



**McKinnon Shield #3
+ Secondary Schools Competition #3**

Sunday 10th November 2024

Douglas Track & Field, Trusts Stadium, Henderson

DRAFT PROGRAMME

The programme is dependent on entry numbers

A final programme will be loaded to our website Friday evening

TRACK			FIELD		
1:00pm	110m Hurdles	Men	1:00pm	Pole Vault - Group A	
	100m Hurdles	Women and Men	1:00pm	Shot Put	Men
	80m Hurdles	Women and Men	1:00pm	Discus	Women
1:45pm	60m	Women			
	60m	Men	2:00pm	Shot Put	Women
			2:00pm	Discus	Men
2:15pm	100m	Women			
	100m	Men	2:30pm	Pole Vault - Group B (lowest start heights)	
2:45pm	1500m	Women			
	1500m	Men			
3:30pm	400m	Women	3:30pm	Triple Jump	Women
	400m	Men		Triple Jump	Men
3:45pm	Steeplechase 0.762m	Women and Men			
	Steeplechase 0.838m	Men			
	Steeplechase 0.914m	Men			

*Age is at 31st December 2024