



**McKinnon Shield #3
+ Secondary Schools Competition #3**

Saturday 11th November 2023

Go Media Mt Smart Stadium #2 Arena

FINAL PROGRAMME

TRACK			FIELD		
2:00pm	110m Hurdles	Men	2:00pm	Pole Vault - start heights 3.60m and over	
2:10pm	100m Hurdles	Men and Women	2:00pm	Shot Put	Men
2:25pm	80m Hurdles	Men and Women	2:00pm	Discus	Women
2:50pm	60m	Women			
3:00pm	60m	Men	3:00pm	Shot Put	Women
3:15pm	100m	Women	3:15pm	Pole Vault - start heights under 3.60m	
3:25pm	100m	Men			
			3:30pm	Discus	Men
3:45pm	1500m	Women			
3:55pm	1500m	Men			
4:30pm	400m	Women			
4:40pm	400m	Men	4:45pm	Triple Jump	Women
				Triple Jump	Men
5:00pm	Steeplechase 0.762m	Women and Men			
5:15pm	Steeplechase 0.838m	Men			
5:30pm	Steeplechase 0.914m	Men			

*Age is at 31st December 2023