



## McKinnon Shield #5

Saturday 2nd December 2023

Go Media Mt Smart Stadium #2 Arena

### DRAFT PROGRAMME

The programme is dependent on entry numbers

A final programme will be loaded to our website Friday evening

TRACK			FIELD		
3:00pm	110m Hurdles	Men	3:00pm	Pole Vault - start heights 3.60m and over	
	100m Hurdles	Women and Men	3:00pm	Shot Put	Men
	80m Hurdles	Women and Men	3:00pm	Discus	Women
3:45pm	60m	Women			
	60m	Men			
			4:00pm	Shot Put	Women
4:10pm	100m	Women	4:15pm	Pole Vault - start heights under 3.60m	
	100m	Men			
			4:30pm	Discus	Men
4:45pm	1500m	Women			
	1500m	Men			
			5:30pm	Triple Jump	Women
5:30pm	400m	Women		Triple Jump	Men
	400m	Men			
5:45pm	Steeplechase 0.762m	Women and Men			
	Steeplechase 0.838m	Men			
	Steeplechase 0.914m	Men			

\*Age is at 31st December 2023