Waikato Bay of Plenty			4.62m	2.1	8
	4.18m(3.2)	4.32m(2.6)	4.54m(2.1)	4.62m(2.1)	4.59m(3.3)	4.41m(3.0)			

#### Senior Women

1	Johnson, Aliyah			96 North Harbour Bays			5.37m	2.6	10
	X(3.4)	X(2.2)	4.99m(4.4)	5.37m(2.6)	5.09m(3.1)	X(1.5)			

### Javelin

=====										
	Name	Year Team				Finals	Points	=====		
=====										
Women Under 16										
1	McManus, Hannah			09 Waitakere		26.35m	10	500g		
	X	26.35m	25.13m	24.15m						
2	Potgieter, Janelle			08 Takapuna		15.43m	8	500g		
	11.52m	11.41m	13.71m	1.28m	15.43m	13.45m				
Women Under 20										
1	Willman, Leala			05		34.51m	10	600g		
	34.51m	30.92m	34.16m	31.10m	32.27m					
Senior Women										
1	Johnson, Aliyah			96 North Harbour Bays		29.46m	10	600g		
	28.39m	28.26m	28.85m	28.08m	29.26m	29.46m				
Masters Women										
1	Free, Melissa			83 Takapuna		32.89m	10	4kg		
	31.76m	32.89m	32.66m	29.71m						

## Men

### 100m

=====										
	Name	Year Team				Finals	Wind	Points	=====	
=====										
Men Under 14										
1	Garcia Soto, Cesar			10 Pakuranga		12.86	1.7	4	10	
2	Healy, Tighe			10 Papakura		12.97	1.7	4	8	

3	Davies, Rory	10	Wesley	13.25	-0.2	3	7
4	Blakeman, Christian	11	Waitakere	14.88	3.4	5	6
Men Under 16							
1	Lamb, Owen	08	North Harbour Bays	11.33	2.6	1	10
2	Platts, Aidan	08	Papakura	11.55	3.5	2	8
3	Miller, Oliver	08	Pakuranga	13.81	1.7	4	7
4	Jesudas, Cyrus	09	Papatoetoe	13.88	3.4	5	6
Men Under 18							
1	Taylor, Kadin	06	Waitakere	10.55	2.6	1	10
2	Dolphin, Joe	06	North Harbour Bays	10.63	2.6	1	8
3	Cotterill, Kahurangi	06	Waitakere	11.11	2.6	1	7
4	Thomson, Jonny	06	Auckland Grammar	11.29	2.6	1	6
5	Peasley, Luan	06	Pakuranga	11.36	3.4	5	5
6	Syminton, Remy	07	North Harbour Bays	11.93	-0.2	3	4
7	Bowden, Zhan	07	North Harbour Bays	12.25	-0.2	3	3
8	Christie, Scott	07	Waitakere	12.25	-0.2	3	2
9	Seymour, Kyan	07	Beachlands Maraetai	12.47	-0.2	3	1
Men Under 20							
1	Berman, Joe	05	Waitakere	11.29	3.4	5	10
2	Agnew, Harry	05	Papakura	11.30	3.5	2	8
3	Moss, Callum	05	Papakura	11.57	3.5	2	7
4	Richardson-Miller, Kegan	05	North Harbour Bays	11.57	3.5	2	6
5	Dew, James	05	Auckland Grammar	11.77	3.5	2	5
6	Orbell, Zachary T35	04		14.37	1.7	4	4
Senior Men							
1	Te Puni, Tommy	02	North Harbour Bays	10.35	2.6	1	10
2	Middleton, Troy	03	North Harbour Bays	10.73	2.6	1	8
3	Kozlov, George	01	North Harbour Bays	11.01	2.6	1	7
4	Cuadros, Mauricio	01	ACA	11.46	3.5	2	6
Masters Men							
1	Lambert, Mark	73	North Harbour Bays	11.75	3.5	2	10
2	Lathwood, Ian	79	Takapuna	12.11	3.5	2	8
3	Weeraratne, Tharindu	78	North Harbour Bays	12.63	-0.2	3	7
4	Warnakulasooriya, Nivart	86	ACA	13.19	-0.2	3	6
5	Dreaver, Mike	66	Waitakere	13.70	-0.2	3	5
6	Anstiss, David	45	North Harbour Bays	16.07	3.4	5	4

