



**AAI McKinnon Shield Pre-season Meet including Pentathlon
+ Auckland 10,000m Championships
12 October 2024
Mt Smart Stadium #2 Arena**

Results

Women

Women Under 14

Name	Year Team	Finals	Wind	H#
60m				
1 Patuki, Lace	12 North Harbour Bays	8.32	3.8	1
2 Goldsmith, Juliette	11 Eastern	8.49	3.8	1
3 Retford, Sylvie	12 Pakuranga	9.32	1.7	2
150m				
1 Patuki, Lace	12 North Harbour Bays	20.37	1.8	2
2 Goldsmith, Juliette	11 Eastern	21.04	3.0	3
High Jump				
1 Goldsmith, Juliette	11 Eastern	1.30m		
		1.20 1.25 1.30 1.35		
		0 0 0 XXX		
Long Jump				
1 Patuki, Lace	12 North Harbour Bays	4.66m	3.0	
		4.66m(3.0) 4.56m(4.8) 3.50m(4.4) 4.54m(3.2) 4.49m(4.5) 3.13m(5.0)		
Shot Put				
1 Fu-Oughton, Sacha	11 North Harbour Bays	8.20m	3kg	
		8.20m 8.17m 7.40m - - 7.47m		
Discus				
1 Fu-Oughton, Sacha	11 North Harbour Bays	25.19m		
		23.22m 21.92m 25.19m X X X		

Women Under 16

Name	Year Team	Finals	Wind	H#
60m				
1 Bowden, Kenzie	09 North Harbour Bays	8.06	3.8	1
2 Kerrigan, Ella	10 Waitakere	8.37	3.8	1
3 Oneill, Bella	09 ACA	9.09	1.7	2
150m				
1 Bowden, Kenzie	09 North Harbour Bays	19.49	6.7	1
2 Kerrigan, Ella	10 Waitakere	20.72	1.8	2

3	Beaumont, Isobel	10	Lynndale	21.66	3.0	3
4	Koole, Veronique	09	Pakuranga	21.73	3.0	3
300m						
1	Jackson, Maddy	09	North Harbour Bays	44.43		
2	Koole, Veronique	09	Pakuranga	47.63		
3	Beaumont, Isobel	10	Lynndale	47.80		
1200m						
1	Jackson, Maddy	09	North Harbour Bays	4:02.31		
2	Collinge-Coker, Georgina	09	North Harbour Bays	4:23.27		
Long Jump						
1	Zhong, Lily	10	ACA	4.09m	2.8	
	X(4.9) X(2.9) 3.87m(2.9)		3.73m(2.6) X(3.1)	4.09m(2.8)		

Women Under 18

Name	Year	Team	Finals	Wind	H#
150m					
1	De jager, Mia	07	Hamilton City Hawks	18.25	6.7 1
2	Nash, India	08	ACA	20.54	3.0 3
3	Danaher, Kate T37	07	North Harbour Bays	24.51	1.8 2
High Jump					
1	De jager, Mia	07	Hamilton City Hawks	1.65m	
	1.50 1.55 1.60 1.65 1.70				
	O - O O XX-				
2	Nash, India	08	ACA	1.55m	
	1.40 1.45 1.50 1.55 1.60				
	O XO XO O XXX				
Long Jump					
1	Nash, India	08	ACA	4.38m	4.7
	4.18m(3.4) 4.05m(4.1)		4.38m(4.7) 4.33m(5.1)	4.07m(3.1)	-

Women Under 20

Name	Year	Team	Finals	Wind
60m				
1	Muir, Lillian	05	ACA	8.52 3.8
150m				
1	Lathwood, Samantha	06	Takapuna	19.03 6.7
2	Wisnewski, Grace	05	Hamilton City Hawks	19.16 6.7
300m				
1	Wisnewski, Grace	05	Hamilton City Hawks	41.74
High Jump				
1	Couillault, Riley	06	Papakura	1.55m
	1.45 1.50 1.55 1.60			
	XXO XO O XXX			
Long Jump				
1	Muir, Lillian	05	ACA	5.16m 5.1
	4.99m(8.0) 5.08m(3.9)		5.16m(5.1) 4.91m(4.0)	5.10m(4.0) 4.99m(2.3)
Shot Put				
1	Murphy, Sionann F37	05	Takapuna	8.16m 3kg
	8.16m 7.90m 7.96m		7.81m 7.84m 7.88m	

