



McKinnon Shield #4
+ Secondary Schools Competition #4

Saturday 18th November 2023
 Go Media Mt Smart Stadium #2 Arena

FINAL PROGRAMME

TRACK			FIELD		
2:00pm	200m Hurdles	Women and Men	2:00pm	High Jump 1.50m & over	Women & Men
2:15pm	300m Hurdles	Women and MM	2:00pm	High Jump under 1.50m	Women & Men
2:30pm	300m Hurdles	Men	2:00pm	Javelin	Women & Men
2:45pm	400m Hurdles	Women			
3:00pm	100m	Women	3:00pm	Hammer	Women & Men
3:10pm	100m	Men			
3:35pm	800m	Women			
3:45pm	800m	Men	4:00pm	Long Jump	Women
			4:00pm	Long Jump	Men
4:05pm	200m	Women	4:10pm	Weight Throw	Masters Women
4:20pm	200m	Men			Masters Men
4:40pm	2000m/3000m Walk	Women and Men			
5:00pm	3000m	Women			
5:15pm	3000m	Men			

*Age is at 31st December 2023