



ATHLETICS AUCKLAND

51 O'Rorke Road
Penrose

www.athleticsauckland.co.nz

Ph: 09 525 6903

office@athleticsauckland.co.nz

2024 ASPIRE DISTANCE ACADEMY 11- 12 JULY 2024

Athletics Auckland will be conducting a 2-day Aspire Academy for athletes to learn concepts of endurance running.

The academy will give endurance athletes the opportunity on advancing their skills and knowledge in endurance training.

This coaching event is open to all club and school athletes aged 10 - 16

Academy Coaches:

Neil Bartlett, Damian Blocki

Dates:

Day 1: Thursday 11 July 2024

Day 2: Friday 12 July 2024

Time:

09:30am to 3:00pm each day

Cost:

\$50 for both days

Venue:

Day 1: Go Media Mt Smart Stadium, 51 O'Rorke Road, Penrose

Day 2: Bruce Pulman Park, Gate A, 90 Walters Road, Takanini

Registrations:

Register online at

www.athleticsauckland.co.nz/competition/events

BE INSPIRED

FOCUS ON THE
TECHNICAL ASPECT OF
ENDURANCE RUNNING

OPEN TO CLUBS &
SCHOOL ATHLETES
10 - 16 YEARS OLD

PROMOTING ATHLETIC
EXCELLENCE FOR
ENDURANCE RUNNERS

ENROL NOW ON THE
AAI WEBSITE
REGISTRATIONS
CLOSE 9 JULY 2024

If you require any further information contact
Neil Bartlett at
development@athleticsauckland.co.nz