Discus

1 Murphy, Sionann F37 05 Takapuna 26.51m
 20.51m 25.54m 26.11m 26.51m 21.79m 25.79m

Senior Women

Name	Year	Team	Finals	Wind	H#
60m					
1 Walsh, Paddy T64	04	Riverhead	9.08	1.7	2
150m					
1 Rule, Holly	03	Whangarei	19.64	6.7	
300m					
1 Rule, Holly	03	Whangarei	42.09		
1200m					
1 Sampson, Stella	02	North Harbour Bays	4:41.39		
10,000m Auckland Championships					
1 Cross, Lisa	83	TTT Runners	34:16.71		
High Jump					
1 Cox, Megan	98	North Harbour Bays	1.50m		
1.40 1.45 1.50 1.55					
0 0 0 XXX					

Masters Women

Name	Year	Team	Finals	Wind	H#
60m					
1 Green, Phillipa	68	North Harbour Bays	8.95	3.8	1
2 Osugi, Ai	79	Waitakere	9.14	1.7	2
3 Hayman, Jill	61	North Harbour Bays	9.37	1.7	2
4 Waring, Chris	43	North Harbour Bays	11.39	1.7	2
5 Conte, Carol	42	North Harbour Bays	13.34	1.7	2
150m					
1 Kee, Penny	80	Owairaka	21.28	3.0	3
2 Green, Phillipa	68	North Harbour Bays	22.00	1.8	2
3 Osugi, Ai	79	Waitakere	22.08	1.8	2
4 Hayman, Jill	61	North Harbour Bays	23.18	1.8	2
300m					
1 Kee, Penny	80	Owairaka	46.93		
2 Harpur, Kimberly	73	North Harbour Bays	53.25		
3 Mcallister, Cherie	89	North Harbour Bays	58.17		
1200m					
1 Osugi, Ai	79	Waitakere	4:48.57		
High Jump					
1 Kee, Penny	80	Owairaka	1.30m		
1.06 1.09 1.12 1.15 1.20	1.25	1.30	1.35		
0 0 0 0 0	0	0	XX-		
2 Hulena, Karen	63	North Harbour Bays	1.09m		
1.03 1.06 1.09 1.12					
0 0 0 XXX					
-- Colwill, Simone	63	ACA	NM		
1.00					
XXX					

Long Jump

1 Colwill, Simone 63 ACA 2.52m 5.1
 2.35m(4.9) 2.52m(5.1) 2.24m(4.2) 2.20m(3.4) 2.38m(3.1) 2.41m(4.2)

Shot Put

1 Kelso, Fiona 67 Waitakere 8.95m 3kg
 8.49m 8.89m 7.54m 8.95m 8.40m 8.95m
 2 Ashe, Tui 50 Athletics Tauranga 6.54m 3kg
 - - 6.07m 6.43m 6.54m 6.47m
 3 Colwill, Simone 63 ACA 6.44m 3kg
 5.59m 5.56m X 5.93m 6.44m 5.99m

Discus

1 Ashe, Tui 50 Athletics Tauranga 15.09m
 14.47m 11.84m 14.68m X X 15.09m

Men

Men Under 14

Name	Year	Team	Finals	Wind	H#
60m					
1 Blakeman, Christian	11	Waitakere	9.42	3.1	3
150m					
1 Blakeman, Christian	11	Waitakere	22.65	1.6	
1200m					
1 Collinge-Coker, Benjamin	11	Oratia	4:03.08		
Shot Put					
1 Ford, Declan	11	North Harbour Bays	12.02m	4kg	
X			11.37m	11.48m	12.02m
X			11.78m		
Discus					
1 Ford, Declan	11	North Harbour Bays	37.88m	1kg	
			37.88m	33.83m	36.69m
			37.81m	35.61m	X

Men Under 16

Name	Year	Team	Finals	Wind	H#
60m					
1 Howell, Jacob	09	Takapuna	7.71	2.8	2
2 Nash, Jett	10	ACA	7.92	2.8	2
3 Gonzales, Jy	10	Lynndale	8.29	2.8	2
150m					
1 Haggard, Rianco	09	Pakuranga	16.84	4.5	3
2 Howell, Jacob	09	Takapuna	18.54	4.5	3
3 Zhao, Zerun	09	Mt Albert Grammar	18.93	1.6	1
4 Nash, Jett	10	ACA	19.30	4.5	3
300m					
1 Haggard, Rianco	09	Pakuranga	35.26	1	
2 Howell, Jacob	09	Takapuna	39.27	2	
3 Zhao, Zerun	09	Mt Albert Grammar	41.00	1	
4 Gonzales, Jy	10	Lynndale	42.71	2	