## 200m

Name	Year	Team	Finals	Wind	H#	Points	
Men Under 14							
1	Healy, Tighe	10	Papakura	26.49	3.6	3	10
2	Garcia Soto, Cesar	10	Pakuranga	26.71	3.6	3	8
3	Barlow, Toby	11	Pakuranga	30.80	1.9	4	7
4	Blakeman, Christian	11	Waitakere	32.00	1.9	4	6
5	Spalding, Blake	11	Owairaka	33.46	1.9	4	5
Men Under 16							
1	Platts, Aidan	08	Papakura	23.25	4.4	2	10
2	Lamb, Owen	08	North Harbour Bays	23.64	2.6	1	8
Men Under 18							
1	Dolphin, Joe	06	North Harbour Bays	21.62	2.6	1	10
2	Cotterill, Kahurangi	06	Waitakere	22.35	2.6	1	8
3	Peasley, Luan	06	Pakuranga	23.20	1.9	4	7
4	Harris, Ashton	07	ACA	23.47	4.4	2	6
5	Barnett, Oliver	07	Papakura	23.76	4.4	2	5
6	Syminton, Remy	07	North Harbour Bays	23.83	4.4	2	4

7	Christie, Scott	07	Waitakere	24.01	2.6	1	3
8	Seymour, Kyan	07	Beachlands Maraetai	24.88	3.6	3	2
Men Under 20							
1	Berman, Joe	05	Waitakere	22.70	1.9	4	10
2	Moss, Callum	05	Papakura	24.29	4.4	2	8
3	Orbell, Zachary T35	04		30.01	3.6	3	7
Senior Men							
1	Te Puni, Tommy	02	North Harbour Bays	20.76	2.6	10	
2	Cuadros, Mauricio	01	ACA	23.78	2.6	8	
3	Kozlov, George	01	North Harbour Bays	45.24	2.6	7	
Masters Men							
1	Lambert, Mark	73	North Harbour Bays	23.62	4.4	2	10
2	Lathwood, Ian	79	Takapuna	24.91	4.4	2	8
3	Weeraratne, Tharindu	78	North Harbour Bays	25.31	3.6	3	7
4	Warnakulasooriya, Nivart	86	ACA	27.70	3.6	3	6
5	Dreaver, Mike	66	Waitakere	28.01	3.6	3	5
6	Anstiss, David	45	North Harbour Bays	35.17	1.9	4	4

### 800m

=====							
	Name	Year	Team	Finals	H#	Points	
=====							
Men Under 14							
1	Davies, Rory	10	Wesley	2:19.75	2	10	
2	Crowhurst, Tobias	11	Pakuranga	2:25.80	2	8	
3	Collinge-Coker, Benjamin	11	Helensville	2:35.05	2	7	
4	Spencer, Jaden	10	North Harbour Bays	2:35.55	2	6	
5	Garcia Soto, Cesar	10	Pakuranga	2:36.05	3	5	
6	Barlow, Toby	11	Pakuranga	2:45.30	3	4	
Men Under 16							
1	Wilkins, Max	08	Auckland Grammar	2:11.21	1	10	
2	Day, Harrison	09	Pakuranga	2:11.85	1	8	
3	Healy, Flynn	08	Papakura	2:18.48	2	7	
4	Chivasa, Tanaka	08	Lynndale	2:45.56	3	6	
5	Miller, Oliver	08	Pakuranga	2:52.50	3	5	
Men Under 18							
1	Wallace, Timothy	07	Pakuranga	2:00.47	1	10	
2	Fitzpatrick, Robert	06	Papakura	2:00.69	1	8	
3	Hewitt, Jacob	06	Glen Eden	2:09.41	1	7	
4	Thornton, Aidan	07	Waitakere	2:40.54	3	6	
Masters Men							
1	Anstiss, David	45	North Harbour Bays	3:38.59	3	10	

### 3000m Championships

=====							
	Name	Year	Team	Finals	Points		
=====							
Men Under 14							
1	Kelly, Kona	10	Oratia	10:23.37	10		
2	Matsumoto, Green	11	Pakuranga	12:40.98	8		
Men Under 16							
1	Oxford, Ben	08	Pakuranga	9:05.82	10		
2	Lee, Moojin	09	Pakuranga	9:43.71	8		
3	Kelly, Nikko	08	Oratia	9:43.85	7		
4	Geldenhuys, Christian	08	Pakuranga	10:02.48	6		
5	Harkness, Jesse	09	Pakuranga	10:13.31	5		
6	Kilpatrick, Reese	08	Wesley	10:13.85	4		

