



## 2023-2024 Junior Pentathlon Championships

Welcome to the 2023-2024 Athletics Auckland Junior Pentathlon Championships. We look forward to hosting you and your athlete on Saturday 9<sup>th</sup> March at Go Media Stadium Mt Smart.

The Junior Pentathlon Championships are 100% volunteer powered. No volunteers = no championships for our young athletes. If you are asked to assist with running an event by your club, please say yes.

### GENERAL

Apart from officials and volunteers, there will be **no access** by parents to the track or field area.

The MC will announce marshalling for each block. Please listen carefully.

Athletes must have an age patch and wear club uniform. Patches can be purchased from the officials lounge for \$2 (exact change only please).

Event locations are shown on the map on the next page.

### TRACK INFORMATION

Track athletes will marshal at the event start in the gazebo's near the start line of the particular event as shown with the white boxes (black text) on the event locations plan (next page). For the 200m, walk around the grass bank please.

Track events will marshal 10 minutes before the nominated start time.

### FIELD INFORMATION

Athletes will marshal directly to the event when called.

Field events will marshal 10 minutes before the nominated start time.

No personal throwing implements will be permitted to be used for the event.



### MEDAL PRESENTATIONS

Medal presentations will occur after the completion of all of the event blocks for the particular age group at the medal dais in the medal presentation area. Photo opportunities will be available from the deck outside the official's lounge.

### CAR PARKING

Please be considerate when parking within the stadium grounds. If you park illegally or in a manner that blocks access, there is a high likelihood that the Stadium security will have your vehicle towed.

EVENT LOCATIONS



GRADE 7-9 PROGRAMME STARTING AT 9AM

Block 1

7 Boys	7 Girls	8 Boys	8 Girls	9 Boys	9 Girls
Long Jump 2	Long Jump 1	Discus 1	Discus 1	100m	100m

Block 2

7 Boys	7 Girls	8 Boys	8 Girls	9 Boys	9 Girls
100m	100m	Long Jump 2	Long Jump 1	Discus 1	Discus 1

Block 3

7 Boys	7 Girls	8 Boys	8 Girls	9 Boys	9 Girls
Discus 1	Discus 1	100m	100m	Long Jump 2	Long Jump 1

## GRADE 10-14 PROGRAMME STARTING AT 12PM

Block 1

10B	10G	11B	11G	12B	12G	13B	13G	14B	14G
800m	800m	LJ 2	LJ 1	Discus 2	Discus 1	Shot Put 1	Shot Put 1	800m	800m

Block 2

10B	10G	11B	11G	12B	12G	13B	13G	14B	14G
LJ 2	LJ 1	800m	800m	Shot Put 1	Shot Put 1	800m	800m	Discus 2	Discus 1

Block 3

10B	10G	11B	11G	12B	12G	13B	13G	14B	14G
Discus 1	Discus 1	Shot Put 1	Shot Put 1	800m	800m	LJ 2	LJ 1	200m	200m

Block 4

10B	10G	11B	11G	12B	12G	13B	13G	14B	14G
200m	200m	Discus 1	Discus 1	LJ 2	LJ 1	200m	200m	Shot Put 1	Shot Put 1

Block 5

10B	10G	11B	11G	12B	12G	13B	13G	14B	14G
Shot Put 1	Shot Put 1	200m	200m	200m	200m	Discus 1	Discus 2	LJ 2	LJ 1

Every effort will be made to ensure the programme runs on time and in the order laid out.

The Organising Committee reserves the right to allow the programme to run up to 30 minutes early if the situation arises so it's in the athlete's best interest to arrive early and remain at the venue until the completion of the events.

A full set of the 2024 Auckland Pentathlon Junior Championship rules can be found at the Athletics Auckland website.





## COFFEE AND FOOD VENDORS

A coffee vendor will be on-site on Saturday. You will need to bring suitable food for your athlete on the day.

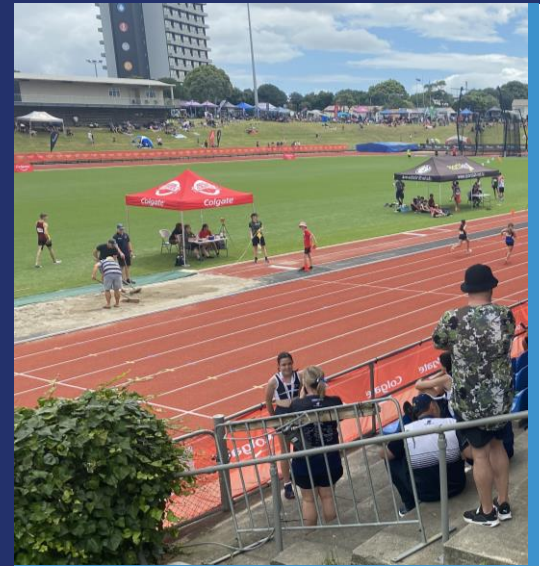
Please show the vendors some appreciation as they have taken the time to be here as part of our Junior Pentathlon Championships.

## These are not the Olympics!

We all want our young athletes to have an enjoyable time while competing at the Junior Pentathlon Championships. Some things we ask you to remember:

1. All the officials are volunteers.
2. All the organisers are volunteers.
3. All athletes want to have an enjoyable experience competing with and against their friends.

We can all play our part in ensuring that our young athletes have the best experience possible.



## A MESSAGE FROM THE ATHLETICS AUCKLAND JUNIOR DELEGATES COMMITTEE

In organising the Junior Pentathlon Championships, the Athletics Auckland Junior Delegates Committee has endeavored to plan for every eventuality. However, we are sure that things will arise that we will work through on the day. Thank you in advance for your patience.

While constructive feedback is always welcome, we particularly welcome those who put their hands up to assist the small team who make the Junior Pentathlon Championships possible through volunteering their time.