1200m
 1 Kelly, Kona 10 Oratia 3:31.81

High Jump
 1 Nash, Jett 10 ACA 1.60m
 1.45 1.50 1.55 1.60 1.65
 O O O XXO XXX

Long Jump
 1 Nash, Jett 10 ACA 5.42m 6.1
 5.30m(4.1) 5.29m(2.6) 5.12m(0.9) 5.42m(6.1) 4.95m(3.2) -

Shot Put
 1 Wilson, Brian F20 08 North Harbour Bays 8.06m 5kg
 7.67m 7.98m 7.99m 8.06m 7.68m 7.99m

Discus
 1 Wilson, Brian F20 08 North Harbour Bays 22.76m 1.5kg
 16.93m X 22.76m 19.21m 21.52m X

Men Under 18

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Name	Year Team	Finals	Wind	H#
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60m

1 Lamb, Owen	08 North Harbour Bays	7.15	1.4	1
2 Retford, Noah	07 Pakuranga	7.23	1.4	1
3 Syminton, Remy	07 North Harbour Bays	7.39	1.4	1
4 Leith, Enzo	08 North Harbour Bays	7.51	1.4	1
5 Bowden, Zhan	07 North Harbour Bays	7.57	2.8	2
6 Campbell, William	08 Papakura	7.64	2.8	2
7 Seymour, Kyan	07 Beachlands Maraetai	7.82	2.8	2

150m

1 King, Noa	08 Takapuna	16.75	1.6	1
2 Lamb, Owen	08 North Harbour Bays	16.82	1.6	1
3 Bowden, Zhan	07 North Harbour Bays	17.40	3.1	2
4 Campbell, William	08 Papakura	17.64	3.1	2
5 Seymour, Kyan	07 Beachlands Maraetai	18.35	3.1	2
6 Schmulian, Ewald	07 Pakuranga	18.60	3.7	4

300m

1 King, Noa	08 Takapuna	35.32	1	
2 Retford, Noah	07 Pakuranga	36.41	1	
3 Syminton, Remy	07 North Harbour Bays	36.85	1	
4 Leith, Enzo	08 North Harbour Bays	38.62	2	
5 Campbell, William	08 Papakura	39.70	2	
6 Schmulian, Ewald	07 Pakuranga	41.06	3	
7 Retford, Oliver	08 Pakuranga	44.09	3	

1200m
 1 Kelly, Nikko 08 Oratia 3:28.37

Long Jump
 1 Bowden, Zhan 07 North Harbour Bays 6.48m 5.0
 6.32m(7.0) 6.34m(5.9) 6.35m(4.2) 6.28m(4.2) 6.32m(3.7) 6.48m(5.0)

Men Under 20

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Name	Year Team	Finals	Wind
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60m
 1 Lambert, Cayd 06 North Harbour Bays 7.21 1.4

150m					
1	Cotterill, Kahurangi	06	Waitakere	16.56	1.6 1
2	Walanj, Aryan	05		16.75	3.1 2
3	Lambert, Cayd	06	North Harbour Bays	35.59	1.6 1

300m					
1	Cotterill, Kahurangi	06	Waitakere	34.82	1
2	Walanj, Aryan	05		36.72	2
3	Schuin, Aiden	06		41.62	2

1200m					
1	Hewitt, Jacob	06	Glen Eden	3:24.73	

10,000m Auckland Championships					
1	Wagener, Caleb	07	Pakuranga	32:30.34	
2	Jamieson, Connor	06	Pakuranga	33:48.15	

Senior Men

Name	Year	Team	Finals	Wind
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60m					
1	Wood, Blake	04	North Harbour Bays	7.32	1.4

150m					
1	Revell-Lewis, Lex	04	Waitakere	15.84	1.6

300m					
1	Revell-Lewis, Lex	04	Waitakere	33.13	
2	Wood, Blake	04	North Harbour Bays	35.12	

Men Masters Men

Name	Year	Team	Finals	Wind	H#
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60m					
1	Lathwood, Ian	79	Takapuna	7.37	1.4 1
2	Lambert, Mark	73	North Harbour Bays	7.58	1.4 1
3	Weeraratne, Tharindu	78	North Harbour Bays	8.06	2.8 2
4	Constantine, Mikel	70	North Harbour Bays	8.39	3.1 3
5	Harrington, Ian	78	North Harbour Bays	8.41	2.8 2
6	Seymour, Craig	72	Beachlands Maraetai	8.95	3.1 3
7	Ding, Yong Chyan	50	North Harbour Bays	11.12	3.1 3