7	Howell, Jacob	09 Takapuna	10:48.51	3
8	Day, Harrison	09 Pakuranga	10:52.52	2
Men Under 18				
1	Wagener, Caleb	07 Pakuranga	8:53.09	10
2	Erikson, Jack	07 ACA	8:59.38	8
3	Atkinson, Casey	06 Cambridge	9:06.20	7
4	Scampion, Redd	07 ACA	9:22.02	6
5	Crowhurst, Noah	07 Pakuranga	9:23.69	5
6	Jamieson, Connor	06 Pakuranga	9:36.85	4
Men Under 20				
1	Calonne, Etienne	05 Westlake Boys	8:52.65	10
2	Buchanan, Charles	04 Whippets Auckland	8:52.91	8
3	Hayes, Daniel	05 Whippets Auckland	8:58.94	7
Para Men Under 20				
1	Movold, Jaden T54	04 North Harbour Bays	7:54.53	10
Senior Men				
1	Cameron, Luke	01 Whippets Auckland	9:26.47	10
Masters Men 30				
1	Toyomura, Naoki	93 Owairaka	9:49.07	10
Masters Men 35				
1	Strom, Luke	84 Owairaka	11:10.90	10
Masters Men 45				
1	Crowhurst, Paul	78 Pakuranga	9:18.10	10
2	Moore, Nick	73 Owairaka	9:20.40	8
Masters Men 50				
1	Luijpers, Wim	70 Owairaka	10:14.26	10
2	Miller, Robin	69 Owairaka	10:52.26	8
3	Wagener, Richard	69 Pakuranga	11:40.20	7
Masters Men 65				
1	Boyd, Greg	56 North Harbour Bays	12:58.07	10
2	Chamberlin, Malcolm	53 ACA	13:14.77	8

#### 200m Hurdles 0.686m

Name	Year Team	Finals	Wind	Points
Men Under 14				
1 Spalding, Blake	11 Owairaka	36.44	4.4	10

#### 300m Hurdles 0.762m

Name	Year Team	Finals	Points
Men Under 16			
1 Haggard, Rianco	09 Pakuranga	40.43	10
2 Brady, Connor	09 Takapuna	44.18	8
3 Retford, Oliver	08 Pakuranga	49.28	7

#### 300m Hurdles 0.838m

Name	Year Team	Finals	Points
Men Under 18			
1 Retford, Noah	07 Pakuranga	40.14	10



**3000m Race Walk**

Name	Year Team	Finals	Points
Men Under 18			
1 Trathen, Richie	07 Pakuranga	14:38.45	10
Masters Men			
1 Dean, Scott	82 Pakuranga	19:55.19	10

**High Jump**

Name	Year Team	Finals	Points
Men Under 14			
1 Nash, Jett	10 North Harbour Bays	1.50m	10
1.40 1.45 1.50 1.55			
O XO O XXX			
2 Brown, Benjamin	10 Waitakere	1.45m	8
1.35 1.40 1.45 1.50			
O O XXO XXX			
3 Winter, Liam	10 Pakuranga	1.40m	7
1.15 1.20 1.25 1.30 1.35 1.40 1.45			
O O O O XXO XXO XXX			
4 Spalding, Blake	11 Owairaka	1.20m	6
1.10 1.15 1.20 1.25			
O O XXO XXX			
Men Under 16			
1 Su, Benaiah	08 ACA	1.65m	10
1.50 1.55 1.60 1.65 1.70			
O O O XXO XXX			
2 Jesudas, Cyrus	09 Papatoetoe	1.55m	8
1.35 1.40 1.45 1.50 1.55 1.60			
O O O O XXO XXX			
3 Su, Daequan	09 ACA	1.45m	7
1.35 1.40 1.45 1.50			
O O O XXX			
Men Under 18			
1 Bowden, Zhan	07 North Harbour Bays	1.80m	10
1.65 1.70 1.75 1.80 1.85			
X-- - -XO XXO XXX			
2 Barnett, Oliver	07 Papakura	1.70m	8
1.45 1.50 1.55 1.60 1.65 1.70 1.75			
O - O O XO XO XXX			
Men Under 20			
1 Brown, Connor	05 Athletics Tauranga	1.65m	10
1.55 1.60 1.65 1.70			
XO XO O XXX			
Senior Men			
1 Couillault, Rafe	03 Papakura	2.00m	10
1.85 1.90 1.95 2.00 2.05			
O O O O XXX			
2 Thorpe, Stephen	02 North Harbour Bays	1.75m	8
1.60 1.65 1.70 1.75 1.80			
O XO XXO XO XXX			
3 Phillips, Ethan	98 ACA	1.50m	7
1.50 1.55 1.60			
O - XXX			

