



**GET SET GO OPEN DAY**  
**SATURDAY 12 OCTOBER 2024 FROM 09:30 – 12:00**  
**TRACK #2 ARENA, MT SMART**

**Anyone between the age of 5 to 9 years old are  
welcome to join**

**No need to pre-register**  
**Just turn up and assemble on the Track**

This event is for young athletes under 10 to give athletics a go and for existing members to improve their skills.

**Activities will include: Coordination Skills and Sprint Races**

This event is primarily for athletes but club coaches, parents etc. working with this age group are all welcome to attend.