150m					
1	Lambert, Mark	73	North Harbour Bays	17.31	3.1 2
2	Lathwood, Ian	79	Takapuna	17.35	3.1 2
3	Lyle, Rob	75	ACA	18.91	4.5 3
4	Weeraratne, Tharindu	78	North Harbour Bays	19.60	4.5 3
5	Harrington, Ian	78	North Harbour Bays	20.10	3.7 4
6	Iddon, Michael	63	North Harbour Bays	22.21	3.7 4
7	Seymour, Craig	72	Beachlands Maraetai	22.51	4.5 3

300m					
1	Lyle, Rob	75	ACA	40.62	2
2	Iddon, Michael	63	North Harbour Bays	48.46	3

Masters Men 30 10,000m Auckland Championships					
1	Marsh, James	91	Owairaka	35:01.21	

Masters Men 40 10,000m Auckland Championships					
1	Piagentini, Mariano	83	Owairaka	33:11.81	
2	Hitchcock, Tim	84	Wesley	33:49.66	
3	Parsonage, Matthew	80	Lake City	34:46.03	

Masters Men 45 10,000m Auckland Championships						
1	Mace, Simon		77	Owairaka		34:01.64
Masters Men 50 10,000m Auckland Championships						
1	Moore, Nick		73	Owairaka		33:53.34
Masters Men 65 10,000m Auckland Championships						
1	Ashe, Trevor		56	Tauranga		46:20.13
High Jump						
1	Ding, Yong Chyan		50	North Harbour Bays		1.06m
	1.00	1.03	1.06	1.09		
	0	0	0	XXX		
Shot Put						
1	Ding, Yong Chyan		50	North Harbour Bays		7.82m 4kg
	7.56m	7.82m	7.82m	-		
Discus						
1	Ding, Yong Chyan		50	North Harbour Bays		19.14m 1kg
	12.48m	18.36m	17.79m	18.30m	17.92m	19.14m

Pentathlon

Men Under 14

	Points	HJ	80H	SP	LJ	200
1	Herbert, Liam	1.56m	14.92	9.21m	4.31m	30.45
	Hillsborough		w: 4.9		w: 3.3	w: 1.1
11		(434)	(215)	(438)	(257)	(226)

Women Under 16

	Points	HJ	80H	SP	LJ	200
1	Viljoen, Jordan	1.59m	12.51	7.25m	4.61m	28.35
	Pakuranga		w: 4.9		w: 4.3	w: 4.7
10		(724)	(758)	(351)	(456)	(604)
2	Riseborough, Miya	1.59m	13.69	8.01m	4.24m	30.48
	Takapuna		w: 4.9		w: 3.4	w: 4.7
10		(724)	(594)	(400)	(364)	(449)

3	Lathwood, Jessica		NM	13.33	8.02m	4.70m	30.01
	Takapuna			w: 4.9		w: 4.7	w: 4.7
09		2003	(0)	(642)	(401)	(479)	(481)

Men Pentathlon U16

		Points	HJ	100H	SP	LJ	200
1	Brady, Connor		1.62m	14.15	10.05m	5.73m	24.11
	Takapuna			w: 4.1		w: 3.0	w: 1.1
09		2996	(480)	(815)	(489)	(529)	(683)
2	Brown, Benjamin		1.41m	18.57	5.83m	4.38m	31.28
	Waitakere			w: 4.1		w: 2.6	w: 1.1
10		1361	(324)	(346)	(239)	(269)	(183)

Women Pentathlon U18

		Points	HJ	100H	SP	LJ	200
1	McKenzie, Jetta		1.26m	16.66	7.01m	4.60m	28.53
	ACA			w: 4.1		w: 5.2	w: 4.7
08		2384	(369)	(635)	(336)	(454)	(590)
2	Farry, Amani		1.35m	17.56	6.70m	4.41m	29.12
	Lynndale			w: 4.1		w: 4.6	w: 4.7
08		2262	(460)	(535)	(316)	(406)	(545)
3	Riseborough, Mulan		1.32m	18.18	9.18m	4.44m	30.97
	Takapuna			w: 4.1		w: 2.5	w: 4.7
07		2204	(429)	(470)	(476)	(413)	(416)

Men Pentathlon U18

	Points	HJ	110H	SP	LJ	200

1 Gonzales, Ty		1.68m	15.83	8.02m	5.81m	24.21
Lynndale			w: 4.1		w: 4.5	W: 1.1
08	2867	(528)	(752)	(367)	(546)	(674)

Masters Men 75

	Points	HJ	80H	SP	LJ	200

DNF Anstiss, David		1.32m	17.59	6.59m	3.40m	DNS
North Harbour Bays			w: 4.9		w: 4.7	
45		(813)	(544)	(454)	(533)	(0)