

Athletics Auckland Inc. in conjunction with Pakuranga Athletic Club presents

Dick Quax Memorial Meet Saturday 25 November 2023 Yvette Williams Track Lloyd Elsmore Park, Pakuranga

**Programme includes:** 

400m races for 2-6 year olds (from 1.20 pm)
800m races for 7-9 year olds (from 1.40 pm)
Please arrive 20 minutes before race

Free entry for all 2-9 year olds registered with an athletics club. No need to pre-register for 2-9 year olds races – just turn up and join in. Medals for place-getters in each age group; ribbons and treats for all participants

Parents welcome to stay on and join in the community fun run at 2 pm. Great spot prizes! For more information email pakrun@gmail.com