



## SUMMARY DOCUMENT

### ATHLETICS AUCKLAND COACHING PLAN 2024-2026

#### **Coaching Plan 2024-2026:**

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## **COACHING PLAN 2024-2026:**

### **Introduction**

Overall, it is Athletics Auckland goal is to provide quality coaches in the Auckland region, where all our registered athletes have access to quality coaching programmes.

### **Coaching Plan Mission:**

To develop, construct and deliver coaching programmes that support our coaches and athletes in the Auckland region, to achieve their potential.

### **Coaching Plan Objectives:**

The purpose of this plan is to enable Athletics Auckland to promote a systematic approach to identify, recruit, develop and retain Coaches, capable of developing athletes to become National class, with the goal of some representing New Zealand at an International level.

### **The key strategies are as follows:**

- 1: Establish and implement a Regional Coaching Pathway (RCP) for Foundational, Community and Accredited level Coaches.**
- 2: Develop and implement a coach recruitment programme across the Coach development pathway.**
- 3: Increased recognition and status of Coaches.**

### **Athletics Auckland Coaching Philosophy:**

Athletics Auckland supports the belief that coaching is extremely important to our member athlete's performance, at all levels of the sport. Athletics Auckland will also develop the following areas to support the process of coach education as follows:

- #1: AAI Board Leadership
- #2: ANZ Group Event Coach Lead clinics
- #3: Improved communication
- #4: Regional Athlete development programmes:

This comprehensive approach will ensure responsibility of all stakeholders to the success of the programmes delivered in Auckland. This plan will ensure we achieve the following:

Alignment with Athletics NZ coaching pathways. Effective use of resources.

Coach acquisition and Coach retention.

In the future, Athletics Auckland feels that the continued development of Coaches is one of the greatest resources it has.

## **ATHLETICS AUCKLAND COACHING PATHWAY:**

Athletics Auckland wishes to demonstrate a clear pathway for the development of the region's Coaches. A pathway document to view is available on our website under Get Involved/Coaching.

### **Athletics NZ has the following Coach membership:**

Community Coach and Accredited Coach

### **Athletics Auckland will promote the following Athletics NZ foundational programmes:**

Foundation Coach – Get Set Go and Foundation Coach – Run Jump Throw

## **COACHING PLAN VALUES:**

#1: Collaboration

#2: Ownership

#3: Qualification

It is the goal of Athletics Auckland, that ALL Coaches in our sport are members of the Athletics NZ pathway, either Foundational, Community or Accredited Coaches and beyond into Performance level Coaches.

## **COACHING PLAN PRINCIPLES:**

#1: Coach development is an ongoing process

#2: Self- learning is a continual process

#3: Age-appropriate coaching

### **Alignment of coaching strategies:**

Coach development in Auckland needs to align with all influencers of sport in our region, including Athletics NZ, Regional Sport Trust's, Active Auckland and Sport NZ.

## **COACHING PLAN PROGRAMMES: (CPP)**

### **Athletics Auckland Formal Coaching courses:**

Courses to be developed for Foundational, Community and Accredited Coaches to gain qualifications to move up the Coaching pathway. The theory portion to be delivered by class or via an online platform, on an on-demand basis. The practical portion to be facilitated by the Coach Development manager at Mt Smart or another regional location.

### **Athletics Auckland Informal Coaching activities:**

Informal learning opportunities to be developed with individual coaches or coaching groups, such as the Counties Manukau, Central Northwest and Central hub clusters.

### **Auckland Regional Athletics Coaching Programme (ARACP):**

The wish of Athletics Auckland is that ALL affiliated clubs in the Auckland region are visited at least once throughout the track and field season

### **Aspire Development Academies:**

The aim of Athletics Auckland is to offer academies during every holiday period throughout the year.

### **John Walker “Find your Field of Dreams” Foundation (JWFOD):**

Deliver Fundamental Movement Skills (FMS) programme to primary and intermediate schools in the South Auckland region

Deliver specific “Athletic” skill sessions to primary and intermediate schools in the South Auckland region

### **Personal development of Teachers and RSO Activators:**

Athletics Auckland is to meet the needs of the 4 RSO’s in Auckland, so the sport of Athletics is delivered to students in a safe and structured manner. Therefore, links need to be established, if not already held, with Sport Auckland, Sport Waitakere, Harbour Sport and CLM Sport in Counties Manukau.

## **COACHING PLAN 2024-2026:**

### **Issues to be dealt with:**

#### **Position of coaching in Auckland**

Clubs and Schools: To support the developmental programmes of Get Set Go and Run Jump Throw in clubs and schools, if possible.

Athletics NZ: From July 2024, Kim Mickle has been employed as National Development manager North plus the role of Coach Development Lead in New Zealand. One task will be to administer the Community and Accredited level coach network throughout NZ. Kim will be based in Tauranga for this position.

### **GROW COACHING ANALYSIS:**

An analysis of the future direction of coaching in Auckland:

**Goals:** What does success look like?

- |  |             |
|--|-------------|
| • Accredited coaches in Auckland   | Goal of 50  |
| • Community coaches in Auckland  | Goal of 50  |
| • Retention of 3000 Juniors (2020) to Senior ranks (270 @9%). Goal of 12% aged 15-U20) | Goal of 360 |

What is the timeline?

- November 2024. Progress to be reviewed in January 2025.

Why is this important to Athletics Auckland?

- To justify the resources that Athletics Auckland has invested into the sport.

What differences will achievement of these goals make?

- Success in coaching will lead to success as a Centre.

**Reality:**

Understand and clarify the current situation for Athletics Auckland.

What is happening now?

- Coaches working in isolation
- No focus on the requirement for coach education
- Athletes changing coaches, maybe for the wrong reasons.
- Experienced Coaches however we have an aging Coach population
- Athlete-Coach numbers growing
- Coaching plan to be submitted to Athletics Auckland Board in July 2024
- Meet with Athletics NZ National Development manager for Coaching by the end of July 2024
- Deliver course content for the following:  
Foundation- Get Set Go by October 2024  
Foundation- Run Jump Throw by November 2024  
CAD Level 1 by November 2024

Who will action this?

- Coach Development Manager for Athletics Auckland

**COACHING STRATEGIC PLAN:**

**1:** Establish and implement a Regional Coaching pathway for Foundational, Community and Accredited level Coaches in Auckland.

**2:** Develop and implement a Coach recruitment programme across the Coach development pathway.

**3:** Increase recognition and status of Coaches

This document has been written by Neil Bartlett – Coach Development Manager for Athletics Auckland dated Tuesday 30 July 2024.

(Photo of an Aspire Development academy held at Mt Smart stadium)

