



Upcoming Coach Education Courses: (Including Athletics Waikato/BOP)

Date:	Course detail:	Content	Location:	Registration:
Thur-Fri 10-11 Oct:	Aspire Dev. Academy	Practical	Mt Smart	Via AAI Online link

The theme of this Academy is to continue the education of our Junior track and field around the “skill” of technique training. Both days will focus on the technical development of the 4 event groups: Sprints/hurdles, Jumps, Throws and Distance disciplines. Coaches are welcome to attend and observe the Academy coaches.

Sat 12 Oct:	Get Set Go session	Practical	Mt Smart	N/A Attend on day
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The theme of this session is to build skills in our developing Under 10 Junior athletes. Also, to inspire our club helpers to develop their skills when delivering these programmes. Parents are welcome to participate.

Sun 20 Oct:	ANZ Run Jump Throw clinic	Practical	Mt Smart	Email Neil at AAI
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For Club coaches, Parent helpers and Age group managers. Learn the basic knowledge to provide the skills to develop your club members with the Foundation programmes.

Sun 20 Oct:	CAD L1 Hurdles Javelin RJT	Practical	Hamilton	Email Neil at AAI
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Sun 20 Oct:	Run Jump Throw clinic	Practical	Tauranga Domain	Email Neil at AAI
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Sun 27 Oct:	CAD L1 Basic Athletics	Practical	Pakuranga	Email Neil at AAI
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The theme of this session is to develop the technical abilities of our Coaches working with U15 grade of athletes. Specialist ACE Coaches will deliver these sessions covering the Hurdles and Throws.

Sat 2 Nov:	Para “Have a Go day”	Practical	Papakura	Email Neil at AAI
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Sun 3 Nov:	Para “Have a Go day”	Practical	Waitakere	Email Neil at AAI
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Sun 3 Nov:	RJT (10.00am-12.00pm)	Practical	Tauranga Domain	Email Neil at AAI
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	CAD L1 Sprints (1pm-4pm)	Practical	Tauranga Domain	Email Neil at AAI
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Sun 10 Nov:	CAD L1 Shot (10.00am-11.30am)	Practical	Tauranga Domain	Email Neil at AAI
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	Masters “Have a Go” (12.30pm-3.00pm)		Tauranga Domain	Email Neil at AAI
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Sun 17 Nov:	CAD L1 LJ Sprints Shot (10am-12.30pm)		Hamilton	Email Neil at AAI
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Sun 17 Nov:	CAD L1 HJ Sprints (10am-12pm)		Tauranga Domain	Email Neil at AAI
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For details: Neil Bartlett- Coach Development manager at development@athleticsauckland.co.nz