



**RUN
JUMP
THROW**

6 - 11 Years

Run Jump Throw

RUN JUMP THROW CLINIC

An Athletics NZ Programme delivered by Athletics Auckland

For New and Existing Coaches, Parents, Volunteers and Age Group Managers working with 6 - 11 year old athletes

Content will include:

Fundamental movement skills to develop well- rounded athletes

Philosophies of the environment we create

Encouraging maximum participation and understanding the participants

Date: Sunday 20 October 2024

Time: 09:30am to 12:00

Venue: Mt Smart Stadium, 51 O'Rorke Road,
Penrose

Registration:

<https://events.mygameday.app/event/coachingandofficialscourses>

If you require any further information contact Neil Bartlett
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