## Masters Men

1 Potgieter, Jacob 80 Takapuna 1.50m 10  
 1.35 1.40 1.45 1.50 1.55  
 O O O XO XXX

**Long Jump**

```
=====
Name Year Team Finals Wind Points
=====
```

## Men Under 14

1 Spalding, Blake 11 Owairaka 3.66m 2.4 10  
 3.66m(2.4) X(3.2) 3.58m(3.7) 3.45m(0.7) X(2.0) 3.64m(2.7)

## Men Under 16

1 Su, Benaiah 08 ACA 5.35m 2.9 10  
 5.33m(2.3) 5.09m(1.5) 5.35m(2.9) 5.24m(1.5)

## Men Under 18

1 Foenander, Sacha 06 Kings Colleg 6.23m 2.3 10  
 6.04m(2.3) 5.84m(4.5) 6.14m(3.7) X(1.7) 5.71m(1.7) 6.23m(2.3)  
 2 Bowden, Zhan 07 North Harbour Bays 5.83m 1.3 8  
 5.83m(1.3) 5.68m(6.0) 5.51m(3.7) 5.55m(2.1) 5.54m(0.6) 5.39m(2.5)

## Men Under 20

1 Richardson-Miller, Kegan 05 North Harbour Bays 6.44m 1.9 10  
 X(1.7) 6.44m(1.9) X(4.7) X(0.8)

## Senior Men

1 Arthur, Lewis 99 North Harbour Bays 7.44m 3.8 10  
 X(2.0) X(2.0) 7.33m(2.6) X(1.6) X(4.9) 7.44m(3.8)

## Masters Men

1 Lathwood, Ian 79 Takapuna 5.59m 3.0 10  
 X(1.8) 5.59m(3.0) 5.45m(3.3) 5.10m(3.3) 5.01m(0.9)  
 2 Petushinsky, Nikolai 93 5.31m 2.7 8  
 5.25m(2.9) X(3.9) 5.31m(2.7)  
 3 Warnakulasooriya, Nivart 86 ACA 4.91m 3.1 7  
 4.91m(3.1) -

**Javelin**

```
=====
Name Year Team Finals Points
=====
```

## Men Under 16

1 Su, Benaiah 08 ACA 29.58m 10 700g  
 29.48m X 29.58m  
 2 Su, Daequan 09 ACA 26.35m 8 700g  
 26.35m 22.83m

## Men Under 18

1 Thomson, Jonny 06 Auckland Grammar 40.17m 10 700g  
 34.19m X 37.05m X X 40.17m  
 2 Potgieter, Jean-Louis 06 Takapuna 36.91m 8 700g  
 36.91m X X 35.07m X 30.67m  
 3 Maulvurfs, Maksis 06 Lynndale 25.15m 7 700g  
 22.10m X 25.15m X 24.20m 24.09m

## Men Under 20

1 Brown, Connor 05 Athletics Tauranga 36.85m 10 800g  
 33.82m X 36.85m

## Senior Men

1 Phillips, Ethan 98 ACA 46.67m 10 800g  
 43.45m 46.67m

**Masters Men**

1	Ginige, Warren	90	ACA	33.85m	10	800g
	29.81m 33.85m 33.52m X					
2	Potgieter, Jacob	80	Takapuna	31.65m	8	800g
	27.14m 29.69m 29.43m X 30.72m 31.65m					
3	Maulvurfs, Kristaps	71	Lynndale	26.10m	7	700g
	24.62m 25.01m 26.10m 24.95m 24.27m X					
4	Anstiss, David	45	North Harbour Bays	16.24m	6	500g
	16.24m X 15.86m 14.22m					

**Hammer**

Name	Year	Team	Finals	Points
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**Men Under 18**

1	Potgieter, Jean-Louis	06	Takapuna	40.71m	10	5kg
	40.71m 39.11m X X X					

**Senior Men**

--	Poppe, Nils	98	International	NM
	X X X X X X			

**Masters Men**

1	Potgieter, Jacob	80	Takapuna	29.08m	10	7.26kg
	X 27.95m 25.81m 29.08m 27.40m 27.20m					

**Weight Throw**

Name	Year	Team	Finals	Points
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**Masters Men**

1	Potgieter, Jacob	80	Takapuna	9.39m	10	15.88kg
	X 8.83m 8.92m X 9.39m 9.06m					